



ANGLOVAAL
GROUP MEDICAL SCHEME



Administered by

Discovery
Health



Anglovaal Group Medical Scheme Chronic Illness Benefit medicine list

2012



AVGMS Chronic Illness Benefit 2012

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Important information you need to know

We may change the information contained in this document from time to time. We will communicate any changes to the way we pay medicines when we make these changes.

The Chronic Illness Benefit (CIB) is governed by the AVGMS Rules. The utilisation of the benefits and programmes associated with the CIB are subject to specific conditions and rules. Members must ensure that they are familiar with these rules and conditions. For more information, please call us on 0860 100 693 or email compliance@discovery.co.za

Any instructions or advice on medicines and the management of the member's condition are intended as a supplement to, and not a substitute for, the knowledge, expertise, skill and judgement of the member's doctor, pharmacist or other healthcare professional.

AVGMS reserves the right to change the benefit at any time.

Explanation of terms

Benefit Year

A benefit year refers to the benefits a member is entitled to during a calendar year, ie 1 January to 31 December. This medicine list (formulary) and Chronic Drug Amounts are applicable for 2012 only.

Chronic Drug Amount (CDA)

The CDA is a monthly amount we pay up to for a medicine class. This applies to medicine that is not listed on the medicine list (formulary). The CDA includes VAT and the dispensing fee.

Prescribed Minimum Benefit conditions (PMB conditions)

These are conditions that the Council for Medical Schemes has determined for coverage by all medical schemes, in any setting, as per clinical guidelines.

Chronic Disease List (CDL)

A specified list of chronic conditions we cover according to the Prescribed Minimum Benefits.

Medicine class

This describes medicines that have similar chemical structures or similar therapeutic effects.

Active ingredient

This is the main substance in a medicine that is responsible for the clinical action on a human body.

Chronic Illness Benefit 2012

The Prescribed Minimum Benefit (PMB) medicine list

The PMB medicine list applies to AVGMS for the 2012 benefit year.

Prescribed Minimum Benefit condition	Chronic Drug Amount	Medicine class	Active ingredient	Medicine name and strength
Addison's disease	R150	Systemic corticosteroids: Hydrocortisone	Hydrocortisone	Covocort 10mg
	R105	Systemic corticosteroids: Mineralocorticoids	Fludrocortisone	Florinef acetate 0.1mg
Asthma	R135	Adrenergics: Long acting - Formoterol	Formoterol	Foratec dp-caps 12mcg
				Foratec hfa 120dose 12mcg/1dose
	R355	Adrenergics: Long acting - Salmeterol	Salmeterol	Serevent accuhaler 60 dose 50mcg
				Serevent CFC-free 120 dose 25mcg
	R315	Adrenergics: Salmeterol combinations	Fluticasone/ Salmeterol	Foxair 25/50; 25/125; 25/250 120 dose
				Foxair accuhaler 50/100; 50/250; 50/500 60 dose
				Sereflo 25/50; 25/125; 25/250 120 dose
	R30	Adrenergics: Short acting - Salbutamol	Salbutamol	Asthavent 200 dose 100mcg
				Venteze cfc free 200 dose 100mcg
	R115	Anti-asthmatics: Systemic xanthines	Theophylline	Sandoz Theophylline anhydrous 200mg; 300mg
	R180	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200dose 200mcg
				Ipvent HFA 200 dose 40mcg/1dose
	R310	Inhaled Glucocorticoids	Beclometasone Budesonide	Beclate 200 dose 100mcg; 200mcg
				Budeflam dp-caps 200mcg
				Budeflam hfa 300dose 100mcg; 200mcg
				Inflammide novolizer complete 200 dose 200mcg
				Inflammide novolizer complete 100 dose 400mcg
				Inflammide novolizer refill 200 dose 200mcg
				Inflammide novolizer refill 100 dose 400mcg
Pulmicort turbuhaler 200dose 100mcg				
Pulmicort turbuhaler 200dose 200mcg				
Pulmicort turbuhaler 100dose 400mcg				
R350	Surgical item	Inhaler device	Dp haler device	
R10	Systemic corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
			Panafcort 5mg	
			Trolic 5mg	

Prescribed Minimum Benefit condition	Chronic Drug Amount	Medicine class	Active ingredient	Medicine name and strength
Bipolar mood disorder	R310	Antidepressants: SSRI's	Citalopram	Arrow Citalopram 20mg; 40mg
				Auro-Citalopram 20mg
				Citalohexal 20mg
				Citalopram-Winthrop 20mg
				Depramil 40mg
			Escitalopram	Aspen Escitalopram 10mg
				Citraz 20mg
				Zytomil 10mg; 20mg
			Fluoxetine	A-Lennon Fluoxetine 20mg
				Ranflocs 20mg
				Rezak 20mg
				Zydus Fluoxetine 20mg
			Paroxetine	Serrapress 20mg
			Sertraline	Apex-Sertraline 100mg
				Austell-Sertraline 50mg; 100mg
	Serdep 50mg			
	Zylin 50mg			
	R325	Antiepileptics: Carboxamide derivatives	Carbamazepine	Sandoz Carbamazepine 200mg
				Sandoz Carbamazepine CR 400mg
	R485	Antiepileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg; 300mg; 500mg
				Convulex syrup 250mg/5ml
				Epilim CR 200mg; 300mg; 500mg
				Epilim crushable 100mg
				Epilim sugar-free syrup 200mg/5ml
	R450	Antiepileptics: Other agents	Lamotrigine	Arrow Lamotrigine 50mg; 100mg
				Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg
				Lamidus 50mg; 100mg; 200mg
				Lamitor 50mg; 100mg; 200mg
	R90	Antipsychotics: Butyrophenone derivatives	Haloperidol	Sandoz Haloperidol 1.5mg; 5mg
	R980	Antipsychotics: Clozapine	Clozapine	Cloment 25mg; 100mg
	R315	Antipsychotics: Lithium	Lithium	Camcolit 250mg; 400mg
				Quilonum retard 450mg
	R630	Antipsychotics: Olanzapine	Olanzapine	Olexar 5mg; 10mg
Redilanz 5mg; 10mg				
R455	Antipsychotics: Phenothiazines with aliphatic side-chain	Chlorpromazine	Largactil 25mg; 50mg; 100mg	
R610	Antipsychotics: Thioxanthene derivatives	Flupenthixol	Fluanxol 0.5mg; 1mg	
			Fluanxol depot 1ml 20mg	
			Fluanxol depot 2ml 40mg	

Prescribed Minimum Benefit condition	Chronic Drug Amount	Medicine class	Active ingredient	Medicine name and strength
Bipolar mood disorder	R950	Other antipsychotics	Risperidone	Aspen Risperidone 4mg
				Auropidone 0.5mg; 1mg; 2mg; 3mg; 4mg
				DRL-Risperidone 0.5mg; 1mg; 2mg; 3mg
				Perizal 0.5mg; 1mg; 2mg; 3mg
				Rispacor 3mg; 4mg
				Risperidone Hexal 3mg
				Schizorol 0.5mg; 1mg; 2mg
Zoxadon 0.5mg; 1mg; 2mg				
Bronchiectasis	R30	Adrenergics: Short acting - Salbutamol	Salbutamol	Asthavent 200 dose 100mcg
				Venteze cfc free 200 dose 100mcg
	R180	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200dose 20mcg
				Ipvent HFA 200 dose 40mcg/1dose
	R10	Systemic corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
				Panafcort 5mg
Trolic 5mg				
Cardiac failure	R110	ACE inhibitors and diuretics	Enalapril and diuretics	Enap co 20/12.5mg
				Pharmapress co 20/12.5mg
			Lisinopril and diuretics	Adco-Zetomax co 10/12.5mg; 20/12.5mg
				Auro-Lisinopril co 10/12.5mg; 20/12.5mg
				Diace co 20/12.5mg
				Hexal-Lisinopril co 10/12.5mg; 20/12.5mg
				Lisinozide 10/12.5mg; 20/12.5mg
				Lisoretic 10/12.5mg; 20/12.5mg
				Lisozide 20/12.5mg
				Zestozone 20/12.5mg
	R100	ACE inhibitors, plain	Captopril	Adco-Captomax 25mg; 50mg
				Bio-Captopril 25mg
				Mylan Captopril 25mg; 50mg
			Enalapril	Alapren 5mg; 10mg; 20mg
				Ciplatec 5mg; 20mg
				Enap 5mg; 10mg; 20mg
				Envas 5mg; 10mg
				Hr-Enalapril 10mg; 20mg
				Pharmapress 5mg
				Lisinopril
			Sinopren 5mg; 10mg; 20mg	
			Perindopril	Acti-Prex 4mg
				Cipla-Perindopril 8mg
				Ciplasyl 8mg
				Pearinda 4mg; 8mg
				Ran-Perindopril 4mg
			Quinapril	Accumax 10mg; 20mg
Quinagen 40mg				

Prescribed Minimum Benefit condition	Chronic Drug Amount	Medicine class	Active ingredient	Medicine name and strength	
Cardiac failure	R220	Alpha and Beta blocking agents	Carvedilol	Aspen Carvedilol	6.25mg
				Carvedilol-Hexal	6.25mg
				Carvetrend	6.25mg; 12.5mg; 25mg
				Vediblok	6.25mg; 12.5mg; 25mg
	R120	Angiotensin II antagonists, Combinations: Losartan and diuretics	Losartan and diuretics	Lohype Forte Plus	100/25mg
				Lohype Plus	50/12.5mg
				Losaar Plus	50/12.5mg; 100/25mg
				Lozaan Co	50/12.5mg; 100/25mg
				Netrasol Co	50/12.5mg
				Sartoc	50/12.5mg
	R100	Angiotensin II antagonists: plain	Losartan	Cipla-Losartan	100mg
				Spec-Losartan	100mg
				Zartan	100mg
	R80	Arteriolar smooth muscle agents: Hydrazino-phthalazine derivatives	Hydralazine	Hyperphen	10mg; 50mg
				Sandoz Hydralazine	25mg
	R110	Beta blocking agents: selective	Bisoprolol	Adco-Bisocor	5mg; 10mg
				Bilocor	5mg; 10mg
				Bisohexal	5mg; 10mg
				Bisoprolol hexal	5mg
				Bisoprolol Unicorn	5mg; 10mg
	R15	Cardiac glycosides: Digoxin	Digoxin	Lanoxin	0.0625mg; 0.25mg
				Lanoxin paed syrup	0.05mg/1ml
	R40	High-ceiling diuretics	Furosemide	Beurises	40mg
				Dino-Retic	40mg
				Mylan Furosemide	40mg
	R25	Low-ceiling diuretics: Thiazides, plain	Hydrochloro-thiazide	Hexazide	25mg
				Ridaq	12.5mg
R20	Low-ceiling diuretics: excluding Thiazides	Indapamide	Cipla-Indapamide	2.5mg	
			Daptril	2.5mg	
			Merck-Indapamide	2.5mg	
R85	Potassium sparing agents	Spironolactone	Aldactone	25mg	
			Sandoz Spironolactone	25mg	
			Spiractin	25mg	
R80	Potassium supplements	Potassium chloride	Plenish K	600mg	
			Sandoz K-600	600mg	

Prescribed Minimum Benefit condition	Chronic Drug Amount	Medicine class	Active ingredient	Medicine name and strength		
Cardiac failure	R175	Vasodilators in cardiac disease: Organic Nitrates	Glyceryl trinitrate	Angised 0.5mg		
			Isosorbide dinitrate	Sandoz Isosorbide dinitrate 5mg; 10mg; 30mg		
			Isosorbide mononitrate	Elantan 20mg		
				Elantan LA 50mg		
	R65	Influenza vaccines	Influenza, inactivated, whole virus	Fluarix prefilled syringe 0.5ml		
				X-flu prefilled 0,5ml syringe		
R130	Pneumococcus vaccines	Pneumococcus, purified polysaccharides antigen conjugated	Imovax pneumo 23			
Cardiomyopathy	R110	ACE inhibitors and diuretics	Enalapril and diuretics	Enap co 20/12.5mg		
				Pharmapress co 20/12.5mg		
			Lisinopril and diuretics	Adco-Zetomax co 10/12.5mg; 20/12.5mg		
				Auro-Lisinopril co 10/12.5mg; 20/12.5mg		
				Diace co 20/12.5mg		
				Hexal-Lisinopril co 10/12.5mg; 20/12.5mg		
				Lisinozide 10/12.5mg; 20/12.5mg		
				Lisoretic 10/12.5mg; 20/12.5mg		
				Lisozide 20/12.5mg		
				Zestozide 20/12.5mg		
			R100	ACE inhibitors: plain	Captopril	Adco-Captomax 25mg; 50mg
						Bio-Captopril 25mg
						Mylan Captopril 25mg; 50mg
	Enalapril	Alapren 5mg; 10mg; 20mg				
		Ciplatec 5mg; 20mg				
		Enap 5mg; 10mg; 20mg				
		Envas 5mg; 10mg				
		Hr-Enalapril 10mg; 20mg				
		Pharmapress 5mg				
	Lisinopril	Austell-Lisinopril 10mg; 20mg				
		Sinopren 5mg; 10mg; 20mg				
	Perindopril	Acti-Prex 4mg				
		Cipla-Perindopril 8mg				
		Ciplasyl 8mg				
		Pearinda 4mg; 8mg				
		Ran-Perindopril 4mg				
	Quinapril	Accumax 10mg; 20mg				
		Quinagen 40mg				

Prescribed Minimum Benefit condition	Chronic Drug Amount	Medicine class	Active ingredient	Medicine name and strength
Cardiomyopathy	R220	Alpha and Beta blocking agents	Carvedilol	Aspen Carvedilol 6.25mg
				Carvedilol-Hexal 6.25mg
				Carvetrend 6.25mg; 12.5mg; 25mg
				Vediblok 6.25mg; 12.5mg; 25mg
	R120	Angiotensin II antagonists, Combinations: Losartan and diuretics	Losartan and diuretics	Lohype Forte Plus 100/25mg
				Lohype Plus 50/12.5mg
				Losaar Plus 50/12.5mg; 100/25mg
				Lozaan co 50/12.5mg; 100/25mg
				Netrasol co 50/12.5mg
				Sartoc 50/12.5mg
	R100	Angiotensin II antagonists: plain	Losartan	Cipla-Losartan 100mg
				Spec-Losartan 100mg
				Zartan 100mg
	R70	Antithrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg
	R80	Arteriolar smooth muscle agents: Hydrazino-phthalazine derivatives	Hydralazine	Hyperphen 10mg; 50mg
				Sandoz Hydralazine 25mg
	R20	Aspirin	Acetylsalicylic acid	Aspirin 300mg
				Be-Tabs Aspirin (white) 300mg
				Gulf Aspirin 300mg
	R110	Beta blocking agents: selective	Bisoprolol	Adco-Bisocor 5mg; 10mg
				Bilocor 5mg; 10mg
				Bisohexal 5mg; 10mg
				Bisoprolol Hexal 5mg
				Bisoprolol Unicorn 5mg; 10mg
	R15	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg
				Lanoxin paed syrup 0.05mg/1ml
	R40	High-ceiling diuretics	Furosemide	Beurises 40mg
				Dino-Retic 40mg
				Mylan Furosemide 40mg
	R25	Low-ceiling diuretics: Thiazides, plain	Hydrochloro-thiazide	Hexazide 25mg
				Ridaq 12.5mg
	R20	Low-ceiling diuretics: excluding Thiazides	Indapamide	Cipla-Indapamide 2.5mg
				Daptril 2.5mg
Merck-Indapamide 2.5mg				
R85	Potassium sparing agents	Spironolactone	Aldactone 25mg	
			Sandoz Spironolactone 25mg	
			Spiractin 25mg	
R80	Potassium supplements	Potassium chloride	Plenish K 600mg	
			Sandoz K-600 600mg	

Prescribed Minimum Benefit condition	Chronic Drug Amount	Medicine class	Active ingredient	Medicine name and strength
Cardiomyopathy	R175	Vasodilators in cardiac disease: Organic Nitrates	Glyceryl trinitrate	Angised 0.5mg
			Isosorbide dinitrate	Sandoz Isosorbide dinitrate 5mg; 10mg; 30mg
			Isosorbide mononitrate	Elantan 20mg
				Elantan LA 50mg
	R65	Influenza vaccines	Influenza, inactivated, whole virus	Fluarix prefilled syringe 0.5ml
				X-flu prefilled 0,5ml syringe
				R130
Chronic obstructive pulmonary disease (COPD)	R30	Adrenergics: Short acting - Salbutamol	Salbutamol	Asthavent 200 dose 100mcg
				Venteze cfc free 200 dose 100mcg
	R115	Anti-asthmatics: Systemic xanthines	Theophylline	Sandoz Theophylline anhydrous 200mg; 300mg
	R180	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200dose 20mcg
				Ipvent HFA 200 dose 40mcg/1dose
	R800	Surgical item: Oxygen concentrator	Oxygen	Oxygen concentrator
	R10	Systemic corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
				Panafcort 5mg
				Trolic 5mg
	R65	Influenza vaccines	Influenza, inactivated, whole virus	Fluarix prefilled syringe 0.5ml
X-flu prefilled 0,5ml syringe				
Chronic renal disease	R110	ACE inhibitors and diuretics	Enalapril and diuretics	Enap co 20/12.5mg
				Pharmapress co 20/12.5mg
			Lisinopril and diuretics	Adco-Zetomax co 10/12.5mg; 20/12.5mg
				Auro-Lisinopril co 10/12.5mg; 20/12.5mg
				Diace co 20/12.5mg
				Hexal-Lisinopril co 10/12.5mg; 20/12.5mg
				Lisinozide 10/12.5mg; 20/12.5mg
				Lisoretic 10/12.5mg; 20/12.5mg
				Lisozide 20/12.5mg
				Zestozone 20/12.5mg
	R100	ACE inhibitors: plain	Captopril	Adco-Captomax 25mg; 50mg
				Bio-Captopril 25mg
				Mylan Captopril 25mg; 50mg

Prescribed Minimum Benefit condition	Chronic Drug Amount	Medicine class	Active ingredient	Medicine name and strength
Chronic renal disease	R100	ACE inhibitors: plain	Enalapril	Alapren 5mg; 10mg; 20mg
				Ciplatec 5mg; 20mg
				Enap 5mg; 10mg; 20mg
				Envas 5mg; 10mg
				Hr-Enalapril 10mg; 20mg
				Pharmapress 5mg
			Lisinopril	Austell-Lisinopril 10mg; 20mg
				Sinopren 5mg; 10mg; 20mg
			Perindopril	Acti-Prex 4mg
				Cipla-Perindopril 8mg
				Ciplasyl 8mg
				Pearinda 4mg; 8mg
				Ran-Perindopril 4mg
			Quinapril	Accumax 10mg; 20mg
	Quinagen 40mg			
	R120	Angiotensin II antagonists, Combinations: Losartan and diuretics	Losartan and diuretics	Lohype Forte Plus 100/25mg
				Lohype Plus 50/12.5mg
				Losaar Plus 50/12.5mg; 100/25mg
				Lozaan co 50/12.5mg; 100/25mg
				Netrasol co 50/12.5mg
				Sartoc 50/12.5mg
	R100	Angiotensin II antagonists: plain	Losartan	Cipla-Losartan 100mg
				Spec-Losartan 100mg
				Zartan 100mg
	R230	Calcium supplements	Calcium carbonate	Titralac
	R5	Folic acid and derivatives	Folic acid	Aha Folic acid 5mg
				Be-Tabs Folic acid 5mg
				Folic acid 0.5mg
R65	Iron in combination with folic acid	Ferrous fumarate	Pregamal	
R4000	Other antianaemic preparations	Darbepoetin Alfa	Aranesp prefilled syringe 0.4ml 10mcg/0.4ml	
			Aranesp prefilled syringe 0.5ml 20mcg/0.5ml	
			Aranesp prefilled syringe 0.3ml 30mcg/0.3ml	
			Aranesp prefilled syringe 0.4ml 40mcg/0.4ml	
			Aranesp prefilled syringe 0.5ml 50mcg/0.5ml	
			Aranesp prefilled syringe 0.3ml 60mcg/0.3ml	

Prescribed Minimum Benefit condition	Chronic Drug Amount	Medicine class	Active ingredient	Medicine name and strength	
Chronic renal disease	R4000	Other antianaemic preparations	Erythropoietin	Eprex prefill 2000IU/0.5ml	
				Eprex prefill 4000IU/0.4ml	
				Mircera prefilled syringe 0.3ml 50mcg/0.3ml	
				Mircera prefilled syringe 0.3ml 75mcg/0.3ml	
				Mircera prefilled syringe 0.3ml 100mcg/0.3ml	
				Mircera prefilled syringe 0.3ml 150mcg/0.3ml	
				Recormon 500IU/0.3ml	
				Recormon 2000IU pre-filled syringe	
				Recormon 4000IU/0.3ml	
				Repotin 1ml 2000IU	
				Repotin 1ml 4000IU	
R495	Vitamin D and analogues	Alfacalcidol	One alpha 0.25mcg; 1mcg		
Coronary artery disease	R20	Aspirin	Acetylsalicylic acid	Aspirin 300mg	
				Be-Tabs Aspirin (white) 300mg	
				Gulf Aspirin 300mg	
	R170	Beta blocking agents: non-selective	Propranolol	Indoblok 10mg; 40mg	
				Prodorol 10mg; 40mg	
				Purbloka 10mg; 40mg	
	R110	Beta blocking agents: selective	Atenolol	B-Block 50mg; 100mg	
				Bio-Atenolol 50mg; 100mg	
				Sandoz Atenolol 50mg; 100mg	
				Tenopress 100mg	
	R260	Selective calcium channel blockers with direct cardiac effects	Diltiazem	Adco-Zildem 60mg	
				Adco-Zildem SR 180mg; 240mg	
			Verapamil	Vasomil 40mg; 80mg	
				Verahexal SR 240mg	
	R165	Selective calcium channel blockers with mainly vascular effects	Amlodipine	Almadin 5mg; 10mg	
				Auro-Amlodipine 5mg; 10mg	
				Corvadil 5mg; 10mg	
				Gulf Amlodipine 5mg; 10mg	
				Indo Amlodipine 5mg	
				Keysal 5mg; 10mg	
				Klodip 5mg	
				Lomanor 5mg; 10mg	
				Pharma Dynamics Amlodipine besylate 5mg; 10mg	
				Felodipine	Felodipine-Hexal 5mg; 10mg
				Nifedipine	Adco-Vascard SR 20mg
					Cipalat Retard 20mg
					Nifedalat SR 20mg
R175	Vasodilators in cardiac disease: Organic nitrates	Glyceryl trinitrate	Angised 0.5mg		
		Isosorbide dinitrate	Sandoz Isosorbide dinitrate 5mg; 10mg; 30mg		
		Isosorbide mononitrate	Elantan 20mg		
			Elantan LA 50mg		
Monicor SR 60mg					

Prescribed Minimum Benefit condition	Chronic Drug Amount	Medicine class	Active ingredient	Medicine name and strength
Crohn's disease	R5	Folic acid and derivatives	Folic acid	Aha Folic acid 5mg
				Be-Tabs Folic acid 5mg
				Folic acid 0.5mg
	R900	Intestinal anti-inflammatory: Aminosalicylic acid and similar agents	Mesalazine	Asacol 400mg; 800mg
				Pentasa 500mg
				Olsalazine Dipentum 250mg
				Sulfasalazine Salazopyrin 500mg
	R2120	Intestinal anti-inflammatory: Corticosteroids	Budesonide	Salazopyrin EN 500mg
				Entocord enema
	R565	Other immuno suppressive agents: Azathioprine	Azathioprine	Azamun 50mg
				Azathioprine pch 50mg
	R45	Other immuno suppressive agents: Methotrexate	Methotrexate	Abitrexate (was Emthexate) 2.5mg
				Methotrexate 2.5mg
R10	Systemic corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
			Panafcort 5mg	
			Trolic 5mg	
Diabetes insipidus	R1500	Posterior pituitary hormones: Vasopressin and analogues	Desmopressin	Ddavn 0.1mg; 0.2mg
				Ddavn nasal spray 5ml 0.1mg/1ml
Diabetes mellitus Type 1	R720	Anti-diabetic agents: Insulins and analogues	Insulin	Actraphane hm(ge) - vial 10ml
				Apidra - cartridges 3ml; solostar disposable pens 3ml
				Biosulin 30-70 cartridge 3ml
				Biosulin l cartridge 3ml
				Biosulin n cartridge 3ml
				Biosulin r cartridge 3ml
				Humalog cartridge 3ml
				Humalog kwikpen (was mirio pen) - penset 3ml
				Humalog mix 25 kwikpen (was mirio pen) - penset 3ml
				Humalog mix 25 - cartridge 3ml; vial 10ml
				Humalog mix 50 - cartridge 3ml
				Humulin 30/70 - cartridge 3ml; disposable pens 3ml; vial 10ml
				Humulin n - disposable pen 3ml; vial10ml
				Humulin r - vial 10ml
				Insuman comb 30/70 - cartridge 3ml
				Novomix 30 - flexpen 3ml; penfill 3ml
				Novorapid - penfill 3ml

Prescribed Minimum Benefit condition	Chronic Drug Amount	Medicine class	Active ingredient	Medicine name and strength				
Diabetes mellitus Type 1	R280	Blood glucose monitoring agents	Glucose strips	Accu-chek active strips				
				Caresens ii test strips 29g				
				Caresens n test strips 29g				
				Caresens pop test strip 29g				
				Glucoccheck strips 50s				
				Glucoplus				
				Glucoplus provider strips				
				Glucose test strips onetouch select				
				Optium h glucose test strips				
				Diabetes mellitus Type 1	R350	Surgical item	Lancets	Lancets glucoplus 66 x 44 x 78mm
Needles	Needle novofine							
	Needle pen bd microfine 30g 8mm							
Diabetes mellitus Type 2	R60	Anti-diabetic agents: Biguanides	Metformin	Accord Metformin 500mg; 850mg				
				Auro-Metformin 500mg; 850mg; 1000mg				
				Austell-Metformin 500mg; 850mg				
				Bigsens 1000mg				
				Diamin 500mg; 850mg				
				Gluconorm 500mg				
				Metforal 500mg; 850mg				
				Metored 500mg; 850mg; 1000mg				
				Mylan Metformin 500mg; 850mg				
				Sandoz Metformin 500mg				
				Sandoz Metformin FCT 500mg				
				Diabetes mellitus Type 2	R720	Anti-diabetic agents: Insulins and analogues	Insulin	Actraphane hm(ge) - vial 10ml
								Apidra - cartridges 3ml; solostar disposable pens 3ml
	Biosulin 30-70 cartridge 3ml							
	Biosulin l cartridge 3ml							
	Biosulin n cartridge 3ml							
	Biosulin r cartridge 3ml							
	Humalog cartridge 3ml							
	Humalog kwikpen (was mirio pen) - penset 3ml							
	Humalog mix 25 kwikpen (was mirio pen) - penset 3ml							
	Humalog mix 25 - cartridge 3ml; vial 10ml							
	Humalog mix 50 - cartridge 3ml							
	Humulin 30/70 - cartridge 3ml; disposable pens 3ml; vial 10ml							
Humulin n - disposable pen 3ml; vial 10ml								
Humulin r - vial 10ml								
Insuman comb 30/70 - cartridge 3ml								
Novomix 30 - flexpen 3ml; penfill 3ml								
Novorapid - penfill 3ml								

Prescribed Minimum Benefit condition	Chronic Drug Amount	Medicine class	Active ingredient	Medicine name and strength
Diabetes mellitus Type 2	R100	Anti-diabetic agents: Sulfonamides, urea derivatives	Glibenclamide	Bio-Glibenclamide 5mg
				Diacare 5mg
				Glycomin 5mg
				Sandoz Glibenclamide 5mg
			Gliclazide	Adco-Glucomed 80mg
				Arrow Gliclazide 80mg
				Austell-Gliclazide 80mg
				Diagluclide 80mg
				Diagluclide mr 30mg
				Glygard 80mg
	Sandoz Gliclazide 80mg			
	R170	Anti-diabetic agents: Thiazolidinediones	Pioglitazone	Cipla-Pioglitazone 15mg; 30mg
	R280	Blood Glucose Monitoring Agents	Glucose strips	Accu-chek active strips
				Caresens ii test strips 29g
				Caresens n test strips 29g
Caresens pop test strip 29g				
Glucocheck strips 50s				
Glucoplus				
Glucoplus provider strips				
Glucose test strips onetouch select				
R350	Surgical item	Lancets	Lancets glucoplus 66 x 44 x 78mm	
		Needles	Needle novofine	
			Needle pen bd microfine 30g 8mm	
Dysrhythmias	R600	Anti-arrhythmics: class Ic	Flecainide	Tambocor 100mg
			Propafenone	Rythmol 150mg; 300mg
	R360	Anti-arrhythmics: class III - Amiodarone	Amiodarone	Arycor 100mg; 200mg
				Bio-Amiodarone 200mg
				Hexarone 100mg; 200mg
	R70	Antithrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg
	R20	Aspirin	Acetylsalicylic acid	Aspirin 300mg
				Be-Tabs Aspirin (white) 300mg
Gulf Aspirin 300mg				

Prescribed Minimum Benefit condition	Chronic Drug Amount	Medicine class	Active ingredient	Medicine name and strength
Dysrhythmias	R170	Beta blocking agents: non-selective	Propranolol	Indoblok 10mg; 40mg
				Prodorol 10mg; 40mg
				Purbloka 10mg; 40mg
			Sotalol	Sotahexal 80mg; 160mg
	R110	Beta blocking agents: selective	Atenolol	B-Block 50mg; 100mg
				Bio-Atenolol 50mg; 100mg
				Sandoz Atenolol 50mg; 100mg
				Tenopress 100mg
	R15	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg
	R260	Selective calcium channel blockers with direct cardiac effects	Verapamil	Lanoxin paed syrup 0.05mg/1ml
Vasomil 40mg; 80mg				
			Verahexal SR 240mg	
Epilepsy	R250	Antiepileptics: Benzodiazepine derivatives	Clonazepam	Rivotril 0.5mg; 2mg
	R325	Antiepileptics: Carboxamide derivatives	Carbamazepine	Sandoz Carbamazepine 200mg
				Sandoz Carbamazepine CR 400mg
	R485	Antiepileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg; 300mg; 500mg
				Convulex syrup 250mg/5ml
				Epilim CR 200mg; 300mg; 500mg
				Epilim crushable 100mg
				Epilim sugar-free syrup 200mg/5ml
	R60	Antiepileptics: Hydantoin derivatives	Phenytoin	Phenytoin sod 100mg
	R450	Antiepileptics: Other agents	Lamotrigine	Arrow Lamotrigine 50mg; 100mg
				Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg
				Lamidus 50mg; 100mg; 200mg
	R25	Antiepileptics: Barbiturates and derivatives	Phenobarbital	Lamitor 50mg; 100mg; 200mg
Lethyl 30mg				
			Sedabarb 30mg	
Glaucoma	R160	Antiglaucoma agents: Carbonic anhydrase inhibitors	Dorzolamide	Trusopt - 5ml owi 2%
	R210	Antiglaucoma agents: Prostaglandin analogues	Bimatoprost	Lumigan 3ml 0,03%
			Latanoprost	Ocuprost 3ml 50mcg/1ml
	R235	Antiglaucoma agents: Sympathomimetics	Brimonidine	Alphagan purite - 5ml 1.5mg/1ml
	R75	Antiglaucoma Beta blocking agents: Timolol	Timolol	Glaucosan - 5ml 0.5%

Prescribed Minimum Benefit condition	Chronic Drug Amount	Medicine class	Active ingredient	Medicine name and strength
Glaucoma	R235	Antiglaucoma Beta blocking agents: Timolol, combinations	Timolol, combinations	Combigan - 5ml 2mg/5mg
				Cosopt - 5ml 0.5%
				Ganfort 3ml
Haemophilia	R5	Analgesics: Paracetamol	Paracetamol	Adco-Napamol 500mg
				Adco-Prolief 500mg
	R515	Antifibrinolytics: Amino acids	Tranexamic acid	Tranexamic acid medwich 500mg
				R32900
	R1500	Posterior pituitary hormones: Vasopressin and analogues	Desmopressin	Ddvp 0.1mg; 0.2mg
				Ddvp nasal spray 5ml 0.1mg/1ml
	Hyperlipidaemia	R235	Lipid modifying agents: Fibrates	Bezafibrate
Sandoz Bezafibrate 400mg				
R110		Lipid modifying agents: Statins	Atorvastatin	Atorvastatin Unicorn 10mg; 20mg; 40mg
				Lipogen 10mg; 20mg; 40mg; 80mg
			Simvastatin	Adco-Simvastatin 10mg; 20mg; 40mg
				Aspen Simvastatin 10mg; 20mg; 40mg
				Austell-Simvastatin 10mg; 20mg
				Biovac Simvastatin 10mg; 20mg; 40mg
				Choleste 20mg; 40mg
				Cipla-Simvastatin 10mg; 20mg; 40mg 80mg
				Michol 80mg
				Redicor 10mg; 20mg; 40mg
				Simayla Simvastatin 10mg; 20mg; 40mg
				Simvacor 10mg; 20mg; 40mg
				Simvotin 10mg; 20mg; 40mg
				Simzor 10mg; 20mg; 40mg
				Zysim 10mg; 20mg; 40mg; 80mg

Prescribed Minimum Benefit condition	Chronic Drug Amount	Medicine class	Active ingredient	Medicine name and strength		
Hypertension	R110	ACE inhibitors and diuretics	Enalapril and diuretics	Enap co 20/12.5mg		
				Pharmapress co 20/12.5mg		
			Lisinopril and diuretics	Adco-Zetomax co 10/12.5mg; 20/12.5mg		
				Auro-Lisinopril co 10/12.5mg; 20/12.5mg		
				Diace co 20/12.5mg		
				Hexal-Lisinopril co 10/12.5mg; 20/12.5mg		
				Lisinozide 10/12.5mg; 20/12.5mg		
				Lisoretic 10/12.5mg; 20/12.5mg		
				Lisozide 20/12.5mg		
				Zestozone 20/12.5mg		
	R100	ACE inhibitors: plain	Captopril	Adco-Captopril 25mg; 50mg		
				Bio-Captopril 25mg		
				Mylan Captopril 25mg; 50mg		
			Enalapril	Alapren 5mg; 10mg; 20mg		
				Ciplatec 5mg; 20mg		
				Enap 5mg; 10mg; 20mg		
				Envas 5mg; 10mg		
				Hr-Enalapril 10mg; 20mg		
				Pharmapress 5mg		
			Lisinopril	Austell-Lisinopril 10mg; 20mg		
				Sinopren 5mg; 10mg; 20mg		
			Perindopril	Acti-Prex 4mg		
				Cipla-Perindopril 8mg		
				Ciplasyl 8mg		
				Pearinda 4mg; 8mg		
				Ran-Perindopril 4mg		
			Quinapril	Accumax 10mg; 20mg		
				Quinagen 40mg		
			R220	Alpha and Beta blocking agents	Carvedilol	Aspen Carvedilol 6.25mg
						Carvedilol-Hexal 6.25mg
						Carvetrend 6.25mg; 12.5mg; 25mg
						Vediblok 6.25mg; 12.5mg; 25mg
			R120	Angiotensin II antagonists, Combinations: Losartan and diuretics	Losartan and diuretics	Lohype Forte Plus 100/25mg
						Lohype Plus 50/12.5mg
						Losaar Plus 50/12.5mg; 100/25mg
						Lozaan co 50/12.5mg; 100/25mg
						Netrasol co 50/12.5mg
						Sartoc 50/12.5mg

Prescribed Minimum Benefit condition	Chronic Drug Amount	Medicine class	Active ingredient	Medicine name and strength
Hypertension	R100	Angiotensin II antagonists: Plain	Losartan	Cipla-Losartan 100mg
				Spec-Losartan 100mg
				Zartan 100mg
	R125	Antiadrenergic agents: Alpha-adrenoreceptor antagonists	Doxazosin	Adco-Doxazosin 4mg
				Cardugen 1mg; 4mg
	R120	Antiadrenergic agents: Methyldopa	Methyldopa	Hypotone 250mg
				Mylan Methyldopa 250mg
				Sandoz Methyldopa 250mg
	R25	Antiadrenergic agents: Rauwolfia alkaloids	Reserpine	Reserpine 0.25mg
	R80	Arteriolar smooth muscle agents: Hydrazino-phthalazine derivatives	Hydralazine	Hyperphen 10mg; 50mg
				Sandoz Hydralazine 25mg
	R170	Beta blocking agents: non-selective	Propranolol	Indoblok 10mg; 40mg
				Prodorol 10mg; 40mg
				Purbloka 10mg; 40mg
	R170	Beta blocking agents: selective	Atenolol	B-Block 50mg; 100mg
				Bio-Atenolol 50mg; 100mg
				Sandoz Atenolol 50mg; 100mg
				Tenopress 100mg
	R40	High-ceiling diuretics	Furosemide	Beurises 40mg
				Dino-Retic 40mg
				Mylan Furosemide 40mg
	R25	Low-Ceiling Diuretics: Thiazides, plain	Hydrochloro-thiazide	Hexazide 25mg
				Ridaq 12.5mg
	R20	Low-ceiling diuretics: excluding Thiazides	Indapamide	Cipla-Indapamide 2.5mg
				Dapril 2.5mg
				Merck-Indapamide 2.5mg
	R85	Potassium sparing agents	Spironolactone	Aldactone 25mg
				Sandoz Spironolactone 25mg
				Spiractin 25mg
	R80	Potassium supplements	Potassium chloride	Plenish K 600mg
				Sandoz K-600 600mg
	R260	Selective calcium channel blockers with direct cardiac effects	Diltiazem	Adco-Zildem 60mg
				Adco-Zildem SR 180mg; 240mg
			Verapamil	Vasomil 40mg; 80mg
	R165	Selective calcium channel blockers with mainly vascular effects	Amlodipine	Almadin 5mg; 10mg
				Auro-Amlodipine 5mg; 10mg
				Corvadil 5mg; 10mg
				Gulf Amlodipine 5mg; 10mg
				Indo Amlodipine 5mg
				Keysal 5mg; 10mg
				Klodip 5mg
				Lomanor 5mg; 10mg
				Pharma Dynamics Amlodipine besylate 5mg; 10mg

Prescribed Minimum Benefit condition	Chronic Drug Amount	Medicine class	Active ingredient	Medicine name and strength
Hypertension	R165	Selective calcium channel blockers with mainly vascular effects	Felodipine	Felodipine-Hexal 5mg; 10mg
			Nifedipine	Adco-Vascard SR 20mg
				Cipalat Retard 20mg
				Nifedalat SR 20mg
Hypothyroidism	R50	Thyroid hormones	Levothyroxine sodium	Eltroxin 0.05mg; 0.1mg
			Euthyrox 0.025mg; 0.05mg; 0.1mg	
Multiple sclerosis	R65	Antidepressants: Tricyclics	Amitriptyline	Sandoz Amitriptyline 25mg
			Trepiline 10mg	
	R9800	Interferons	Interferon beta-1a	Avonex pre-filled syringe 30mcg
				Rebif 22 pre-filled syringe 0.5ml 44mcg/1ml
			Rebif 44 pre-filled syringe 0.5ml 88mcg/1ml	
	R960	Muscle Relaxants: Other centrally acting agents	Baclofen	Bio-Baclofen 10mg
				Teva Baclofen 10mg
	R10	Systemic corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
				Panafcort 5mg
				Trolic 5mg
	R160	Urinary antispasmodics	Oxybutynin	Lenditro 5mg
				Mylan Oxybutynin 5mg
Parkinson's disease	R285	Anticholinergic agents: Tertiary Amines	Biperiden	Akineton 2mg
	R635	Dopamine agonists	Ropinirole	Resure 0.25mg; 0.5mg; 1mg; 2mg; 5mg
	R570	Dopaminergic agents: Monoamine oxidase B inhibitors: Selegiline	Selegiline	Parkilyne 5mg
	R660	Levodopa and decarboxylase inhibitor	Levodopa and decarboxylase inhibitor	Carbilev 25/100mg; 25/250mg
				Sinemet 25/100mg; 25/250mg
Rheumatoid arthritis	R50	Anti-inflammatory agents: Acetic acid derivatives and related substances	Diclofenac	Adco-Diclofenac 50mg
				A-Lennon Diclofenac 25mg; 50mg
				Mylan Diclofenac 25mg; 50mg
				Panamor AT 50mg
			Indomethacin	Betacin 25mg
				Gulf Indomethacin 25mg
	R65	Anti-inflammatory Agents: Oxicams	Meloxicam	Adco-Meloxicam 7.5mg
				Flexocam 7.5mg
			Piroxicam	Pyrocaps 20mg
				Roxifen 20mg

Prescribed Minimum Benefit condition	Chronic Drug Amount	Medicine class	Active ingredient	Medicine name and strength
Rheumatoid arthritis	R25	Anti-inflammatory agents: Propionic acid derivatives	Ibuprofen	Betaprofen 200mg
				Ibunate 200mg
				Ranfen 400mg
	R80	Anti-rheumatic agents: Chloroquine	Chloroquine	Plasmoquine 200mg
	R5	Folic acid and derivatives	Folic acid	Aha Folic acid 5mg
				Be-Tabs Folic acid 5mg
				Folic acid 0.5mg
	R900	Intestinal anti-inflammatory agents: Aminosalicylic acid and similar agents	Sulfasalazine	Salazopyrin 500mg
				Salazopyrin EN 500mg
	R565	Other immuno-suppressive agents: Azathioprine	Azathioprine	Azamun 50mg
				Azathioprine pch 50mg
	R45	Other immuno-suppressive agents: Methotrexate	Methotrexate	Abitrexate (was Emthexate) 2.5mg
				Methotrexate 2.5mg
	R10	Systemic corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
Panafcort 5mg				
Trolic 5mg				
Schizophrenia	R310	Anti-depressants: SSRI's	Citalopram	Arrow Citalopram 20mg; 40mg
				Auro-Citalopram 20mg
				Citalohexal 20mg
				Citalopram-Winthrop 20mg
				Depramil 40mg
			Escitalopram	Aspen Escitalopram 10mg
				Citraz 20mg
				Zytomil 10mg; 20mg
			Fluoxetine	A-Lennon Fluoxetine 20mg
				Ranflocs 20mg
				Rezак 20mg
				Zydus Fluoxetine 20mg
			Paroxetine	Serrapress 20mg
			Sertraline	Apex-Sertraline 100mg
				Austell Sertraline 50mg; 100mg
				Serdep 50mg
Zylin 50mg				

Prescribed Minimum Benefit condition	Chronic Drug Amount	Medicine class	Active ingredient	Medicine name and strength
Schizophrenia	R325	Antiepileptics: Carboxamide derivatives	Carbamazepine	Sandoz Carbamazepine 200mg
				Sandoz Carbamazepine CR 400mg
	R90	Antipsychotics: Butyrophenone derivatives	Haloperidol	Sandoz Haloperidol 1.5mg; 5mg
	R690	Antipsychotics: Clozapine	Clozapine	Cloment 25mg; 100mg
	R455	Antipsychotics: Phenothiazines with aliphatic side-chain	Chlorpromazine	Largactil 25mg; 50mg; 100mg
	R610	Antipsychotics: Thioxanthene derivatives	Flupenthixol	Fluanxol 0.5mg; 1mg
				Fluanxol depot 1ml 20mg
				Fluanxol depot 2ml 40mg
	R950	Other antipsychotics	Risperidone	Aspen Risperidone 4mg
				Auopidone 0.5mg; 1mg; 2mg; 3mg; 4mg
				DRL-Risperidone 0,5mg; 1mg; 2mg; 3mg
				Perizal 0,5mg; 1mg; 2mg; 3mg
				Rispacor 3mg; 4mg
				Risperidone Hexal 3mg
Schizorol 0.5mg; 1mg; 2mg				
Zoxadon 0.5mg; 1mg; 2mg				
Systemic lupus erythematosus	R50	Anti-inflammatory agents: Acetic acid derivatives and related substances	Diclofenac	Adco-Diclofenac 50mg
				A-Lennon Diclofenac 25mg; 50mg
				Mylan Diclofenac 25mg; 50mg
			Indomethacin	Panamor AT 50mg
				Betacin 25mg
				Gulf Indomethacin 25mg
	R65	Anti-inflammatory agents: Oxicams	Meloxicam	Adco-Meloxicam 7.5mg
				Flexocam 7.5mg
			Piroxicam	Pyrocaps 20mg
	R25	Anti-inflammatory agents: Propionic acid derivatives	Ibuprofen	Roxifen 20mg
				Betaprogen 200mg
				Ibunate 200mg
	R80	Anti-rheumatic agents: Chloroquine	Chloroquine	Ranfen 400mg
				Plasmoquine 200mg
	R70	Antithrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg
	R20	Aspirin	Acetylsalicylic acid	Aspirin 300mg
Be-Tabs Aspirin (white) 300mg				
Gulf Aspirin 300mg				
R30	Emollients and protectives: Zinc products	Zinc products	Zinc ointment bp	

Prescribed Minimum Benefit condition	Chronic Drug Amount	Medicine class	Active ingredient	Medicine name and strength	
Systemic lupus erythematosus	R5	Folic acid and derivatives	Folic acid	Aha Folic acid 5mg	
				Be-Tabs Folic acid 5mg	
				Folic acid 0.5mg	
	R565	Other immuno-suppressive agents: Azathioprine	Azathioprine	Azamun 50mg	
				Azathioprine pch 50mg	
	R45	Other immuno-suppressive agents: Methotrexate	Methotrexate	Abitrexate (was Emthexate) 2.5mg	
				Methotrexate 2.5mg	
	R10	Systemic corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
				Panafcort 5mg	
				Trolic 5mg	
	R30	Topical corticosteroids: Group III	Betamethasone	Topivate 0.1% cream	
Vari-Betamethasone 0.1% cream					
Ulcerative colitis	R5	Folic acid and derivatives	Folic acid	Aha Folic acid 5mg	
				Be-Tabs Folic acid 5mg	
				Folic acid 0.5mg	
	R900	Intestinal anti-inflammatory: Aminosalicyclic acid and similar agents	Mesalazine	Asacol 400mg; 800mg	
				Pentasa 500mg	
			Olsalazine	Dipentum 250mg	
				Sulfasalazine	Salazopyrin 500mg
					Salazopyrin EN 500mg
	R2120	Intestinal anti-inflammatory: Corticosteroids	Budesonide	Entocord enema	
	R565	Other Immuno-suppressive agents: Azathioprine	Azathioprine	Azamun 50mg	
				Azathioprine pch 50mg	
	R45	Other immuno-suppressive agents: Methotrexate	Methotrexate	Abitrexate (was Emthexate) 2.5mg	
				Methotrexate 2.5mg	
	R10	Systemic corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
Panafcort 5mg					
Trolic 5mg					

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