



MEDICAL AID SCHEME

Chronic Illness Benefit 2019

Who we are

TFG Medical Aid Scheme (referred to as "the Scheme"), registration number 1578, is a non-profit organisation, registered with the Council for Medical Schemes.

Discovery Health (Pty) Ltd (referred to as "the Administrator"), is a separate company who is registered as an authorised financial services provider (registration number 1997/013480/07), administers TFG Medical Aid Scheme.

Contact us

You can call us on **0860 123 077** or visit www.tfgmedicalaidscheme.co.za for more information.

Important information you need to know

We may change the information contained in this document from time to time. We will communicate any changes to the way we pay medicines when we make these changes.

The Chronic Illness Benefit (CIB) is managed by the TFG Medical Aid Scheme Rules. The use of the benefits and programmes linked with the Chronic Illness Benefit are subject to specific conditions and rules. Members must make sure that they know these rules and conditions.

Any instructions or advice on medicines and the management of the member's condition are intended to add to, and not replace, the knowledge, expertise, skill and judgment of the member's doctor, pharmacist or other healthcare professional.

You get full cover for approved chronic medicine on the medicine list. You may have a co-payment for medicine not on the medicine list.

TFG Medical Aid Scheme and Discovery Health (Pty) Ltd reserve the right to change the benefit at any time.

Explanation of terms

Benefit year

A benefit year refers to the benefits a member is entitled to during a calendar year, that is to say 1 January to 31 December. This medicine list (formulary) and Chronic Drug Amounts are applicable for 2019 only.

Chronic Drug Amount (CDA)

The CDA is a monthly amount we pay up to for a medicine class. This applies to medicine that is not listed on the medicine list (formulary). The Chronic Drug Amount includes VAT and the dispensing fee. The CDA (Chronic Drug Amount) does not apply to TFG Health.

Prescribed Minimum Benefit conditions (PMB conditions)

These are conditions which all medical schemes are required to cover by the Council for Medical Schemes for any setting according to clinical guidelines.

Chronic Disease List (CDL)

A defined list of chronic conditions we cover according to the Prescribed Minimum Benefits.

Medicine class

This describes medicines that have similar chemical structures or similar therapeutic effects.

Active ingredient

This is the main substance in a medicine that is responsible for the clinical action on a human body.

The CDL Medicine List for TFG Health and TFG Health Plus.

The CDA (Chronic Drug Amount) does not apply to TFG Health.

Chronic Disease List condition	CDA for TFG Health Plus	Medicine class	Active ingredient	Medicine name and strength
Addison's disease	R200	Systemic Corticosteroids: Hydrocortisone	Hydrocortisone	Covocort 10mg
	R130	Systemic Corticosteroids: Mineralocorticoids	Fludrocortisone	Florinef acetate 0.1mg
Asthma	R190	Adrenergics: Long acting - Formoterol	Formoterol	Foratec HFA 120 dose 12mcg/dose
	R485	Adrenergics: Long acting - Salmeterol	Salmeterol	Serevent accuhaler 60 dose 50mcg
				Serevent CFC free 120 dose 25mcg
	R40	Adrenergics: Short acting - Salbutamol	Salbutamol	Asthavent ecohaler 200 dose 100mcg
				Venteze CFC free 200 dose 100mcg
	R155	Anti-asthmatics: Systemic xanthines	Theophylline	Sandoz Theophylline anhydrous 200mg; 300mg
	R305	Formoterol and Budesonide	Formoterol and Budesonide	Symbicord turbohaler 60 dose 160/4.5mcg
				Symbicord turbohaler 60 dose 320/9mcg (Not available on TFG Health)
				Symbicord turbohaler 120 dose 160/4.5mcg (Not available on TFG Health)
				Vannair 120 dose 80/4.5mcg; 160/4.5mcg (Not available on TFG Health)
	R305	Formoterol and Mometasone	Formoterol and Mometasone	Dulera 120 dose 100/5mcg; 200/5mcg (Not available on TFG Health)
	R250	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg
				Ipvent HFA 200 dose 40mcg/dose
	R305	Inhaled Glucocorticoids	Beclomethasone	Beceze CFC free 200 dose 100mcg
				Beclate 200 dose 100mcg; 200mcg
			Budesonide	Budeflam HFA 300 dose 100mcg; 200mcg (Not available on TFG Health)
				Pulmicort turbuhaler 200 dose 100mcg; 200mcg
			Ciclesonide	Ciclovent 60 dose 80mcg; 160mcg (Not available on TFG Health)
			Fluticasone	Flixotide CFC free 120 dose 50mcg; 125mcg; 250mcg (Not available on TFG Health)
	Mometasone	Asmanex twisthaler 30 dose 200mcg/dose; 400mcg/dose (Not available on TFG Health)		
Asmanex twisthaler 60 dose 200mcg/dose; 400mcg/dose (Not available on TFG Health)				
R355	Salmeterol and Fluticasone	Salmeterol and Fluticasone	Foxair accuhaler 60 dose 50/100; 50/250; 50/500 (Not available on TFG Health)	
			Sereflo HFA 120 dose 25/50; 25/125; 25/250	
			Sereflo HFA synchrobreathe 120 dose 25/50; 25/125; 25/250	
R355	Vilanterol and Fluticasone combinations	Vilanterol and Fluticasone furoate	Relvar ellipta 30 dose 92/22mcg; 184/22mcg (Not available on TFG Health)	
R350	Surgical item	Inhaler device	Dp haler device	
R15	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
			Panafcort 5mg	
			Trolic 5mg	
Bipolar mood disorder	R160	Anti-depressants: SSRI's	Citalopram	
			Adco-Talomil 20mg	
			Arrow Citalopram 40mg	
Cilate 20mg				

Chronic Disease List condition	CDA for TFG Health Plus	Medicine class	Active ingredient	Medicine name and strength
Bipolar mood disorder	R160	Anti-depressants: SSRI's	Citalopram	Recita 20mg
			Escitalopram	Accord Escitalopram 10mg; 20mg (Not available on TFG Health)
				Dolin 10mg; 20mg
				Marprem 20mg
				Zitolex 10mg; 20mg
				Fluoxetine
			Fluoxetine Actor 20mg	
			Prolax 20mg	
			Ranflocs 20mg	
			Zydus-Fluoxetine 20mg	
			Sertraline	Dyna Sertraline 50mg; 100mg
				Serdep 50mg; 100mg (Not available on TFG Health)
				Serlife 50mg; 100mg
	(Not available on TFG Health)			
	R385	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg
				Tegretol CR 200mg; 400mg
				Zeptol 200mg
	R490	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg
				Convulex syrup 250mg/5ml
				Epilim crushable 100mg
				Epilim sugar-free syrup 200mg/5ml
				Epilazine CR 200mg; 300mg; 500mg
				Eprolep CR 200mg; 300mg; 500mg
				Navalpro CR 200mg; 300mg; 500mg
				Valeptic CR 300mg; 500mg
	R415	Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg
				Epitec 25mg; 50mg; 100mg; 200mg
				Girotec 50mg; 100mg; 200mg
				Lamidus 50mg
				Lamitor 25mg; 50mg; 100mg; 200mg
	R945	Anti-psychotics: Clozapine	Clozapine	Cloment 25mg; 100mg
	R345	Anti-psychotics: Lithium	Lithium	Camcolit 250mg; 400mg
	R600	Anti-psychotics: Olanzapine	Olanzapine	Olawin 5mg; 10mg
Olawin oradispersible 5mg; 10mg				
Olexar 5mg; 10mg				
Prexolan 5mg; 10mg				
Prexolan ODT 5mg; 10mg				
Redilanz 5mg; 10mg				
Zylena 5mg; 10mg				
R400	Anti-psychotics: Phenothiazines with aliphatic side-chain	Chlorpromazine	Largactil 25mg; 100mg	
R295	Anti-psychotics Quetiapine	Quetiapine	Dopaquel 25mg; 100mg; 200mg; 300mg	
			Mylan Quetiapine 25mg; 100mg; 200mg; 300mg	
			Psyquet 25mg; 100mg; 200mg; 300mg	
			Quetiapine Biotech 300mg	
			Serez 25mg; 100mg; 200mg; 300mg	
			Spec Quetiapine 25mg; 100mg; 300mg	
R650	Anti-psychotics: Thioxanthene derivatives	Flupenthixol	Fluanxol 0.5mg; 1mg	
			Fluanxol depot 1ml 20mg	
		Zuclopenthixol	Clopixol 2mg; 10mg	
			Clopixol depot 200mg	

Chronic Disease List condition	CDA for TFG Health Plus	Medicine class	Active ingredient	Medicine name and strength	
Bipolar mood disorder	R505	Other anti-psychotics	Aripiprazole	Arizofy 5mg; 10mg; 15mg	
			Risperidone	Risnia 0.5mg; 1mg; 2mg; 3mg	
				Rispacor 0.5mg; 1mg; 2mg; 3mg	
				Rispevon 1mg; 2mg; 3mg; 4mg	
				Rispide 0.5mg; 1mg; 2mg	
				Zoxadon 0.5mg; 1mg; 2mg, 3mg, 4mg	
Bronchiectasis	R40	Adrenergics: Short acting - Salbutamol	Salbutamol	Asthavent ecohaler 200 dose 100mcg	
				Venteze CFC free 200 dose 100mcg	
	R250	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg	
				Ipvent HFA 200 dose 40mcg/dose	
	R15	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
				Panafcort 5mg	
Trolic 5mg					
Cardiac failure	R115	ACE inhibitors and diuretics	Enalapril and diuretics	Enap co 20/12.5mg	
				(Not available on TFG Health)	
				Pharmapress co 20/12.5mg	
			Lisinopril and diuretics	Adco-Zetomax co 10/12.5mg; 20/12.5mg	
				Lisinopril co Unicorn 10/12.5mg; 20/12.5mg	
				Lisoretic 10/12.5mg; 20/12.5mg	
				Lisozide 10/12.5mg; 20/12.5mg	
				Zestoretic 10/12.5mg; 20/12.5mg	
			Perindopril and diuretics	Bioprexum Plus 10/2.5mg	
				(Not available on TFG Health)	
				Ciplasyl Plus 4/1.25mg	
				(Not available on TFG Health)	
				Circator Plus 4/1.25mg	
				Pearinda Plus 4/1.25mg	
				(Not available on TFG Health)	
	Perindopril co Unicorn 4/1.25mg				
	(Not available on TFG Health)				
	Prexum Plus 5/1.25mg				
	(Not available on TFG Health)				
	Vectoryl Plus 4/1.25mg				
	(Not available on TFG Health)				
	R100	ACE inhibitors: Plain	Captopril	Bio-Captopril 25mg	
				Mylan Captopril 25mg; 50mg	
				Enalapril	Alapren 5mg; 10mg; 20mg
			Enalapril Biotech 5mg; 10mg; 20mg		
			Enalapril Unicorn 10mg; 20mg		
			Hypace 5mg		
			Lisinopril	Austell-Lisinopril 10mg; 20mg	
				Sinopren 5mg; 10mg; 20mg	
			Perindopril	Ciplasyl 4mg	
(Not available on TFG Health)					
Circator 4mg; 8mg					
(Not available on TFG Health)					
Pearinda 4mg; 8mg					
(Not available on TFG Health)					
Perindopril Unicorn 4mg; 8mg					
(Not available on TFG Health)					
Prexum 5mg; 10mg					
(Not available on TFG Health)					
Ran-Perindopril 4mg					
Reprex 4mg; 8mg					
Spec-Perindopril 4mg; 8mg					
(Not available on TFG Health)					

Chronic Disease List condition	CDA for TFG Health Plus	Medicine class	Active ingredient	Medicine name and strength	
Cardiac failure	R100	ACE inhibitors: Plain	Perindopril	Vectoryl 8mg (Not available on TFG Health)	
			Quinapril	Accumax 10mg; 20mg (Not available on TFG Health)	
	R260	Alpha and Beta blocking agents	Carvedilol	Carloc	6.25mg; 12.5mg; 25mg
				Carvedilol Unicorn	6.25mg; 12.5mg; 25mg
				Carvetrend	6.25mg; 12.5mg; 25mg
				Vediblok	6.25mg; 12.5mg; 25mg
	R120	Angiotensin II antagonists: Combinations	Losartan and diuretics	Losaar Plus	50/12.5mg; 100/25mg
				Netrasol co	50/12.5mg; 100/25mg
				Zartan co	100/25mg
	R120	Angiotensin II antagonists: Plain	Valsartan and diuretics	Co-Migroben	80/12.5mg; 160/12.5mg; 160/25mg (Not available on TFG Health)
				Co-Zomevek	80/12.5mg; 160/12.5mg; 160/25mg (Not available on TFG Health)
				Irbesartan	Jubitan 150mg; 300mg (Not available on TFG Health)
				Losartan	Annin 100mg Ciplazar 100mg (Not available on TFG Health) Zartan 100mg (Not available on TFG Health)
	R100	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hyperphen 10mg; 50mg Sandoz Hydralazine 25mg	
	R85	Beta blocking agents: Selective	Bisoprolol	Adco-Bisocor 5mg; 10mg Betacor 5mg; 10mg Bilocor 5mg; 10mg Bisbeta 5mg; 10mg Bislo 5mg; 10mg Bisoprolol Unichem 5mg; 10mg Bisoprolol Unicorn 5mg; 10mg Bisozyd 5mg; 10mg Mylan Bisoprolol 5mg; 10mg	
	R25	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg Lanoxin paediatric/geriatric syrup 0.05mg/1ml	
	R40	High-ceiling diuretics	Furosemide	Dino-Retic 40mg Furobe 40mg Mylan Furosemide 40mg	
	R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Hexazide 25mg Ridaq 12.5mg	
	R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Cipla-Indapamide 2.5mg Daptril 2.5mg Mylan Indapamide 2.5mg	
	R120	Potassium sparing agents	Spirolactone	Aldactone 25mg Sandoz Spirolactone 25mg Spiractin 25mg	
	R105	Potassium supplements	Potassium chloride	Plenish K 600mg Ultipot 600mg	
	R195	Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Sandoz Isosorbide dinitrate 5mg; 10mg	
			Isosorbide mononitrate	Ismo 20mg Monicor SR 60mg	
			Influenza, purified antigen	Influvac 0.5ml Vaxigrip single dose 0.5ml pre-filled	
	R175	Pneumococcus vaccines	Pneumococcus, purified polysaccharides antigen	Pneumovax vaccine	

Chronic Disease List condition	CDA for TFG Health Plus	Medicine class	Active ingredient	Medicine name and strength		
Cardiomyopathy	R115	ACE inhibitors and diuretics	Enalapril and diuretics	Enap co 20/12.5mg (Not available on TFG Health)		
				Pharmapress co 20/12.5mg		
			Lisinopril and diuretics	Adco-Zetomax co 10/12.5mg; 20/12.5mg		
				Lisinopril co Unicorn 10/12.5mg; 20/12.5mg		
				Lisoretic 10/12.5mg; 20/12.5mg		
				Lisozide 10/12.5mg; 20/12.5mg		
				Zestoretic 10/12.5mg; 20/12.5mg		
			Perindopril and diuretics	Bioprexum Plus 10/2.5mg (Not available on TFG Health)		
				Ciplasyl Plus 4/1.25mg (Not available on TFG Health)		
				Circator Plus 4/1.25mg (Not available on TFG Health)		
				Pearinda Plus 4/1.25mg (Not available on TFG Health)		
				Perindopril co Unicorn 4/1.25mg (Not available on TFG Health)		
				Prexum Plus 5/1.25mg (Not available on TFG Health)		
				Vectoryl Plus 4/1.25mg (Not available on TFG Health)		
	R100	ACE inhibitors: Plain	Captopril	Bio-Captopril 25mg		
				Mylan Captopril 25mg; 50mg		
			Enalapril	Alapren 5mg; 10mg; 20mg		
				Enalapril Biotech 5mg; 10mg; 20mg		
				Enalapril Unicorn 10mg; 20mg		
				Hypace 5mg		
			Lisinopril	Austell-Lisinopril 10mg; 20mg		
				Sinopren 5mg; 10mg; 20mg		
			Perindopril	Ciplasyl 4mg (Not available on TFG Health)		
				Circator 4mg; 8mg (Not available on TFG Health)		
				Pearinda 4mg; 8mg (Not available on TFG Health)		
				Perindopril Unicorn 4mg; 8mg (Not available on TFG Health)		
				Prexum 5mg; 10mg (Not available on TFG Health)		
				Ran-Perindopril 4mg		
				Reprex 4mg; 8mg		
				Spec-Perindopril 4mg; 8mg (Not available on TFG Health)		
				Vectoryl 8mg (Not available on TFG Health)		
			Quinapril	Accumax 10mg; 20mg (Not available on TFG Health)		
			R260	Alpha and Beta blocking agents	Carvedilol	Carloc 6.25mg; 12.5mg; 25mg
						Carvedilol Unicorn 6.25mg; 12.5mg; 25mg
	Carvetrend 6.25mg; 12.5mg; 25mg					
	Vediblok 6.25mg; 12.5mg; 25mg					
	R120	Angiotensin II antagonists: Combinations	Losartan and diuretics	Losaar Plus 50/12.5mg; 100/25mg		
				Netrasol co 50/12.5mg; 100/25mg		
				Zartan co 100/25mg		
			Valsartan and diuretics	Co-Migroben 80/12.5mg; 160/12.5mg; 160/25mg (Not available on TFG Health)		

Chronic Disease List condition	CDA for TFG Health Plus	Medicine class	Active ingredient	Medicine name and strength
Cardiomyopathy	R120	Angiotensin II antagonists: Combinations	Valsartan and diuretics	Co-Zomevek 80/12.5mg; 160/12.5mg; 160/25mg (Not available on TFG Health)
	R120	Angiotensin II antagonists: Plain	Irbesartan	Jubitan 150mg; 300mg (Not available on TFG Health)
			Losartan	Annin 100mg
				Ciplazar 100mg (Not available on TFG Health)
				Zartan 100mg (Not available on TFG Health)
	R85	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg
	R100	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hyperphen 10mg; 50mg
				Sandoz Hydralazine 25mg
	R35	Aspirin	Acetylsalicylic acid	Aspirin Teva 80mg
				Myoprin 100mg
	R85	Beta blocking agents: Selective	Bisoprolol	Adco-Bisocor 5mg; 10mg
				Betacor 5mg; 10mg
				Bilocor 5mg; 10mg
				Bisbeta 5mg; 10mg
				Bislo 5mg; 10mg
				Bisoprolol Unichem 5mg; 10mg
				Bisoprolol Unicorn 5mg; 10mg
				Bisozyd 5mg; 10mg
				Mylan Bisoprolol 5mg; 10mg
	R25	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg
				Lanoxin paediatric/geriatric syrup 0.05mg/1ml
	R40	High-ceiling diuretics	Furosemide	Dino-Retic 40mg
				Furobe 40mg
Mylan Furosemide 40mg				
R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Hexazide 25mg	
			Ridaq 12.5mg	
R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Cipla-Indapamide 2.5mg	
			Dapril 2.5mg	
			Mylan Indapamide 2.5mg	
R120	Potassium sparing agents	Spironolactone	Aldactone 25mg	
			Sandoz Spironolactone 25mg	
			Spiractin 25mg	
R105	Potassium supplements	Potassium chloride	Plenish K 600mg	
			Ultipot 600mg	
R195	Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Sandoz Isosorbide dinitrate 5mg; 10mg	
		Isosorbide mononitrate	Ismo 20mg	
			Monicor SR 60mg	
R100	Influenza vaccines	Influenza, purified antigen	Influvac 0.5ml	
			Vaxigrip single dose 0.5ml pre-filled	
R175	Pneumococcus vaccines	Pneumococcus, purified polysaccharides antigen	Pneumovax vaccine	
Chronic obstructive pulmonary disease (COPD)	R40	Adrenergics: Short acting - Salbutamol	Salbutamol	Asthavent ecohaler 200 dose 100mcg
			Venteze CFC free 200 dose 100mcg	
	R155	Anti-asthmatics: Systemic xanthines	Theophylline	Sandoz Theophylline anhydrous 200mg; 300mg
	R250	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg
				Ipvent HFA 200 dose 40mcg/dose
R205	Salbutamol and Ipratropium bromide	Salbutamol and Ipratropium bromide	Duolin HFA 200 dose	
R827	Surgical item: Oxygen concentrator	Oxygen	Oxygen concentrator rental	

Chronic Disease List condition	CDA for TFG Health Plus	Medicine class	Active ingredient	Medicine name and strength			
Chronic obstructive pulmonary disease (COPD)	R15	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg			
				Panafcort 5mg			
				Trolic 5mg			
Chronic renal disease	R100	Influenza vaccines	Influenza, purified antigen	Influvac 0.5ml			
				Vaxigrip single dose 0.5ml pre-filled			
Chronic renal disease	R115	ACE inhibitors and diuretics	Enalapril and diuretics	Enap co 20/12.5mg (Not available on TFG Health)			
				Pharmapress co 20/12.5mg			
			Lisinopril and diuretics	Adco-Zetomax co 10/12.5mg; 20/12.5mg			
				Lisinopril co Unicorn 10/12.5mg; 20/12.5mg			
				Lisoretic 10/12.5mg; 20/12.5mg			
				Lisozide 10/12.5mg; 20/12.5mg			
				Zestoretic 10/12.5mg; 20/12.5mg			
			Perindopril and diuretics	Bioprexum Plus 10/2.5mg (Not available on TFG Health)			
				Ciplasyl Plus 4/1.25mg (Not available on TFG Health)			
				Circator Plus 4/1.25mg (Not available on TFG Health)			
				Pearinda Plus 4/1.25mg (Not available on TFG Health)			
				Perindopril co Unicorn 4/1.25mg (Not available on TFG Health)			
				Prexum Plus 5/1.25mg (Not available on TFG Health)			
				Vectoryl Plus 4/1.25mg (Not available on TFG Health)			
			Chronic renal disease	R100	ACE inhibitors: Plain	Captopril	Bio-Captopril 25mg
							Mylan Captopril 25mg; 50mg
						Enalapril	Alapren 5mg; 10mg; 20mg
							Enalapril Biotech 5mg; 10mg; 20mg
							Enalapril Unicorn 10mg; 20mg
							Hypace 5mg
						Lisinopril	Austell-Lisinopril 10mg; 20mg
							Sinopren 5mg; 10mg; 20mg
						Perindopril	Ciplasyl 4mg (Not available on TFG Health)
							Circator 4mg; 8mg (Not available on TFG Health)
							Pearinda 4mg; 8mg (Not available on TFG Health)
							Perindopril Unicorn 4mg; 8mg (Not available on TFG Health)
							Prexum 5mg; 10mg (Not available on TFG Health)
							Ran-Perindopril 4mg
							Reprex 4mg; 8mg
							Spec-Perindopril 4mg; 8mg (Not available on TFG Health)
							Vectoryl 8mg (Not available on TFG Health)
			Chronic renal disease	R120	Angiotensin II antagonists: Combinations	Losartan and diuretics	Losaar Plus 50/12.5mg; 100/25mg
							Netrasol co 50/12.5mg; 100/25mg
			Zartan co 100/25mg				
			Chronic renal disease	R120	Angiotensin II antagonists: Combinations	Valsartan and diuretics	Co-Migroben 80/12.5mg; 160/12.5mg; 160/25mg (Not available on TFG Health)

Chronic Disease List condition	CDA for TFG Health Plus	Medicine class	Active ingredient	Medicine name and strength
Chronic renal disease	R120	Angiotensin II antagonists: Combinations	Valsartan and diuretics	Co-Zomevek 80/12.5mg; 160/12.5mg; 160/25mg (Not available on TFG Health)
	R120	Angiotensin II antagonists: Plain	Irbesartan	Jubitan 150mg; 300mg (Not available on TFG Health)
			Losartan	Annin 100mg
				Ciplazar 100mg (Not available on TFG Health)
				Zartan 100mg (Not available on TFG Health)
	R300	Calcium supplements	Calcium carbonate	B-cal
	R5	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
				Folic acid 0.5mg; 5mg
				Gulf Folic acid 5mg
	R45	Iron in other combinations	Ferrous fumarate	Pregamal
	R535	Iron, parenteral preparations	Iron, parenteral preparations	Cosmofer ampoule 2ml 50mg/1ml
				Equifer ampoule 5ml 100mg/5ml
				Rautevene ampoule 5ml 100mg/5ml
				Sucofer 5ml 20mg/1ml
	R3 340	Other anti-anaemic preparations	Darbepoetin Alfa	Aranesp pre-filled syringe 0.4ml 10mcg/0.4ml
				Aranesp pre-filled syringe 0.5ml 20mcg/0.5ml
				Aranesp pre-filled syringe 0.3ml 30mcg/0.3ml
				Aranesp pre-filled syringe 0.4ml 40mcg/0.4ml
				Aranesp pre-filled syringe 0.5ml 50mcg/0.5ml
				Aranesp pre-filled syringe 0.3ml 60mcg/0.3ml
			Erythropoietin	Eprex pre-fill 2000U/0.5ml
Eprex pre-fill 4000U/0.4ml				
Recormon pre-filled syringe 500U/0.3ml				
Recormon pre-filled syringe 2000U/0.3ml				
Recormon pre-filled syringe 4000U/0.3ml				
Repotin ampoule 1ml 2000U; 4000U				
Methoxy polyethylene glycol-epoetin beta			Mircera pre-filled syringe 0.3ml 30mcg/0.3ml	
			Mircera pre-filled syringe 0.3ml 50mcg/0.3ml	
			Mircera pre-filled syringe 0.3ml 75mcg/0.3ml	
			Mircera pre-filled syringe 0.3ml 100mcg/0.3ml	
			Mircera pre-filled syringe 0.3ml 120mcg/0.3ml	
	Mircera pre-filled syringe 0.3ml 150mcg/0.3ml			
	Mircera pre-filled syringe 0.3ml 200mcg/0.3ml			
	Mircera pre-filled syringe 0.3ml 250mcg/0.3ml			
R400	Vitamin D and analogues	Alfacalcidol	One alpha 0.25mcg; 1mcg	
Coronary artery disease	R35	Aspirin	Acetylsalicylic acid	Aspirin Teva 80mg
			Myoprin 100mg	
	R200	Beta blocking agents: Non-selective	Propranolol	Inderal 10mg
				Indoblok 10mg; 40mg
				Purbloka 40mg
	R85	Beta blocking agents: Selective	Atenolol	B-Block 100mg
				Tenopress 50mg; 100mg
				Zetenol 50mg; 100mg
	R320	Selective calcium channel blockers with direct cardiac effects	Diltiazem	Adco-Zildem 60mg
				Adco-Zildem SR 180mg; 240mg
			Verapamil	Vasomil 40mg; 80mg
	R130	Selective calcium channel blockers with mainly vascular effects	Amlodipine	Verahexal SR 240mg
				Amlodipine Unicorn 5mg; 10mg
Amtas 5mg; 10mg				
Aprate 5mg; 10mg				
Austell-Amlodipine 5mg; 10mg				
Ciplavasc 5mg; 10mg				

Chronic Disease List condition	CDA for TFG Health Plus	Medicine class	Active ingredient	Medicine name and strength	
Coronary artery disease	R130	Selective calcium channel blockers with mainly vascular effects	Amlodipine	Gulf Amlodipine 5mg; 10mg	
				Lomanor 5mg; 10mg	
				Pendine 5mg; 10mg	
	R130	Selective calcium channel blockers with mainly vascular effects	Amlodipine	Pharma Dynamics Amlodipine besylate 5mg; 10mg	
				Felodipine	Felodipine-Hexal 5mg; 10mg (Not available on TFG Health)
				Plendil 2.5mg; 5mg (Not available on TFG Health)	
	R195	Vasodilators in Cardiac Disease: Organic nitrates	Isosorbide dinitrate	Sandoz Isosorbide dinitrate 5mg; 10mg	
Isosorbide mononitrate				Ismo 20mg Monicor SR 60mg	
Crohn's disease	R5	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg	
				Folic acid 0.5mg; 5mg	
				Gulf Folic acid 5mg	
	R810	Intestinal anti-inflammatories: Aminosalicic acid and similar agents	Mesalazine	Asacol 400mg; 800mg	
				Mezavant 1200mg	
				Pentasa 500mg; 1000mg	
				Salofalk 1000mg	
	R810	Intestinal anti-inflammatories: Aminosalicic acid and similar agents	Sulfasalazine	Salazopyrin 500mg	
				Salazopyrin EN 500mg	
	R1 940	Intestinal anti-inflammatories: Corticosteroids	Budesonide	Entocord enema	
	R775	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg	
				Azathioprine PCH 50mg	
	R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg	
Methotrexate 2.5mg					
R15	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg		
			Panafcort 5mg		
			Trolic 5mg		
Diabetes insipidus	R1 700	Posterior pituitary hormones: Vasopressin and analogues	Desmopressin	Ddavn 0.1mg; 0.2mg	
				Ddavn nasal spray 5ml 0.1mg/1ml	
Diabetes mellitus Type 1	***Please note that an overall monthly limit applies to Insulins across the different Insulin classes*** The overall monthly limit for TFG Health Plus is R720.				
	R530	Anti-diabetic agents: Fast-acting Insulins	Insulin Glulisine	Apidra - cartridge 3ml	
			Insulin Human	Biosulin r - cartridge 3ml Humulin r - cartridge 3ml; vial 10ml	
			Insulin Lispro	Humalog - cartridge 3ml; kwikpen 3ml; vial 10ml	
	R720	Anti-diabetic agents: Intermediate-acting or long-acting combined with fast-acting Insulins (Biphasic)	Insulin Aspart	Novomix 30 - flexpen 3ml (Not available on TFG Health)	
				Insulin Human	Actraphane hm(ge) - vial 10ml (Not available on TFG Health) Biosulin 30-70 - cartridge 3ml Humulin 30/70 - cartridge 3ml; kwikpen 3ml; vial 10ml
			Insulin Lispro	Humalog mix 25 - cartridge 3ml; vial 10ml	
				Humalog mix 25 - kwikpen 3ml (Not available on TFG Health)	
				Humalog mix 50 - cartridge 3ml	
				Humalog mix 50 - kwikpen 3ml (Not available on TFG Health)	
R465	Anti-diabetic agents: Intermediate-acting Insulins	Insulin Human	Biosulin l - cartridge 3ml		
			Biosulin n - cartridge 3ml		
			Humulin n - cartridge 3ml; kwikpen 3ml; vial 10ml		

Chronic Disease List condition	CDA for TFG Health Plus	Medicine class	Active ingredient	Medicine name and strength			
Diabetes mellitus Type 1	R555	Anti-diabetic agents: Long-acting Insulins	Insulin Detemir	Levemir - pre-filled cartridge 3ml (Not available on TFG Health)			
			Insulin Glargine	Basaglar - cartridge 3ml; pre-filled pen 3ml (Not available on TFG Health)			
				Optisulin - cartridge 3ml; pen 3ml (Not available on TFG Health)			
				Toujeo - pen 1.5ml (Not available on TFG Health)			
	R35	Aspirin	Acetylsalicylic acid	Aspirin Teva 80mg Myoprin 100mg			
	R280	Blood glucose monitoring agents	Glucose strips	Accu chek instant strip			
				Caresens n glucose test strip 29g			
				Freestyle strip optimum glucose test (Not available on TFG Health)			
				Strip accu check glucose active (Not available on TFG Health)			
				Test fora diamond blood glucose strip			
				Test glucocheck (Not available on TFG Health)			
				Test strip blood glucose clicks bionime gs550			
				Test strip glucose on call plus ez			
				Test strip onetouch select (Not available on TFG Health)			
				Test strip onetouch select plus (Not available on TFG Health)			
				R350	Surgical item	Lancets	Lancet 50s
							Lancet blood collection needle loris
							Lancet fora collection needle sterile 30g
	Lancet fora tender needle sterile 33g						
	Lancet oncall glucose						
	Lancet solus v2						
	Lancet unilet sterile 28g						
	Lancet unilet sterile 4cm x 6cm x 7.5cm 28g						
	Needles	Droplet pen needle 6mm 31g					
		Droplet pen needle 6mm 32g					
		Droplet pen needle 8mm 31g					
	Syringes	Droplet pen needle 10mm 29g					
Droplet pen needle 12mm 29g							
Needle insulin pen bd microfine 30g 8mm							
Needle insulin pen bd microfine 31g 5mm							
Needle insulin pen bd microfine tw 32g 4mm							
Needle novofine							
Needle accufine insulin pen 8mm 30g							
Syringe insulin 1.0ml with 27g needle							
Syringe insulin bd microfine 0.3ml 30g 8mm demi							
Syringe insulin bd microfine 1ml 30g 8mm							
Syringe insulin bd microfine 1ml 9g 12.7mm							
Diabetes mellitus Type 2	R65	Anti-diabetic agents: Biguanides	Metformin	Accord Metformin 500mg; 850mg			
				Apex-Metformin 500mg			
				Austell-Metformin 500mg; 850mg			
				Bigsens 500mg; 850mg; 1000mg			
				Diamin 500mg; 850mg			
				Diaphage 500mg; 850mg; 1000mg			
				Gluconorm 500mg; 850mg			
				Metchek 500mg; 850mg			
				Metformin Alkem 500mg			
				Mylan Metformin 500mg; 850mg; 1000mg			

Chronic Disease List condition	CDA for TFG Health Plus	Medicine class	Active ingredient	Medicine name and strength
Diabetes mellitus Type 2	R65	Anti-diabetic agents: Biguanides	Metformin	Romidab 500mg; 850mg; 1000mg Sandoz Metformin 500mg
	Please note that an overall monthly limit applies to Insulins across the different Insulin classes The overall monthly limit for TFG Health Plus is R720. 			
	R530	Anti-diabetic agents: Fast-acting Insulins	Insulin Glulisine	Apidra - cartridge 3ml
			Insulin Human	Biosulin r - cartridge 3ml Humulin r - cartridge 3ml; vial 10ml
			Insulin Lispro	Humalog - cartridge 3ml; kwikpen 3ml; vial 10ml
	R720	Anti-diabetic agents: Intermediate-acting or long-acting combined with fast-acting Insulins (Biphasic)	Insulin Aspart	Novomix 30 - flexpen 3ml (Not available on TFG Health)
			Insulin Human	Actraphane hm(ge) - vial 10ml (Not available on TFG Health) Biosulin 30-70 - cartridge 3ml Humulin 30/70 - cartridge 3ml; kwikpen 3ml; vial 10ml
			Insulin Lispro	Humalog mix 25 - cartridge 3ml; vial 10ml Humalog mix 25 - kwikpen 3ml (Not available on TFG Health) Humalog mix 50 - cartridge 3ml Humalog mix 50 - kwikpen 3ml (Not available on TFG Health)
	R465	Anti-diabetic agents: Intermediate-acting Insulins	Insulin Human	Biosulin l - cartridge 3ml Biosulin n - cartridge 3ml Humulin n - cartridge 3ml; kwikpen 3ml; vial 10ml
	R555	Anti-diabetic agents: Long-acting Insulins	Insulin Detemir	Levemir - prefilled cartridge 3ml (Not available on TFG Health)
			Insulin Glargine	Basaglar - cartridge 3ml; pre-filled pen 3ml (Not available on TFG Health) Optisulin - cartridge 3ml; pen 3ml (Not available on TFG Health) Toujeo - pen 1.5ml (Not available on TFG Health)
	R150	Anti-diabetic agents: Sulfonamides, urea derivatives	Gliclazide	Adco-Glucomed 80mg Austell-Gliclazide 80mg Diagluclide 80mg Diagluclide MR 60mg Diaglumed 80mg Dyna Gliclazide SR 30mg Gliclazide Unicorn MR 30mg Glygard 80mg Mylan Gliclazide 80mg Sandoz Gliclazide 80mg
	R215	Anti-diabetic agents: Thiazolidinediones	Pioglitazone	Accord Pioglitazone 15mg; 30mg; 45mg Cipla-Pioglitazone 15mg; 30mg
	R35	Aspirin	Acetylsalicylic acid	Aspirin Teva 80mg Myoprin 100mg
	R280	Blood glucose monitoring agents	Glucose strips	Accu chek instant strip Caresens n glucose test strip 29g Freestyle strip optium glucose test (Not available on TFG Health) Strip accu check glucose active (Not available on TFG Health) Test fora diamond blood glucose strip Test glucocheck (Not available on TFG Health) Test strip blood glucose clicks bionime gs550

Chronic Disease List condition	CDA for TFG Health Plus	Medicine class	Active ingredient	Medicine name and strength
Diabetes mellitus Type 2	R280	Blood glucose monitoring agents	Glucose strips	Test strip glucose on call plus ez
				Test strip onetouch select (Not available on TFG Health)
				Test strip onetouch select plus (Not available on TFG Health)
	R350	Surgical item	Lancets	Lancet 50s
				Lancet blood collection needle loris
				Lancet fora collection needle sterile 30g
				Lancet fora tender needle sterile 33g
				Lancet oncall glucose
				Lancet solus v2
				Lancet unilet sterile 28g
				Lancet unilet sterile 4cm x 6cm x 7.5cm 28g
			Needles	Droplet pen needle 6mm 31g
				Droplet pen needle 6mm 32g
				Droplet pen needle 8mm 31g
				Droplet pen needle 10mm 29g
				Droplet pen needle 12mm 29g
				Needle insulin pen bd microfine 30g 8mm
				Needle insulin pen bd microfine 31g 5mm
			Needle insulin pen bd microfine tw 32g 4mm	
			Needle novofine	
Syringes	Needle accufine insulin pen 8mm 30g			
	Syringe insulin 1.0ml with 27g needle			
	Syringe insulin bd microfine 0.3ml 30g 8mm demi			
	Syringe insulin bd microfine 1ml 30g 8mm			
	Syringe insulin bd microfine 1ml 9g 12.7mm			
Dysrhythmia	R680	Anti-arrhythmics: class Ic	Flecainide	Tambocor 100mg
			Tambocor CR 100mg; 200mg	
	R475	Anti-arrhythmics: class III - Amiodarone	Amiodarone	Arycor 100mg; 200mg
				Bio-Amiodarone 200mg
				Hexarone 100mg; 200mg
	R85	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg
	R35	Aspirin	Acetylsalicylic acid	Aspirin Teva 80mg
	R200	Beta blocking agents: Non-selective	Propranolol	Myoprin 100mg
				Inderal 10mg
	R85	Beta blocking agents: Selective	Atenolol	Indoblok 10mg; 40mg
Purbloka 40mg				
Sotalol 80mg; 160mg				
R25	Cardiac glycosides: Digoxin	Digoxin	B-Block 100mg	
R320	Selective calcium channel blockers with direct cardiac effects	Verapamil	Tenopress 50mg; 100mg	
			Zetenol 50mg; 100mg	
R30	Anti-epileptics: Barbiturates and derivatives	Phenobarbital	Lanoxin 0.0625mg; 0.25mg	
			Lanoxin paediatric/geriatric syrup 0.05mg/1ml	
			Vasomil 40mg; 80mg	
R285	Anti-epileptics: Benzodiazepine derivatives	Clonazepam	Verahexal SR 240mg	
R385	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Clonam 0.5mg; 2mg	
			Rivotril 0.5mg; 2mg	
Epilepsy	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg	
			Tegretol CR 200mg; 400mg	

Chronic Disease List condition	CDA for TFG Health Plus	Medicine class	Active ingredient	Medicine name and strength	
Epilepsy	R385	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Zeptol 200mg	
	R490	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg	
				Convulex syrup 250mg/5ml	
				Epilim crushable 100mg	
				Epilim sugar-free syrup 200mg/5ml	
				Epilazine CR 200mg; 300mg; 500mg	
				Eprolep CR 200mg; 300mg; 500mg	
				Navalpro CR 200mg; 300mg; 500mg	
	R85	Anti-epileptics: Hydantoin derivatives	Phenytoin	Valeptic CR 300mg; 500mg	
				Phenytoin sod 100mg	
	R415	Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg	
				Epitec 25mg; 50mg; 100mg; 200mg	
				Girotec 50mg; 100mg; 200mg	
Lamidus 50mg					
Lamitor 25mg; 50mg; 100mg; 200mg					
R5	Folic acid and derivatives	Folic acid	Epitoz 25mg; 50mg; 100mg		
			Be-Tabs Folic acid 5mg		
			Folic acid 0.5mg; 5mg		
Glaucoma	R230	Anti-glaucoma agents: Carbonic anhydrase inhibitors	Dorzolamide	Gulf Folic acid 5mg	
				Trusopt 5ml owi 2%	
	R235	Anti-glaucoma agents: Prostaglandin analogues	Bimatoprost	Lumigan 0.01%	
				Latanoprost	Atana 2.5ml 50mcg/1ml
					Spersatan 2.5ml 50mcg/1ml
					Xalatan 2.5ml 50mcg/1ml
	R240	Anti-glaucoma agents: Sympathomimetics	Brimonidine	Travatan 2.5ml 0.004%	
				Alphagan purite 5ml 1.5mg/1ml	
	R100	Anti-glaucoma Beta blocking agents: Timolol	Timolol	Brimoct 5ml 2mg/1ml	
				Glaucosan 5ml 0.5%	
	R275	Anti-glaucoma Beta blocking agents: Timolol, combinations	Timolol, combinations	Occumol 5ml 0.5%	
				Azarga 5ml	
				Co-Atana 2.5ml	
Combigan 5ml 2mg/5mg					
Cosopt 5ml 0.5%					
Duotrav 2.5ml					
Ganfort 3ml					
Glaumide-co 5ml					
Glauropt co 5ml					
Haemophilia	R5	Analgesics: Paracetamol	Paracetamol	Xalacom 2.5ml	
				Adco-Napamol 500mg	
				Adco-Prolief 500mg	
				Cetapon 500mg	
	R220	Anti-fibrinolytics: Amino acids	Tranexamic acid	Painogesic 500mg	
				Tranexamic acid Medwich 500mg	
	R50 000	Blood coagulation factors	Coagulation factor IX	Haemosolvex IX 500U	
				Octanine F vial 30ml 250U; 500U; 1000U	
			Coagulation factor VIII	Haemosolvate VIII 300U; 500U; 1000U	
				Octanate vial 5ml 250U	
				Octanate vial 10ml 500U; 1000U	
	R1 700	Posterior pituitary hormones: Vasopressin and analogues	Desmopressin	Ddavn 0.1mg; 0.2mg	
				Ddavn nasal spray 5ml 0.1mg/1ml	

Chronic Disease List condition	CDA for TFG Health Plus	Medicine class	Active ingredient	Medicine name and strength
Hyperlipidaemia	R290	Lipid modifying agents: Fibrates	Bezafibrate	Bezalip Retard 400mg
				Dyna-Bezafibrate SR 400mg
				Sandoz Bezafibrate 400mg
	R55	Lipid modifying agents: Statins	Atorvastatin	Adco Atorvastatin 10mg; 20mg; 40mg
				Aspavor 10mg; 20mg; 40mg; 80mg
				Astor 10mg; 20mg; 40mg 80mg
				Atolip 10mg; 20mg; 40mg; 80mg
				Atorvastatin Unicorn 10mg; 20mg; 40mg
				Lestavor 10mg; 20mg; 40mg; 80mg
				Lipogen 10mg; 20mg; 40mg; 80mg
			Vastor 10mg; 20mg; 40mg; 80mg	
			Simvastatin	Adco-Simvastatin 10mg; 20mg; 40mg
				Aspen Simvastatin 10mg; 20mg; 40mg
				Austell-Simvastatin 10mg; 20mg; 40mg
				Choleste 20mg; 40mg
				Cipla-Simvastatin 10mg; 20mg; 40mg
Zysim 10mg; 20mg				
Hypertension	R200	ACE inhibitors and calcium channel blockers	Perindopril and Amlodipine	Coveram 5/5mg; 10/5mg; 5/10mg; 10/10mg (Not available on TFG Health)
	R115	ACE inhibitors and diuretics	Enalapril and diuretics	Enap co 20/12.5mg (Not available on TFG Health)
				Pharmapress co 20/12.5mg
			Lisinopril and diuretics	Adco-Zetomax co 10/12.5mg; 20/12.5mg
				Lisinopril co Unicorn 10/12.5mg; 20/12.5mg
				Lisoretic 10/12.5mg; 20/12.5mg
				Lisozide 10/12.5mg; 20/12.5mg
				Zestoretic 10/12.5mg; 20/12.5mg
			Perindopril and diuretics	Bioprexum Plus 10/2.5mg (Not available on TFG Health)
				Ciplasyl Plus 4/1.25mg (Not available on TFG Health)
				Circator Plus 4/1.25mg (Not available on TFG Health)
	Pearinda Plus 4/1.25mg (Not available on TFG Health)			
	Perindopril co Unicorn 4/1.25mg (Not available on TFG Health)			
	Prexum Plus 5/1.25mg (Not available on TFG Health)			
	Vectoryl Plus 4/1.25mg (Not available on TFG Health)			
	R100	ACE inhibitors: Plain		Captopril
	Enalapril	Alapren 5mg; 10mg; 20mg		
		Enalapril Biotech 5mg; 10mg; 20mg		
		Enalapril Unicorn 10mg; 20mg		
		Hypace 5mg		
	Lisinopril	Austell-Lisinopril 10mg; 20mg		
		Sinopren 5mg; 10mg; 20mg		
	Perindopril	Ciplasyl 4mg (Not available on TFG Health)		
Circator 4mg; 8mg (Not available on TFG Health)				
Pearinda 4mg; 8mg (Not available on TFG Health)				
Perindopril Unicorn 4mg; 8mg (Not available on TFG Health)				

Chronic Disease List condition	CDA for TFG Health Plus	Medicine class	Active ingredient	Medicine name and strength
Hypertension	R100	ACE inhibitors: Plain	Perindopril	Prexum 5mg; 10mg (Not available on TFG Health)
				Ran-Perindopril 4mg
				Reprex 4mg; 8mg
				Spec-Perindopril 4mg; 8mg (Not available on TFG Health)
				Vectoryl 8mg (Not available on TFG Health)
				Quinapril
	R260	Alpha and Beta blocking agents	Carvedilol	Carloc 6.25mg; 12.5mg; 25mg
				Carvedilol Unicorn 6.25mg; 12.5mg; 25mg
				Carvetrend 6.25mg; 12.5mg; 25mg
				Vediblok 6.25mg; 12.5mg; 25mg
	R120	Angiotensin II antagonists: Combinations	Losartan and diuretics	Losaar Plus 50/12.5mg; 100/25mg
				Netrasol co 50/12.5mg; 100/25mg
				Zartan co 100/25mg
			Valsartan and diuretics	Co-Migroben 80/12.5mg; 160/12.5mg; 160/25mg (Not available on TFG Health)
				Co-Zomevek 80/12.5mg; 160/12.5mg; 160/25mg (Not available on TFG Health)
	R120	Angiotensin II antagonists: Plain	Irbesartan	Jubitan 150mg; 300mg (Not available on TFG Health)
				Annin 100mg
			Losartan	Ciplazar 100mg (Not available on TFG Health)
				Zartan 100mg (Not available on TFG Health)
	R180	Anti-adrenergic agents: Alpha-adrenoreceptor antagonists	Doxazosin	Cardugen 1mg; 4mg
	R170	Anti-adrenergic agents: Methyldopa	Methyldopa	Hypotone 250mg Mylan Methyldopa 250mg
	R30	Anti-adrenergic agents: Rauwolfia alkaloids	Reserpine	Reserpine 0.25mg
	R100	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hyperphen 10mg; 50mg Sandoz Hydralazine 25mg
	R200	Beta blocking agents: Non-selective	Propranolol	Inderal 10mg
				Indoblok 10mg; 40mg
				Purbloka 40mg
	R85	Beta blocking agents: Selective	Atenolol	B-Block 100mg
				Tenopress 50mg; 100mg
				Zetenol 50mg; 100mg
	R40	High-ceiling diuretics	Furosemide	Dino-Retic 40mg
				Furobe 40mg
Mylan Furosemide 40mg				
R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Hexazide 25mg	
			Ridaq 12.5mg	
R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Cipla-Indapamide 2.5mg	
			Daptril 2.5mg	
			Mylan Indapamide 2.5mg	
R120	Potassium sparing agents	Spironolactone	Aldactone 25mg	
			Sandoz Spironolactone 25mg	
			Spiractin 25mg	
R105	Potassium supplements	Potassium chloride	Plenish K 600mg	
			Ultipot 600mg	

Chronic Disease List condition	CDA for TFG Health Plus	Medicine class	Active ingredient	Medicine name and strength
Hypertension	R320	Selective calcium channel blockers with direct cardiac effects	Diltiazem	Adco-Zildem 60mg Adco-Zildem SR 180mg; 240mg
			Verapamil	Vasomil 40mg; 80mg Verahexal SR 240mg
			R130	Selective calcium channel blockers with mainly vascular effects
	Amtas 5mg; 10mg			
	Aprate 5mg; 10mg			
	Austell-Amlodipine 5mg; 10mg			
	Ciplavasc 5mg; 10mg			
	Gulf Amlodipine 5mg; 10mg			
	Lomanor 5mg; 10mg			
	Pendine 5mg; 10mg			
	Felodipine	Felodipine-Hexal 5mg; 10mg (Not available on TFG Health)		
		Plendil 2.5mg; 5mg (Not available on TFG Health)		
	Nifedipine	Cipalat Retard 20mg		
Hypothyroidism	R45	Thyroid hormones	Levothyroxine sodium	Euthyrox 25mcg; 50mcg; 100mcg
Multiple sclerosis	R90	Anti-depressants: Tricyclics	Amitriptyline	Gulf Amitriptyline 25mg
				Sandoz Amitriptyline 25mg
				Trepiline 10mg
	R270	Drugs for urinary frequency and incontinence	Oxybutynin	Mylan Oxybutynin 5mg Oxyrest 5mg
	R7 700	Interferons	Interferon beta-1a	Rebif 22 pre-filled syringe 0.5ml 22mcg/0.5ml
				Rebif 22 rebidose pre-filled pen 0.5ml 22mcg/0.5ml
				Rebif 44 pre-filled syringe 0.5ml 44mcg/0.5ml
R1 250	Muscle relaxants: Other centrally acting agents	Baclofen	Bio-Baclofen 10mg	
			Teva Baclofen 10mg	
R15	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg Panafcort 5mg Trolic 5mg	
Parkinson's disease	R280	Anticholinergic agents: Tertiary amines	Biperiden	Akineton 2mg
	R700	Dopamine agonists	Pramipexole	Mylan Pramipexole 0.125mg; 0.25mg; 1mg
				Pexasp 0.125mg; 0.25mg; 1mg
				Pramex 0.125mg; 0.25mg; 1mg
	R280	Dopaminergic agents: Adamantane derivatives	Amantadine	Accord Ropinirole 0.25mg; 0.5mg; 1mg; 2mg; 5mg
Symadin 100mg				
R680	Levodopa and decarboxylase inhibitor	Levodopa and decarboxylase inhibitor	Carbilev 25/100mg; 25/250mg Teva Carbi-Levo 25/100mg; 25/250mg	
Rheumatoid arthritis	R65	Anti-inflammatory agents: Acetic acid derivatives and related substances	Diclofenac	Adco-Diclofenac 50mg
				A-Lennon Diclofenac 25mg; 50mg
				Diclofenac Biotech 25mg
				Mylan Diclofenac 25mg; 50mg
				Panamor AT 50mg
			Indomethacin	Betacin 25mg
				Gulf Indomethacin 25mg Methocaps 25mg

Chronic Disease List condition	CDA for TFG Health Plus	Medicine class	Active ingredient	Medicine name and strength
Rheumatoid arthritis	R60	Anti-inflammatory agents: Oxicams	Meloxicam	Adco-Meloxicam 15mg
				Apex-Meloxicam 7.5mg
				Flexocam 7.5mg
				Medoxicam 7.5mg
				Zydus-Meloxicam 7.5mg
			Piroxicam	Pyrocaps 20mg
				Roxifen 20mg
	R45	Anti-inflammatory agents: Propionic acid derivatives	Ibuprofen	Betaprofen 200mg
				Betaprofen FC 400mg
				Bren 400mg
				Ibucine 200mg; 400mg
				Ibunate 200mg
			Ibusor 200mg	
	Naproxen	Mylan Naproxen 250mg		
				Naproscript 250mg
	R105	Anti-rheumatic agents: Chloroquine	Chloroquine	Plasmoquine 200mg
	R5	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
				Folic acid 0.5mg; 5mg
Gulf Folic acid 5mg				
R810	Intestinal anti-inflammatories: Aminosalicylic acid and similar agents	Sulfasalazine	Salazopyrin 500mg	
			Salazopyrin EN 500mg	
R775	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg	
			Azathioprine PCH 50mg	
R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg	
			Methotrexate 2.5mg	
R15	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
			Panafcort 5mg	
			Trolic 5mg	
Schizophrenia	R160	Anti-depressants: SSRI's	Citalopram	Adco-Talomil 20mg
				Arrow Citalopram 40mg
				Cilate 20mg
				Recita 20mg
			Escitalopram	Accord Escitalopram 10mg; 20mg
				(Not available on TFG Health)
				Dolin 10mg; 20mg
				Marprem 20mg
				Zitolex 10mg; 20mg
			Fluoxetine	Deprozan 20mg
				Fluoxetine Actor 20mg
				Prolax 20mg
				Ranflocs 20mg
				Zydus-Fluoxetine 20mg
				Sertraline
			Serdep 50mg; 100mg	
			(Not available on TFG Health)	
			Serlife 50mg; 100mg	
(Not available on TFG Health)				
R385	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg	
			Tegretol CR 200mg; 400mg	
			Zeptol 200mg	
R945	Anti-psychotics: Clozapine	Clozapine	Cloment 25mg; 100mg	

Chronic Disease List condition	CDA for TFG Health Plus	Medicine class	Active ingredient	Medicine name and strength			
Schizophrenia	R600	Anti-psychotics: Olanzapine	Olanzapine	Olavin 5mg; 10mg			
				Olavin oradispersible 5mg; 10mg			
				Olexar 5mg; 10mg			
				Prexolan 5mg; 10mg			
				Prexolan ODT 5mg; 10mg			
				Redilanz 5mg; 10mg			
	R400	Anti-psychotics: Phenothiazines with aliphatic side-chain	Chlorpromazine	Largactil 25mg; 100mg			
	R295	Anti-psychotics: Quetiapine	Quetiapine	Dopaquel 25mg; 100mg; 200mg; 300mg			
				Mylan Quetiapine 25mg; 100mg; 200mg; 300mg			
				Psyquet 25mg; 100mg; 200mg; 300mg			
				Quetiapine Biotech 300mg			
				Serez 25mg; 100mg; 200mg; 300mg			
				Spec Quetiapine 25mg; 100mg; 300mg			
	R650	Anti-psychotics: Thioxanthenes derivatives	Flupenthixol	Fluanxol 0.5mg; 1mg			
				Fluanxol depot 1ml 20mg			
			Zuclopenthixol	Clopixol 2mg; 10mg			
				Clopixol depot 200mg			
	R505	Other anti-psychotics	Aripiprazole	Arizofy 5mg; 10mg; 15mg			
				Risperidone			
Risnia 0.5mg; 1mg; 2mg; 3mg							
Rispacor 0.5mg; 1mg; 2mg; 3mg							
Rispevon 1mg; 2mg; 3mg; 4mg							
Rispide 0.5mg; 1mg; 2mg							
Zoxadon 0.5mg; 1mg; 2mg; 3mg; 4mg							
Systemic lupus erythematosus (SLE)	R65	Anti-inflammatory agents: Acetic acid derivatives and related substances	Diclofenac	Adco-Diclofenac 50mg			
				A-Lennon Diclofenac 25mg; 50mg			
				Diclofenac Biotech 25mg			
				Mylan Diclofenac 25mg; 50mg			
				Panamor AT 50mg			
			Indomethacin	Betacin 25mg			
				Gulf Indomethacin 25mg			
				Methocaps 25mg			
				R60	Anti-inflammatory agents: Oxicams	Meloxicam	Adco-Meloxicam 15mg
							Apex-Meloxicam 7.5mg
	Flexocam 7.5mg						
	Medoxicam 7.5mg						
	Zydus-Meloxicam 7.5mg						
	Piroxicam	Pyrocaps 20mg					
		Roxifen 20mg					
	R45	Anti-inflammatory agents: Propionic acid derivatives	Ibuprofen	Betaprofen 200mg			
				Betaprofen FC 400mg			
				Bren 400mg			
				Ibucine 200mg; 400mg			
Ibunate 200mg							
Ibusor 200mg							
Naproxen			Mylan Naproxen 250mg				
			Naproscript 250mg				
R105	Anti-rheumatic agents: Chloroquine	Chloroquine	Plasmoquine 200mg				
R85	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg				
R35	Aspirin	Acetylsalicylic acid	Aspirin Teva 80mg				
			Myoprin 100mg				

Chronic Disease List condition	CDA for TFG Health Plus	Medicine class	Active ingredient	Medicine name and strength
Systemic lupus erythematosus (SLE)	R25	Emollients and protectives: Zinc products	Zinc products	Zinc ointment bp
	R5	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
				Folic acid 0.5mg; 5mg
				Gulf Folic acid 5mg
	R775	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg
				Azathioprine PCH 50mg
	R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg
				Methotrexate 2.5mg
	R15	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
				Panafcort 5mg
				Trolic 5mg
	R25	Topical Corticosteroids: Group III	Betamethasone	Repivate cream 0.1%
Topivate cream 0.1%				
Vari-Betamethasone cream 0.1%				
Ulcerative colitis	R5	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
				Folic acid 0.5mg; 5mg
				Gulf Folic acid 5mg
	R810	Intestinal anti-inflammatories: Aminosalicylic acid and similar agents	Mesalazine	Asacol 400mg; 800mg
				Mezavant 1200mg
				Pentasa 500mg; 1000mg
				Salofalk 1000mg
			Sulfasalazine	Salazopyrin 500mg
				Salazopyrin EN 500mg
	R1 940	Intestinal anti-inflammatories: Corticosteroids	Budesonide	Entocord enema
	R775	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg
				Azathioprine PCH 50mg
	R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg
				Methotrexate 2.5mg
	R15	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
Panafcort 5mg				
Trolic 5mg				

The CDL Enhanced medicine list for TFG Health and TFG Health Plus

The CDA (Chronic Drug Amount) does not apply to TFG Health.

Chronic Disease List condition	CDA for TFG Health Plus	Medicine class	Active ingredient	Medicine name and strength
Asthma	R275	Anti-asthmatics: Leukotriene receptor antagonists	Montelukast	Kulair 4mg; 5mg; 10mg (Not available on TFG Health)
				Lumont 4mg; 5mg; 10mg (Not available on TFG Health)
				Monteflo 4mg; 5mg; 10mg (Not available on TFG Health)
				Montelukast Biotech 10mg (Not available on TFG Health)
				Montelukast chew Biotech 4mg; 5mg (Not available on TFG Health)
				Sintair 4mg; 5mg; 10mg (Not available on TFG Health)
				Topraz 4mg; 5mg; 10mg (Not available on TFG Health)
	R100	Nasal Corticosteroids	Beclomethasone	Beclate aquanase 150 dose 50mcg
				Clenil aqueous 200 dose 50mcg
				Fluticasone
Flonase 120 dose 50mcg (Not available on TFG Health)				
Chronic obstructive pulmonary disease (COPD)	R190	Adrenergics: Long acting - Formoterol	Formoterol	Foratec HFA 120 dose 12mcg/dose
	R410	Adrenergics: Ultra long acting - Indacaterol	Indacaterol	Onbrez breezhaler (30 caps & inhaler)
	R305	Formoterol and Budesonide	Formoterol and Budesonide	Symbicord turbohaler 60 dose 160/4.5mcg
				Symbicord turbohaler 60 dose 320/9mcg (Not available on TFG Health)
				Symbicord turbohaler 120 dose 160/4.5mcg (Not available on TFG Health)
				Vannair 120 dose 80/4.5mcg; 160/4.5mcg (Not available on TFG Health)
	R305	Formoterol and Mometasone	Formoterol and Mometasone	Dulera 120 dose 100/5mcg; 200/5mcg (Not available on TFG Health)
	R545	Indacaterol and Glycopyrronium bromide	Indacaterol and Glycopyrronium bromide	Ultibro breezhaler (30 caps & inhaler)
	R430	Inhaled anticholinergics: Glycopyrronium bromide	Glycopyrronium bromide	Seebri breezhaler (30 caps & inhaler)
	R525	Inhaled anticholinergics: Tiotropium bromide	Tiotropium bromide	Forvent (refill) 18mcg
	R355	Salmeterol and Fluticasone	Salmeterol and Fluticasone	Foxair accuhaler 60 dose 50/100; 50/250; 50/500 (Not available on TFG Health)
				Sereflo HFA 120 dose 25/50; 25/125; 25/250
				Sereflo HFA synchrobreath 120 dose 25/50; 25/125; 25/250
R355	Vilanterol and Fluticasone combinations	Vilanterol and Fluticasone furoate	Relvar ellipta 30 dose 92/22mcg; 184/22mcg (Not available on TFG Health)	
Chronic renal disease	R250	Hepatitis B vaccine	Hepatitis B, purified antigen	Euvax b vial 1ml 20mcg/1ml
				Heberbio hbv sgl dose 1ml adult 20mcg/1ml
Coronary artery disease	R230	Anti-thrombotic agents: Clopidogrel	Clopidogrel	Clopidogrel 75 Biotech 75mg
				Clopidogrel Unicorn 75mg
				Closolve 75mg
				Pharma Dynamics Clopidogrel 75mg
				Plagrol 75mg
				Zyklot 75mg

Chronic Disease List condition	CDA for TFG Health Plus	Medicine class	Active ingredient	Medicine name and strength
Diabetes mellitus Type 2	R685	Anti-diabetic agents: Other, excluding Insulins: Exenatide	Exenatide	Byetta disposable pen 1.2ml 60 dose 5mcg/dose
				Byetta disposable pen 2.4ml 60 dose 10mcg/dose
	R215	Dipeptidyl peptidase inhibitors: Saxagliptin	Saxagliptin	Onglyza 2.5mg; 5mg (Not available on TFG Health)
Rheumatoid arthritis	R280	Anti-inflammatory agents: Coxibs	Celecoxib	Celecoxib Unicorn 100mg; 200mg (Not available on TFG Health)
				Coxleone 100mg; 200mg (Not available on TFG Health)
Systemic lupus erythematosus (SLE)	R280	Anti-inflammatory agents: Coxibs	Celecoxib	Celecoxib Unicorn 100mg; 200mg (Not available on TFG Health)
				Coxleone 100mg; 200mg (Not available on TFG Health)

Complaints process

You may lodge a complaint or query with TFG Medical Aid Scheme directly on 0860 123 077 or address a complaint in writing to the Principal Officer at the Scheme’s registered address. Should your complaint remain unresolved, you may lodge a formal dispute by following the TFG Medical Aid Scheme internal disputes process.

You may, as a last resort, approach the Council for Medical Schemes for assistance.

Council for Medical Schemes Complaints Unit, Block A, Eco Glades 2 Office Park, 420 Witch-Hazel Avenue, Eco Park, Centurion, 0157 / 0861 123 267 / complaints@medicalschemes.com / www.medicalschemes.com