

Chronic Illness Benefit 2020

Who we are

TFG Medical Aid Scheme (referred to as "the Scheme"), registration number 1578, is a non-profit organisation, registered with the Council for Medical Schemes.

Discovery Health (Pty) Ltd (referred to as "the Administrator"), is a separate company who is registered as an authorised financial services provider (registration number 1997/013480/07), administers TFG Medical Aid Scheme.

Contact us

You can call us on **0860 123 077** or visit **www.tfgmedicalaidscheme.co.za** for more information.

Important information you need to know

We may change the information contained in this document from time to time. We will communicate any changes to the way we pay medicines when we make these changes.

The Chronic Illness Benefit (CIB) is managed by the TFG Medical Aid Scheme rules. The use of the benefits and programmes linked with the Chronic Illness Benefit are subject to specific conditions and rules. Members must make sure that they know these rules and conditions.

Any instructions or advice on medicines and the management of the member's condition are intended to add to, and not replace, the knowledge, expertise, skill and judgment of the member's doctor, pharmacist or other healthcare professional.

You get full cover for approved chronic medicine on the medicine list. You may have a co-payment for medicine not on the medicine list.

TFG Medical Aid Scheme and Discovery Health (Pty) Ltd reserve the right to change the benefit at any time.

Explanation of terms

Benefit year

A benefit year refers to the benefits a member is entitled to during a calendar year, that is to say 1 January to 31 December. This medicine list (formulary) and Chronic Drug Amounts are applicable for 2020 only.

Chronic Drug Amount (CDA)

The CDA is a monthly amount we pay up to for a medicine class. This applies to medicine that is not listed on the medicine list (formulary). The Chronic Drug Amount includes VAT and the dispensing fee. The CDA (Chronic Drug Amount) does not apply to TFG Health.

Prescribed Minimum Benefit conditions (PMB conditions)

These are conditions which all medical schemes are required to cover by the Council for Medical Schemes for any setting according to clinical guidelines.

Chronic Disease List (CDL)

A defined list of chronic conditions we cover according to the Prescribed Minimum Benefits.

Medicine class

This describes medicines that have similar chemical structures or similar therapeutic effects.

Active ingredient

This is the main substance in a medicine that is responsible for the clinical action on a human body.

The CDL Medicine List for TFG Health and TFG Health Plus

The CDA (Chronic Drug Amount) does not apply to TFG Health

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Addison's disease	R200	Systemic Corticosteroids: Hydrocortisone	Hydrocortisone	Covocort 10mg
	R130	Systemic Corticosteroids: Mineralocorticoids	Fludrocortisone	Florinef acetate 0.1mg
Asthma	R195	Adrenergics: Long acting - Formoterol	Formoterol	Foratec HFA 120 dose 12mcg/dose
	R485	Adrenergics: Long acting - Salmeterol	Salmeterol	Serevent accuhaler 60 dose 50mcg (Not available on TFG Health)
				Serevent CFC free 120 dose 25mcg (Not available on TFG Health)
	R40	Adrenergics: Short acting - Salbutamol	Salbutamol	Asthavent ecohaler 200 dose 100mcg
				Venteze CFC free 200 dose 100mcg (Not available on TFG Health)
				Ventimax CFC free 200 dose 100mcg
	R165	Anti-asthmatics: Systemic Xanthines	Theophylline	Sandoz Theophylline anhydrous 200mg; 300mg
	R265	Formoterol and Beclomethasone	Formoterol and Beclomethasone	Innuvair 120 dose 100/6mcg (Not available on TFG Health)
	R265	Formoterol and Budesonide	Formoterol and Budesonide	Symbicord turbohaler 60 dose 160/4.5mcg
				Symbicord turbohaler 60 dose 320/9mcg (Not available on TFG Health)
				Symbicord turbohaler 120 dose 160/4.5mcg (Not available on TFG Health)
				Vannair 120 dose 80/4.5mcg; 160/4.5mcg (Not available on TFG Health)
	R265	Formoterol and Mometasone	Formoterol and Mometasone	Dulera 120 dose 100/5mcg; 200/5mcg
	R260	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg
				Ipvent HFA 200 dose 40mcg/dose
	R265	Inhaled Glucocorticoids	Beclomethasone	Beceze CFC free 200 dose 100mcg (Not available on TFG Health)
				Beclate 200 dose 100mcg; 200mcg (Not available on TFG Health)
				Budesonide
			Ciclesonide	Ciclovent 60 dose 80mcg; 160mcg (Not available on TFG Health)
Fluticasone				

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Asthma	R265	Salmeterol and Fluticasone	Salmeterol and Fluticasone	Foxair accuhaler 60 dose 50/100; 50/250; 50/500 (Not available on TFG Health)
				Sereflo HFA 120 dose 25/50
				Sereflo HFA 120 dose 25/125; 25/250 (Not available on TFG Health)
				Sereflo HFA synchrobreathe 120 dose 25/50
				Sereflo HFA synchrobreathe 120 dose 25/125; 25/250 (Not available on TFG Health)
	R265	Vilanterol and Fluticasone combinations	Vilanterol and Fluticasone furoate	Relvar ellipta 30 dose 92/22mcg (Not available on TFG Health)
	R350	Surgical item	Inhaler device	Dp haler device
R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
			Panafcort 5mg	
			Trolic 5mg	
Bipolar mood disorder	R160	Anti-depressants: SSRI's	Citalopram	Adco-Talomil 20mg
				Arrow Citalopram 40mg
				Cilate 20mg
				Citalopram-Winthrop 20mg
				Recita 20mg
			Escitalopram	Accord Escitalopram 10mg; 20mg
				Dolin 10mg; 20mg
				Esetam 10mg; 20mg
				Marprem 20mg
			Fluoxetine	Deprozan 20mg
				Fluoxetine Actor 20mg
				Prolax 20mg
				Ranflocs 20mg
				Zydus-Fluoxetine 20mg
			Sertraline	Dyna Sertraline 50mg; 100mg
	Serdep 50mg; 100mg (Not available on TFG Health)			
	Serlife 50mg; 100mg (Not available on TFG Health)			
	R385	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg
				Tegretol CR 200mg; 400mg
				Zeptol 200mg
R490	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg; 300mg	
			Convulex syrup 250mg/5ml	
			Epilim crushable 100mg	
			Epilim sugar-free syrup 200mg/5ml	

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Bipolar mood disorder	R490	Anti-epileptics: Fatty acid derivatives	Valproic acid	Epilizine CR 200mg; 300mg; 500mg (Not available on TFG Health)
				Eprolep CR 200mg; 300mg; 500mg
				Navalpro CR 200mg; 300mg; 500mg
				Valeptic CR 300mg; 500mg
	R335	Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg
				Epitec 25mg; 50mg; 100mg; 200mg
				Girotec 50mg; 100mg; 200mg
				Lamitor 25mg; 50mg; 100mg; 200mg
				Serinem 25mg; 50mg; 100mg; 200mg
	R945	Anti-psychotics: Clozapine	Clozapine	Aspen Clozapine 25mg; 100mg
				Cloment 25mg; 100mg
	R345	Anti-psychotics: Lithium	Lithium	Camcolit 250mg; 400mg
	R600	Anti-psychotics: Olanzapine	Olanzapine	Olawin 5mg; 10mg
				Olawin oradispersible 5mg; 10mg
				Prexolan 5mg; 10mg (Not available on TFG Health)
				Prexolan ODT 5mg; 10mg (Not available on TFG Health)
				Redilanz 5mg; 10mg (Not available on TFG Health)
				Zolanz 5mg; 10mg
				Zylena 5mg; 10mg (Not available on TFG Health)
	R400	Anti-psychotics: Phenothiazines with aliphatic side-chain	Chlorpromazine	Largactil 25mg; 50mg; 100mg
	R295	Anti-psychotics: Quetiapine	Quetiapine	Dopaquel 25mg; 100mg; 200mg; 300mg
				Mylan Quetiapine 25mg; 100mg; 200mg; 300mg
				Psyquet 25mg; 100mg; 200mg; 300mg
				Serez 25mg; 100mg; 200mg; 300mg
				Spec Quetiapine 25mg; 100mg; 200mg; 300mg
				Zimbiquet 25mg; 100mg; 200mg; 300mg
	R650	Anti-psychotics: Thioxanthene derivatives	Flupenthixol	Fluanxol 0.5mg; 1mg
				Fluanxol depot 1ml 20mg
			Zuclopenthixol	Clopixol 2mg; 10mg
				Clopixol depot 200mg
	R505	Other anti-psychotics	Aripiprazole	Arizofy 5mg; 10mg; 15mg
			Risperidone	Risnia 0.5mg; 1mg; 2mg
Rispacor 0.5mg; 1mg; 2mg; 3mg				
Rispevon 1mg; 2mg; 3mg; 4mg				

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength	
Bipolar mood disorder	R505	Other anti-psychotics	Risperidone	Rispide 0.5mg; 1mg; 2mg	
				Zoxadon 0.5mg; 1mg; 2mg; 3mg; 4mg	
Bronchiectasis	R40	Adrenergics: Short acting - Salbutamol	Salbutamol	Asthavent ecohaler 200 dose 100mcg	
				Venteze CFC free 200 dose 100mcg (Not available on TFG Health)	
				Ventimax CFC free 200 dose 100mcg	
	R260	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg	
				Ipvent HFA 200 dose 40mcg/dose	
	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
				Panafcort 5mg	
Trolic 5mg					
Cardiac failure	R100	ACE inhibitors and diuretics	Enalapril and diuretics	Enap co 20/12.5mg	
				Lisinopril and diuretics	Adco-Zetomax co 10/12.5mg; 20/12.5mg
					Lisinopril co Unicorn 10/12.5mg; 20/12.5mg
					Lisoretic 10/12.5mg; 20/12.5mg
					Lisozide 10/12.5mg; 20/12.5mg
			Zestoretic 10/12.5mg; 20/12.5mg		
			Perindopril and diuretics	Bioprexum Plus 10/2.5mg (Not available on TFG Health)	
				Ciplasyl Plus 4/1.25mg	
				Circator Plus 4/1.25mg	
				Pearinda Plus 4/1.25mg	
				Perindopril co Unicorn 4/1.25mg	
				Prexum Plus 5/1.25mg	
			Vectoryl Plus 4/1.25mg		
	R85	ACE inhibitors: Plain	Captopril	Bio-Captopril 25mg	
				Mylan Captopril 25mg; 50mg	
			Enalapril	Alapren 5mg; 10mg; 20mg	
				Enalapril Unicorn 10mg; 20mg	
				Hypace 5mg	
			Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg	
				Austell-Lisinopril 10mg; 20mg	
				Liso 5mg; 10mg; 20mg	
				Sinopren 5mg; 10mg; 20mg	
			Perindopril	Circator 4mg; 8mg (Not available on TFG Health)	
Pearinda 8mg (Not available on TFG Health)					
Perindopril Unicorn 4mg; 8mg (Not available on TFG Health)					
Prexum 5mg; 10mg (Not available on TFG Health)					

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Cardiac failure	R85	ACE inhibitors: Plain	Perindopril	Ran-Perindopril 4mg
				Reprex 4mg; 8mg
				Spec-Perindopril 8mg (Not available on TFG Health)
				Vectoryl 4mg; 8mg (Not available on TFG Health)
				Zyace 4mg
			Quinapril	Accumax 10mg; 20mg (Not available on TFG Health)
	R250	Alpha and Beta blocking agents	Carvedilol	Carvedilol Unicorn 6.25mg; 12.5mg; 25mg
				Carvetrend 6.25mg; 12.5mg; 25mg
				Vediblok 6.25mg; 12.5mg; 25mg
	R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Co-Normoten 50/12.5mg; 100/25mg
				Losaar Plus 50/12.5mg; 100/25mg
				Netrasol co 100/25mg
				Zartan co 100/25mg
			Telmisartan and diuretics	Telpres Plus 40/12.5mg; 80/12.5mg (Not available on TFG Health)
			Valsartan and diuretics	Co-Migroben 80/12.5mg; 160/12.5mg; 160/25mg (Not available on TFG Health)
				Co-Zomevek 80/12.5mg; 160/12.5mg; 160/25mg (Not available on TFG Health)
	R110	Angiotensin II antagonists: Plain	Irbesartan	Jubitan 150mg; 300mg (Not available on TFG Health)
				Losartan
			Ciplazar 100mg (Not available on TFG Health)	
			Normoten 100mg (Not available on TFG Health)	
			Zaario 50mg; 100mg (Not available on TFG Health)	
			Zartan 100mg (Not available on TFG Health)	
	R100	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hyperphen 10mg; 50mg
				Sandoz Hydralazine 25mg
	R85	Beta blocking agents: Selective	Bisoprolol	Adco-Bisocor 5mg; 10mg
				Betacor 5mg; 10mg
Bilocor 5mg; 10mg				
Bisbeta 5mg; 10mg				
Bislo 5mg; 10mg				
Bisoprolol Unichem 10mg				
Bisoprolol Unicorn 5mg; 10mg				

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Cardiac failure	R85	Beta blocking agents: Selective	Bisoprolol	Bisozyd 5mg; 10mg
	R35	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg
				Lanoxin paediatric/geriatric syrup 0.05mg/1ml
	R40	High-ceiling diuretics	Furosemide	Dino-Retic 40mg
				Furobe 40mg
				Mylan Furosemide 40mg
	R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Hexazide 25mg
				Ridaq 12.5mg
	R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax 2.5mg
				Catexan 2.5mg
				Cipla-Indapamide 2.5mg
				Daptril 2.5mg
				Mylan Indapamide 2.5mg
	R120	Potassium sparing agents	Spironolactone	Aldactone 25mg
				Sandoz Spironolactone 25mg
				Spiractin 25mg
R110	Potassium supplements	Potassium chloride	Plenish K 600mg	
			Ultipot 600mg	
R195	Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Sandoz Isosorbide dinitrate 5mg; 10mg	
		Isosorbide mononitrate	Ismo 20mg	
			Monicor SR 60mg	
R100	Influenza vaccines	Influenza, purified antigen	Influvac 0.5ml	
			Vaxigrip single dose 0.5ml pre-filled	
R175	Pneumococcus vaccines	Pneumococcus, purified polysaccharides antigen	Pneumovax 23	
Cardiomyopathy	R100	ACE inhibitors and diuretics	Enalapril and diuretics	Enap co 20/12.5mg
			Lisinopril and diuretics	Adco-Zetomax co 10/12.5mg; 20/12.5mg
				Lisinopril co Unicorn 10/12.5mg; 20/12.5mg
				Lisoretic 10/12.5mg; 20/12.5mg
				Lisozide 10/12.5mg; 20/12.5mg
		Zestoretic 10/12.5mg; 20/12.5mg		
		Perindopril and diuretics	Bioprexum Plus 10/2.5mg (Not available on TFG Health)	
			Ciplasyl Plus 4/1.25mg	
			Circator Plus 4/1.25mg	
			Pearinda Plus 4/1.25mg	
			Perindopril co Unicorn 4/1.25mg	
			Prexum Plus 5/1.25mg	
Vectoryl Plus 4/1.25mg				

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Cardiomyopathy	R85	ACE inhibitors: Plain	Captopril	Bio-Captopril 25mg
				Mylan Captopril 25mg; 50mg
			Enalapril	Alapren 5mg; 10mg; 20mg
				Enalapril Unicorn 10mg; 20mg
				Hypace 5mg
			Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg
				Austell-Lisinopril 10mg; 20mg
				Liso 5mg; 10mg; 20mg
				Sinopren 5mg; 10mg; 20mg
			Perindopril	Circator 4mg; 8mg (Not available on TFG Health)
				Pearinda 8mg (Not available on TFG Health)
				Perindopril Unicorn 4mg; 8mg (Not available on TFG Health)
				Prexum 5mg; 10mg (Not available on TFG Health)
				Ran-Perindopril 4mg
				Reprex 4mg; 8mg
				Spec-Perindopril 8mg (Not available on TFG Health)
	Vectoryl 4mg; 8mg (Not available on TFG Health)			
	Zyace 4mg			
	Quinapril	Accumax 10mg; 20mg (Not available on TFG Health)		
	R250	Alpha and Beta blocking agents	Carvedilol	Carvedilol Unicorn 6.25mg; 12.5mg; 25mg
				Carvetrend 6.25mg; 12.5mg; 25mg
				Vediblok 6.25mg; 12.5mg; 25mg
	R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Co-Normoten 50/12.5mg; 100/25mg
				Losaar Plus 50/12.5mg; 100/25mg
				Netrasol co 100/25mg
				Zartan co 100/25mg
			Telmisartan and diuretics	Telpres Plus 40/12.5mg; 80/12.5mg (Not available on TFG Health)
			Valsartan and diuretics	Co-Migroben 80/12.5mg; 160/12.5mg; 160/25mg (Not available on TFG Health)
				Co-Zomevek 80/12.5mg; 160/12.5mg; 160/25mg (Not available on TFG Health)
	R110	Angiotensin II antagonists: Plain	Irbesartan	Jubitan 150mg; 300mg (Not available on TFG Health)
			Losartan	Annin 50mg; 100mg

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Cardiomyopathy	R110	Angiotensin II antagonists: Plain	Losartan	Ciplazar 100mg (Not available on TFG Health)
				Normoten 100mg (Not available on TFG Health)
				Zaario 50mg; 100mg (Not available on TFG Health)
				Zartan 100mg (Not available on TFG Health)
	R85	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg
	R100	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hyperphen 10mg; 50mg
				Sandoz Hydralazine 25mg
	R35	Aspirin	Acetylsalicylic acid	Aspirin Teva 80mg
				Myoprin 100mg
	R85	Beta blocking agents: Selective	Bisoprolol	Adco-Bisocor 5mg; 10mg
				Betacor 5mg; 10mg
				Bilocor 5mg; 10mg
				Bisbeta 5mg; 10mg
				Bislo 5mg; 10mg
				Bisoprolol Unichem 10mg
				Bisoprolol Unicorn 5mg; 10mg
	R35	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg
				Lanoxin paediatric/geriatric syrup 0.05mg/1ml
	R40	High-ceiling diuretics	Furosemide	Dino-Retic 40mg
				Furobe 40mg
				Mylan Furosemide 40mg
	R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Hexazide 25mg
				Ridaq 12.5mg
R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax 2.5mg	
			Catexan 2.5mg	
			Cipla-Indapamide 2.5mg	
			Dapril 2.5mg	
			Mylan Indapamide 2.5mg	
R120	Potassium sparing agents	Spironolactone	Aldactone 25mg	
			Sandoz Spironolactone 25mg	
			Spiractin 25mg	
R110	Potassium supplements	Potassium chloride	Plenish K 600mg	
			Ultipot 600mg	

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength	
Cardiomyopathy	R195	Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Sandoz Isosorbide dinitrate 5mg; 10mg	
			Isosorbide mononitrate	Ismo 20mg	
				Monicor SR 60mg	
	R100	Influenza vaccines	Influenza, purified antigen	Influvac 0.5ml Vaxigrip single dose 0.5ml pre-filled	
	R175	Pneumococcus vaccines	Pneumococcus, purified polysaccharides antigen	Pneumovax 23	
Chronic obstructive pulmonary disease (COPD)	R40	Adrenergics: Short acting - Salbutamol	Salbutamol	Asthavent ecohaler 200 dose 100mcg	
				Venteze CFC free 200 dose 100mcg (Not available on TFG Health)	
				Ventimax CFC free 200 dose 100mcg	
	R165	Anti-asthmatics: Systemic Xanthines	Theophylline	Sandoz Theophylline anhydrous 200mg; 300mg	
	R260	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg	
				Ipvent HFA 200 dose 40mcg/dose	
	R215	Salbutamol and Ipratropium bromide	Salbutamol and Ipratropium bromide	Duolin HFA 200 dose	
	R860	Surgical item: Oxygen concentrator	Oxygen	Oxygen Concentrator (Rental)	
	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
				Panafcort 5mg	
Trolic 5mg					
R100	Influenza vaccines	Influenza, purified antigen	Influvac 0.5ml		
			Vaxigrip single dose 0.5ml pre-filled		
Chronic renal disease	R100	ACE inhibitors and diuretics	Enalapril and diuretics	Enap co 20/12.5mg	
				Lisinopril and diuretics	Adco-Zetomax co 10/12.5mg; 20/12.5mg
					Lisinopril co Unicorn 10/12.5mg; 20/12.5mg
					Lisoretic 10/12.5mg; 20/12.5mg
					Lisozide 10/12.5mg; 20/12.5mg
			Zestoretic 10/12.5mg; 20/12.5mg		
			Perindopril and diuretics	Bioprexum Plus 10/2.5mg (Not available on TFG Health)	
				Ciplasyl Plus 4/1.25mg	
				Circator Plus 4/1.25mg	
				Pearinda Plus 4/1.25mg	
	Perindopril co Unicorn 4/1.25mg				
	R85	ACE inhibitors: Plain	Captopril	Prexum Plus 5/1.25mg	
				Vectoryl Plus 4/1.25mg	
				Bio-Captopril 25mg	
Mylan Captopril 25mg; 50mg					

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Chronic renal disease	R85	ACE inhibitors: Plain	Enalapril	Alapren 5mg; 10mg; 20mg
				Enalapril Unicorn 10mg; 20mg
				Hypace 5mg
			Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg
				Austell-Lisinopril 10mg; 20mg
				Liso 5mg; 10mg; 20mg
				Sinopren 5mg; 10mg; 20mg
			Perindopril	Circator 4mg; 8mg (Not available on TFG Health)
				Pearinda 8mg (Not available on TFG Health)
				Perindopril Unicorn 4mg; 8mg (Not available on TFG Health)
				Prexum 5mg; 10mg (Not available on TFG Health)
				Ran-Perindopril 4mg
				Reprex 4mg; 8mg
	Spec-Perindopril 8mg (Not available on TFG Health)			
	Vectoryl 4mg; 8mg (Not available on TFG Health)			
	Zyace 4mg			
	Quinapril	Accumax 10mg; 20mg (Not available on TFG Health)		
	R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Co-Normoten 50/12.5mg; 100/25mg
				Losaar Plus 50/12.5mg; 100/25mg
				Netrasol co 100/25mg
				Zartan co 100/25mg
			Telmisartan and diuretics	Telpres Plus 40/12.5mg; 80/12.5mg (Not available on TFG Health)
			Valsartan and diuretics	Co-Migroben 80/12.5mg; 160/12.5mg; 160/25mg (Not available on TFG Health)
				Co-Zomevek 80/12.5mg; 160/12.5mg; 160/25mg (Not available on TFG Health)
	R110	Angiotensin II antagonists: Plain	Irbesartan	Jubitan 150mg; 300mg (Not available on TFG Health)
			Losartan	Annin 50mg; 100mg
				Ciplazar 100mg (Not available on TFG Health)
Normoten 100mg (Not available on TFG Health)				
Zaario 50mg; 100mg (Not available on TFG Health)				

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength	
Chronic renal disease	R110	Angiotensin II antagonists: Plain	Losartan	Zartan 100mg (Not available on TFG Health)	
	R300	Calcium supplements	Calcium carbonate	B-cal	
	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid	5mg
				Folic acid	5mg
	R50	Iron in combination with folic acid	Iron in combination with folic acid	Pregamal	
	R535	Iron, parenteral preparations	Iron, parenteral preparations	Cosmofer ampoule 2ml	50mg/1ml
				Equifer ampoule 5ml	100mg/5ml
				Rautevene ampoule 5ml	100mg/5ml
				Sucrofer 5ml	20mg/1ml
				Zypiron vial 5ml	20mg/1ml
	R3 340	Other anti-anaemic preparations	Darbepoetin Alfa	Aranesp pre-filled syringe 0.4ml	10mcg/0.4ml
				Aranesp pre-filled syringe 0.5ml	20mcg/0.5ml
				Aranesp pre-filled syringe 0.3ml	30mcg/0.3ml
				Aranesp pre-filled syringe 0.4ml	40mcg/0.4ml
				Aranesp pre-filled syringe 0.5ml	50mcg/0.5ml
				Aranesp pre-filled syringe 0.3ml	60mcg/0.3ml
				Aranesp prefilled syringe 0.4ml	80mcg/0.4ml
				Aranesp prefilled syringe 0.5ml	100mcg/0.5ml
			Erythropoietin	Eprex pre-fill	2000U/0.5ml; 4000U/0.4ml
				Repotin ampoule 1ml	2000U; 4000U
			Methoxy polyethylene glycol-epoetin beta	Mircera pre-filled syringe 0.3ml	30mcg/0.3ml (Not available on TFG Health)
				Mircera pre-filled syringe 0.3ml	50mcg/0.3ml (Not available on TFG Health)
				Mircera pre-filled syringe 0.3ml	75mcg/0.3ml (Not available on TFG Health)
Mircera pre-filled syringe 0.3ml				100mcg/0.3ml (Not available on TFG Health)	
Mircera pre-filled syringe 0.3ml				120mcg/0.3ml (Not available on TFG Health)	
Mircera pre-filled syringe 0.3ml	150mcg/0.3ml (Not available on TFG Health)				
Mircera pre-filled syringe 0.3ml	200mcg/0.3ml (Not available on TFG Health)				
Mircera pre-filled syringe 0.3ml	250mcg/0.3ml (Not available on TFG Health)				
R430	Vitamin D and analogues	Alfacalcidol	One alpha 0.25mcg; 1mcg		
Coronary artery disease	R35	Aspirin	Acetylsalicylic acid	Aspirin Teva 80mg	
			Myoprin 100mg		
	R200	Beta blocking agents: Non-selective	Propranolol	Indoblok 40mg	
Purbloka 40mg					

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Coronary artery disease	R85	Beta blocking agents: Selective	Atenolol	Adco-Atenolol 50mg; 100mg
				B-Block 100mg
				Tenopress 50mg; 100mg
	R250	Selective calcium channel blockers with direct cardiac effects	Diltiazem	Adco-Zildem 60mg
				Adco-Zildem SR 180mg; 240mg
			Verapamil	Vasomil 40mg; 80mg
				Verahexal SR 240mg
	R130	Selective calcium channel blockers with mainly vascular effects	Amlodipine	Amlodipine Unicorn 5mg; 10mg
				Amtas 5mg; 10mg
				Aprate 5mg; 10mg
				Austell-Amlodipine 5mg; 10mg
				Gulf Amlodipine 5mg; 10mg
				Lomanor 5mg; 10mg
				Pendine 5mg; 10mg
				Pharma Dynamics Amlodipine besylate 5mg; 10mg
			Felodipine	Felodipine-Hexal 5mg; 10mg (Not available on TFG Health)
				Plendil 2.5mg; 5mg (Not available on TFG Health)
	R195	Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Sandoz Isosorbide dinitrate 5mg; 10mg
				Isosorbide mononitrate
Ismo 20mg				
Crohn's disease	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
				Folic acid 5mg
	R810	Intestinal anti-inflammatories: Aminosalicic acid and similar agents	Mesalazine	Asacol 400mg; 800mg
				Mezavant 1200mg
				Pentasa 500mg
				Pentasa suppository 1000mg (Not available on TFG Health)
				Salofalk 1000mg
			Sulfasalazine	Salazopyrin 500mg
				Salazopyrin EN 500mg
	R1 940	Intestinal anti-inflammatories: Corticosteroids	Budesonide	Entocord enema (Not available on TFG Health)
	R775	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg
				Azathioprine PCH 50mg
	R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg
				Methotrexate 2.5mg

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength		
Crohn's disease	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg		
				Panafcort 5mg		
				Trolic 5mg		
Diabetes insipidus	R1 700	Posterior pituitary hormones: Vasopressin and analogues	Desmopressin	Ddavp 0.1mg; 0.2mg		
				Ddavp nasal spray 5ml 0.1mg/1ml		
Diabetes mellitus Type 1	***Please note that an overall monthly limit applies to Insulins across the different Insulin classes*** The overall monthly limit for TFG Health Plus is R720.					
	R530	Anti-diabetic agents: Fast-acting Insulins	Insulin Aspart	Novorapid - penfill 3ml (Not available on TFG Health)		
				Insulin Glulisine	Apidra - cartridge 3ml Apidra solostar - disposable pen 3ml (Not available on TFG Health)	
			Insulin Lispro	Humalog - cartridge 3ml Humalog - kwikpen 3ml (Not available on TFG Health)		
				Insulin Aspart	Novomix 30 - flexpen 3ml (Not available on TFG Health)	
			R720	Anti-diabetic agents: Intermediate-acting or long-acting combined with fast-acting Insulins (Biphasic)	Insulin Human	Humulin 30/70 - cartridge 3ml
						Insulin Lispro
	Insulin Human	Humulin n - cartridge 3ml; kwikpen 3ml				
		R555			Anti-diabetic agents: Long-acting Insulins	Insulin Detemir
	Insulin Glargine		Basaglar - cartridge 3ml; pre-filled pen 3ml (Not available on TFG Health) Optisulin - cartridge 3ml; pen 3ml (Not available on TFG Health) Toujeo - pen 1.5ml (Not available on TFG Health)			
			R35	Aspirin		Acetylsalicylic acid
	Myoprin 100mg					
	R280	Blood glucose monitoring agents	Glucose strips	Accu chek instant strip (Not available on TFG Health)		
				Freestyle strip optimum glucose test (Not available on TFG Health)		
				Strip accu check glucose active (Not available on TFG Health)		
				Test caresens n glucose strips 29g		
				Test fora diamond blood glucose strip		

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength	
Diabetes mellitus Type 1	R280	Blood glucose monitoring agents	Glucose strips	Test glucocheck (Not available on TFG Health)	
				Test strip blood glucose clicks bionime gs550	
				Test strip glucose contour plus	
				Test strip glucose contour ts	
				Test strip glucose glucocheck key	
				Test strip glucose on call plus ez	
				Test strip onetouch select (Not available on TFG Health)	
				Test strip onetouch select plus (Not available on TFG Health)	
	R350	Surgical item	Lancets	Lancet blood collection needle loris	
				Lancet fora collection needle sterile 30g	
				Lancet fora tender needle sterile 33g	
				Lancet freestyle test	
				Lancet glucocheck novicheck	
				Lancet oncall glucose	
				Lancet solus v2	
				Lancet unilet sterile 28g	
				Lancet unilet sterile 4cm x 6cm x 7.5cm 28g	
				Microlet lancet	
				Needles	Droplet pen needle 8mm 31g
					Needle insulin pen bd microfine 30g 8mm
Needle insulin pen bd microfine 31g 5mm					
Needle insulin pen bd microfine tw 32g 4mm					
Needle novofine					
Syringes	Syringe insulin 1.0ml with 27g needle				
	Syringe insulin bd microfine 0.3ml 30g 8mm demi				
	Syringe insulin bd microfine 1ml 30g 8mm				
	Syringe insulin bd microfine 1ml 9g 12.7mm				
Diabetes mellitus Type 2	R65	Anti-diabetic agents: Biguanides	Metformin	Accord Metformin 500mg; 850mg	
				Apex-Metformin 500mg	
				Austell-Metformin 500mg; 850mg	
				Bigsens 500mg; 850mg; 1000mg	
				Diamin 500mg; 850mg	
				Diaphage 500mg; 850mg; 1000mg	
				Gluconorm 500mg; 850mg	
				Metored 1000mg	
				Mylan Metformin 1000mg	
				Romidab 500mg; 850mg; 1000mg	
				Sandoz Metformin 500mg	

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Diabetes mellitus Type 2	***Please note that an overall monthly limit applies to Insulins across the different Insulin classes*** The overall monthly limit for TFG Health Plus is R720.			
	R530	Anti-diabetic agents: Fast-acting Insulins	Insulin Aspart	Novorapid - penfill 3ml (Not available on TFG Health)
			Insulin Glulisine	Apidra - cartridge 3ml
				Apidra solostar - disposable pen 3ml (Not available on TFG Health)
			Insulin Lispro	Humalog - cartridge 3ml
				Humalog - kwikpen 3ml (Not available on TFG Health)
			R720	Anti-diabetic agents: Intermediate-acting or long-acting combined with fast-acting Insulins (Biphasic)
	Insulin Human	Humulin 30/70 - cartridge 3ml		
	Insulin Lispro	Humalog mix 25 - cartridge 3ml		
		Humalog mix 25 - kwikpen 3ml (Not available on TFG Health)		
		Humalog mix 50 - cartridge 3ml		
		Humalog mix 50 - kwikpen 3ml (Not available on TFG Health)		
	R465	Anti-diabetic agents: Intermediate-acting Insulins	Insulin Human	Humulin n - cartridge 3ml; kwikpen 3ml
	R555	Anti-diabetic agents: Long-acting Insulins	Insulin Detemir	Levemir - prefilled cartridge 3ml (Not available on TFG Health)
			Insulin Glargine	Basaglar - cartridge 3ml; pre-filled pen 3ml (Not available on TFG Health)
				Optisulin - cartridge 3ml; pen 3ml (Not available on TFG Health)
				Toujeo - pen 1.5ml (Not available on TFG Health)
	R150	Anti-diabetic agents: Sulfonamides, urea derivatives	Gliclazide	Diagluclide MR 60mg
				Diaran MR 30mg
				Dyna Gliclazide SR 30mg
				Gliclazide Unicorn MR 30mg
				Glytab MR 30mg
	R215	Anti-diabetic agents: Thiazolidinediones	Pioglitazone	Accord Pioglitazone 15mg; 30mg; 45mg
				Pioglitazone hydrochloride Macleods 15mg; 30mg
	R35	Aspirin	Acetylsalicylic acid	Aspirin Teva 80mg
				Myoprin 100mg
	R280	Blood glucose monitoring agents	Glucose strips	Accu chek instant strip (Not available on TFG Health)
				Freestyle strip optimum glucose test (Not available on TFG Health)
Strip accu check glucose active (Not available on TFG Health)				

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Diabetes mellitus Type 2	R280	Blood glucose monitoring agents	Glucose strips	Test caresens n glucose strips 29g
				Test fora diamond blood glucose strip
				Test glucocheck (Not available on TFG Health)
				Test strip blood glucose clicks bionime gs550
				Test strip glucose contour plus
				Test strip glucose contour ts
				Test strip glucose glucocheck key
				Test strip glucose on call plus ez
				Test strip onetouch select (Not available on TFG Health)
				Test strip onetouch select plus (Not available on TFG Health)
	R350	Surgical item	Lancets	Lancet blood collection needle loris
				Lancet fora collection needle sterile 30g
				Lancet fora tender needle sterile 33g
				Lancet freestyle test
				Lancet glucocheck novicheck
				Lancet oncall glucose
				Lancet solus v2
				Lancet unilet sterile 28g
				Lancet unilet sterile 4cm x 6cm x 7.5cm 28g
				Microlet lancet
			Needles	Droplet pen needle 8mm 31g
				Needle insulin pen bd microfine 30g 8mm
				Needle insulin pen bd microfine 31g 5mm
				Needle insulin pen bd microfine tw 32g 4mm
				Needle novofine
			Syringes	Syringe insulin 1.0ml with 27g needle
				Syringe insulin bd microfine 0.3ml 30g 8mm demi
Syringe insulin bd microfine 1ml 30g 8mm				
Syringe insulin bd microfine 1ml 9g 12.7mm				
Dysrhythmia	R680	Anti-arrhythmics: class Ic	Flecainide	Tambacor 100mg
				Tambacor CR 100mg; 200mg
			Propafenone	Rythmol 150mg; 300mg (Not available on TFG Health)
	R475	Anti-arrhythmics: class III - Amiodarone	Amiodarone	Arycor 100mg; 200mg
				Bio-Amiodarone 200mg
				Hexarone 100mg; 200mg
	R85	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Dysrhythmia	R35	Aspirin	Acetylsalicylic acid	Aspirin Teva 80mg
				Myoprin 100mg
	R200	Beta blocking agents: Non-selective	Propranolol	Indoblok 40mg
				Purbloka 40mg
				Sotalol
	R85	Beta blocking agents: Selective	Atenolol	Adco-Atenolol 50mg; 100mg
				B-Block 100mg
				Tenopress 50mg; 100mg
	R35	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg
				Lanoxin paediatric/geriatric syrup 0.05mg/1ml
	R250	Selective calcium channel blockers with direct cardiac effects	Verapamil	Vasomil 40mg; 80mg
Verahexal SR 240mg				
Epilepsy	R30	Anti-epileptics: Barbiturates and derivatives	Phenobarbital	Lethyl 30mg
				Sedabarb 30mg
	R285	Anti-epileptics: Benzodiazepine derivatives	Clonazepam	Rivotril 0.5mg; 2mg
	R385	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg
				Tegretol CR 200mg; 400mg
				Zeptol 200mg
	R490	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg; 300mg
				Convulex syrup 250mg/5ml
				Epilim crushable 100mg
				Epilim sugar-free syrup 200mg/5ml
				Epilazine CR 200mg; 300mg; 500mg (Not available on TFG Health)
				Eprolep CR 200mg; 300mg; 500mg
				Navalpro CR 200mg; 300mg; 500mg
				Valeptic CR 300mg; 500mg
	R85	Anti-epileptics: Hydantoin derivatives	Phenytoin	Phenytoin sod 100mg
	R335	Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg
				Epitec 25mg; 50mg; 100mg; 200mg
				Girotec 50mg; 100mg; 200mg
				Lamitor 25mg; 50mg; 100mg; 200mg
				Serinem 25mg; 50mg; 100mg; 200mg
Topiramate			Epimate 25mg; 50mg; 100mg; 200mg	
			Epitoz 25mg; 50mg; 100mg	
R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg	
			Folic acid 5mg	

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength	
Glaucoma	R215	Anti-glaucoma agents: Carbonic anhydrase inhibitors	Dorzolamide	Glaucompress 5ml 2%	
				Trusopt 5ml owi 2% (Not available on TFG Health)	
	R245	Anti-glaucoma agents: Prostaglandin analogues	Bimatoprost	Lumigan 0.01% (Not available on TFG Health)	
				Latanoprost	Atana 2.5ml 50mcg/1ml
					Spersatan 2.5ml 50mcg/1ml
					Xalatan 2.5ml 50mcg/1ml (Not available on TFG Health)
				Tafluprost	Saftutan single dose container 0.3ml 15mcg/1ml (Not available on TFG Health)
	Travoprost	Travatan 2.5ml 0.004% (Not available on TFG Health)			
	R240	Anti-glaucoma agents: Sympathomimetics	Brimonidine	Alphagan purite 5ml 1.5mg/1ml	
				Brimoct 5ml 2mg/1ml	
	R105	Anti-glaucoma Beta blocking agents: Timolol	Timolol	Glaucosan 5ml 0.5%	
				Occumol 5ml 0.5%	
	R275	Anti-glaucoma Beta blocking agents: Timolol, combinations	Timolol, combinations	Azarga 5ml	
				Co-Atana 2.5ml	
				Combigan 5ml 2mg/5mg	
				Cosopt 5ml 0.5% (Not available on TFG Health)	
				Duotrav 2.5ml (Not available on TFG Health)	
				Ganfort 3ml	
Glaumide-co 5ml					
Gluopt co 5ml					
Ocudor co 5ml					
Xalacom 2.5ml (Not available on TFG Health)					
Haemophilia	R5	Analgesics: Paracetamol	Paracetamol	Adco-Napamol 500mg	
				Adco-Prolief 500mg	
				Cetapon 500mg	
				Painogesic 500mg	
	R220	Anti-fibrinolytics: Amino acids	Tranexamic acid	Tranexamic acid Medwich 500mg	
	R50 000	Blood coagulation factors	Coagulation factor IX	Haemosolvex IX 500U	
				Octanine F vial 30ml 250U; 500U; 1000U	
			Coagulation factor VIII	Haemosolvate VIII 300U; 500U; 1000U	
				Octanate vial 5ml 250U	
				Octanate vial 10ml 500U; 1000U	
	R1 700	Posterior pituitary hormones: Vasopressin and analogues	Desmopressin	Ddavn 0.1mg; 0.2mg	
				Ddavn nasal spray 5ml 0.1mg/1ml	

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Hyperlipidaemia	R290	Lipid modifying agents: Fibrates	Bezafibrate	Bezalip Retard 400mg
				Sandoz Bezafibrate 400mg
	R55	Lipid modifying agents: Statins	Atorvastatin	Adco Atorvastatin 10mg; 20mg; 40mg
				Aspavor 10mg; 20mg; 40mg; 80mg
				Astor 10mg; 20mg; 40mg; 80mg
				Atolip 10mg; 20mg; 40mg
				Atorvastatin Unicorn 10mg; 20mg; 40mg
				Atorvastatin Winthrop 10mg; 20mg; 40mg
				Dynator 10mg; 20mg; 40mg; 80mg
				Lestavor 10mg; 20mg; 40mg; 80mg
				Lipogen 10mg; 20mg; 40mg; 80mg
				Vastor 10mg; 20mg; 40mg
			Simvastatin	Adco-Simvastatin 10mg; 20mg; 40mg
				Aspen Simvastatin 10mg; 20mg; 40mg
				Austell-Simvastatin 10mg; 20mg; 40mg
Cipla-Simvastatin 40mg				
Zysim 10mg; 20mg				
Hypertension	R170	ACE inhibitors and calcium channel blockers	Perindopril and Amlodipine	Coveram 5/5mg; 10/5mg; 5/10mg; 10/10mg (Not available on TFG Health)
				Reaptan 5/5mg; 10/5mg; 5/10mg; 10/10mg (Not available on TFG Health)
	R100	ACE inhibitors and diuretics	Enalapril and diuretics	Enap co 20/12.5mg
				Lisinopril and diuretics
			Lisinopril co Unicorn 10/12.5mg; 20/12.5mg	
			Lisoretic 10/12.5mg; 20/12.5mg	
			Lisozide 10/12.5mg; 20/12.5mg	
			Zestoretic 10/12.5mg; 20/12.5mg	
			Perindopril and diuretics	Bioprexum Plus 10/2.5mg (Not available on TFG Health)
				Ciplasyl Plus 4/1.25mg
				Circator Plus 4/1.25mg
				Pearinda Plus 4/1.25mg
				Perindopril co Unicorn 4/1.25mg
				Prexum Plus 5/1.25mg
			Vectoryl Plus 4/1.25mg	
	R85	ACE inhibitors: Plain	Captopril	Bio-Captopril 25mg
				Mylan Captopril 25mg; 50mg
			Enalapril	Alapren 5mg; 10mg; 20mg
Enalapril Unicorn 10mg; 20mg				
Hypace 5mg				
Lisinopril			Adco-Zetomax 5mg; 10mg; 20mg	

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Hypertension	R85	ACE inhibitors: Plain	Lisinopril	Austell-Lisinopril 10mg; 20mg
				Liso 5mg; 10mg; 20mg
				Sinopren 5mg; 10mg; 20mg
			Perindopril	Circator 4mg; 8mg (Not available on TFG Health)
				Pearinda 8mg (Not available on TFG Health)
				Perindopril Unicorn 4mg; 8mg (Not available on TFG Health)
				Prexum 5mg; 10mg (Not available on TFG Health)
				Ran-Perindopril 4mg
				Reprex 4mg; 8mg
				Spec-Perindopril 8mg (Not available on TFG Health)
				Victoryl 4mg; 8mg (Not available on TFG Health)
				Zyace 4mg
			Quinapril	Accumax 10mg; 20mg (Not available on TFG Health)
	R250	Alpha and Beta blocking agents	Carvedilol	Carvedilol Unicorn 6.25mg; 12.5mg; 25mg
				Carvetrend 6.25mg; 12.5mg; 25mg
				Vediblok 6.25mg; 12.5mg; 25mg
	R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Co-Normoten 50/12.5mg; 100/25mg
				Losaar Plus 50/12.5mg; 100/25mg
				Netrasol co 100/25mg
				Zartan co 100/25mg
			Telmisartan and diuretics	Telpres Plus 40/12.5mg; 80/12.5mg (Not available on TFG Health)
			Valsartan and diuretics	Co-Migroben 80/12.5mg; 160/12.5mg; 160/25mg (Not available on TFG Health)
	Co-Zomevek 80/12.5mg; 160/12.5mg; 160/25mg (Not available on TFG Health)			
	R110	Angiotensin II antagonists: Plain	Irbesartan	Jubitan 150mg; 300mg (Not available on TFG Health)
				Losartan
			Ciplazar 100mg (Not available on TFG Health)	
			Normoten 100mg (Not available on TFG Health)	
Zaario 50mg; 100mg (Not available on TFG Health)				

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Hypertension	R110	Angiotensin II antagonists: Plain	Losartan	Zartan 100mg (Not available on TFG Health)
	R185	Anti-adrenergic agents: Alpha-adrenoreceptor antagonists	Doxazosin	Cardugen 1mg; 4mg
				Urodoxa 4mg
	R170	Anti-adrenergic agents: Methyldopa	Methyldopa	Hypotone 250mg
				Mylan Methyldopa 250mg
	R35	Anti-adrenergic agents: Rauwolfia alkaloids	Reserpine	Reserpine 0.25mg
	R100	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hyperphen 10mg; 50mg
				Sandoz Hydralazine 25mg
	R200	Beta blocking agents: Non-selective	Propranolol	Indoblok 40mg
				Purbloka 40mg
	R85	Beta blocking agents: Selective	Atenolol	Adco-Atenolol 50mg; 100mg
				B-Block 100mg
				Tenopress 50mg; 100mg
	R40	High-ceiling diuretics	Furosemide	Dino-Retic 40mg
				Furobe 40mg
				Mylan Furosemide 40mg
	R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Hexazide 25mg
				Ridaq 12.5mg
	R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax 2.5mg
				Catexan 2.5mg
				Cipla-Indapamide 2.5mg
				Dapril 2.5mg
				Mylan Indapamide 2.5mg
	R120	Potassium sparing agents	Spironolactone	Aldactone 25mg
				Sandoz Spironolactone 25mg
				Spiractin 25mg
	R110	Potassium supplements	Potassium chloride	Plenish K 600mg
Ultipot 600mg				
R250	Selective calcium channel blockers with direct cardiac effects	Diltiazem	Adco-Zildem 60mg	
			Adco-Zildem SR 180mg; 240mg	
		Verapamil	Vasomil 40mg; 80mg	
			Verahexal SR 240mg	
R130	Selective calcium channel blockers with mainly vascular effects	Amlodipine	Amlodipine Unicorn 5mg; 10mg	
			Amtas 5mg; 10mg	
			Aprate 5mg; 10mg	
			Austell-Amlodipine 5mg; 10mg	
			Gulf Amlodipine 5mg; 10mg	
			Lomanor 5mg; 10mg	

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Hypertension	R130	Selective calcium channel blockers with mainly vascular effects	Amlodipine	Pendine 5mg; 10mg
				Pharma Dynamics Amlodipine besylate 5mg; 10mg
			Felodipine	Felodipine-Hexal 5mg; 10mg (Not available on TFG Health)
				Plendil 2.5mg; 5mg (Not available on TFG Health)
Nifedipine	Cipalat Retard 20mg			
Hypothyroidism	R45	Thyroid hormones	Levothyroxine sodium	Euthyrox 25mcg; 50mcg; 100mcg
Multiple sclerosis	R90	Anti-depressants: Tricyclics	Amitriptyline	Gulf Amitriptyline 25mg
				Sandoz Amitriptyline 25mg
				Trepiline 10mg
	R280	Drugs for urinary frequency and incontinence	Oxybutynin	Mylan Oxybutynin 5mg
				Oxyrest 5mg
	R7 700	Interferons	Interferon beta-1a	Avonex pre-filled syringe 0.5ml 30mcg/0.5ml
				Rebif 22 pre-filled syringe 0.5ml 22mcg/0.5ml
				Rebif 22 rebidose pre-filled pen 0.5ml 22mcg/0.5ml
				Rebif 44 pre-filled syringe 0.5ml 44mcg/0.5ml
				Rebif 44 rebidose pre-filled pen 0.5ml 44mcg/0.5ml
	Interferon beta-1b	Betaferon pre-filled syringe 1ml 9600000U/1ml		
		Peginterferon beta-1a	Plegridy prefilled pen 0.5ml 125mcg/0.5ml	
	R1 250	Muscle relaxants: Other centrally acting agents	Baclofen	Bio-Baclofen 10mg
Teva Baclofen 10mg				
R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
			Panafcort 5mg	
			Trolic 5mg	
Parkinson's disease	R280	Anticholinergic agents: Tertiary amines	Biperiden	Akineton 2mg
	R700	Dopamine agonists	Pramipexole	Mylan Pramipexole 0.125mg; 0.25mg; 1mg
				Oxpola 0.125mg; 0.25mg; 1mg
				Pexasp 0.125mg; 0.25mg; 1mg
	R280	Dopaminergic agents: Adamantane derivatives	Amantadine	Symadin 100mg
	R680	Levodopa and decarboxylase inhibitor	Levodopa and decarboxylase inhibitor	Carbilev 25/100mg; 25/250mg
				Lecardop 25/100mg; 25/250mg
Teva Carbi-Levo 25/100mg; 25/250mg				
Rheumatoid arthritis	R70	Anti-inflammatory agents: Acetic acid derivatives and related substances	Diclofenac	Adco-Diclofenac 50mg
				A-Lennon Diclofenac 25mg; 50mg
				Diclofenac Biotech 25mg

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Rheumatoid arthritis	R70	Anti-inflammatory agents: Acetic acid derivatives and related substances	Diclofenac	Mylan Diclofenac 25mg; 50mg
				Panamor AT 50mg
			Indomethacin	Betacin 25mg
				Gulf Indomethacin 25mg
	Methocaps 25mg			
	R60	Anti-inflammatory agents: Oxicams	Meloxicam	Adco-Meloxicam 15mg
				Apex-Meloxicam 7.5mg
				Flexocam 7.5mg
				Medoxicam 7.5mg
				Melzy 7.5mg
			Piroxicam	Pyrocaps 20mg
	Roxifen 20mg			
	R45	Anti-inflammatory agents: Propionic acid derivatives	Ibuprofen	Betaprofen 200mg
				Betaprofen FC 400mg
				Bren 400mg
				Ibucine 200mg; 400mg
				Ibunate 200mg
				Ibusor 200mg
			Naproxen	Mylan Naproxen 250mg
			Naproscript 250mg	
	R105	Anti-rheumatic agents: Chloroquine	Chloroquine	Plasmoquine 200mg
	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
				Folic acid 5mg
R810	Intestinal anti-inflammatories: Aminosalicic acid and similar agents	Sulfasalazine	Salazopyrin 500mg	
			Salazopyrin EN 500mg	
R775	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg	
			Azathioprine PCH 50mg	
R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg	
			Methotrexate 2.5mg	
R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
			Panafcort 5mg	
			Trolic 5mg	
Schizophrenia	R160	Anti-depressants: SSRI's	Citalopram	Adco-Talomil 20mg
				Arrow Citalopram 40mg
				Cilate 20mg
				Citalopram-Winthrop 20mg
				Recita 20mg
		Escitalopram	Accord Escitalopram 10mg; 20mg	

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Schizophrenia	R160	Anti-depressants: SSRI's	Escitalopram	Dolin 10mg; 20mg
				Esetam 10mg; 20mg
				Marpem 20mg
			Fluoxetine	Deprozan 20mg
				Fluoxetine Actor 20mg
				Prolax 20mg
				Ranflocs 20mg
				Zydus-Fluoxetine 20mg
			Sertraline	Dyna Sertraline 50mg; 100mg
				Serdep 50mg; 100mg (Not available on TFG Health)
	Serlife 50mg; 100mg (Not available on TFG Health)			
	R385	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg
				Tegretol CR 200mg; 400mg
				Zeptol 200mg
	R945	Anti-psychotics: Clozapine	Clozapine	Aspen Clozapine 25mg; 100mg
				Cloment 25mg; 100mg
	R600	Anti-psychotics: Olanzapine	Olanzapine	Olawin 5mg; 10mg
				Olawin oradismissible 5mg; 10mg
				Prexolan 5mg; 10mg (Not available on TFG Health)
				Prexolan ODT 5mg; 10mg (Not available on TFG Health)
				Redilanz 5mg; 10mg (Not available on TFG Health)
				Zolanz 5mg; 10mg
				Zylena 5mg; 10mg (Not available on TFG Health)
	R400	Anti-psychotics: Phenothiazines with aliphatic side-chain	Chlorpromazine	Largactil 25mg; 50mg; 100mg
	R295	Anti-psychotics: Quetiapine	Quetiapine	Dopaquel 25mg; 100mg; 200mg; 300mg
				Mylan Quetiapine 25mg; 100mg; 200mg; 300mg
				Psyquet 25mg; 100mg; 200mg; 300mg
Serez 25mg; 100mg; 200mg; 300mg				
Spec Quetiapine 25mg; 100mg; 200mg; 300mg				
Zimbiquet 25mg; 100mg; 200mg; 300mg				
R650	Anti-psychotics: Thioxanthene derivatives	Flupenthixol	Fluanxol 0.5mg; 1mg	
			Fluanxol depot 1ml 20mg	
		Zuclophenthixol	Clopixol 2mg; 10mg	
			Clopixol depot 200mg	

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength		
Schizophrenia	R505	Other anti-psychotics	Aripiprazole	Arizofy 5mg; 10mg; 15mg		
			Risperidone	Risnia 0.5mg; 1mg; 2mg		
				Rispacor 0.5mg; 1mg; 2mg; 3mg		
				Rispevon 1mg; 2mg; 3mg; 4mg		
				Rispide 0.5mg; 1mg; 2mg		
				Zoxadon 0.5mg; 1mg; 2mg; 3mg; 4mg		
Systemic lupus erythematosus (SLE)	R70	Anti-inflammatory agents: Acetic acid derivatives and related substances	Diclofenac	Adco-Diclofenac 50mg		
				A-Lennon Diclofenac 25mg; 50mg		
				Diclofenac Biotech 25mg		
				Mylan Diclofenac 25mg; 50mg		
				Panamor AT 50mg		
			Indomethacin	Betacin 25mg		
				Gulf Indomethacin 25mg		
				Methocaps 25mg		
			R60	Anti-inflammatory agents: Oxicams	Meloxicam	Adco-Meloxicam 15mg
						Apex-Meloxicam 7.5mg
	Flexocam 7.5mg					
	Medoxicam 7.5mg					
	Melzy 7.5mg					
	Piroxicam	Pyrocaps 20mg				
		Roxifen 20mg				
	R45	Anti-inflammatory agents: Propionic acid derivatives	Ibuprofen	Betaprofen 200mg		
				Betaprofen FC 400mg		
				Bren 400mg		
				Ibucine 200mg; 400mg		
				Ibunate 200mg		
Ibusor 200mg						
Naproxen			Mylan Naproxen 250mg			
			Naproscript 250mg			
R105	Anti-rheumatic agents: Chloroquine	Chloroquine	Plasmoquine 200mg			
R85	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg			
R35	Aspirin	Acetylsalicylic acid	Aspirin Teva 80mg			
			Myoprin 100mg			
R25	Emollients and protectives: Zinc products	Zinc products	Zinc ointment bp			
R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg			
			Folic acid 5mg			
R775	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg			
			Azathioprine PCH 50mg			

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Systemic lupus erythematosus (SLE)	R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg
				Methotrexate 2.5mg
	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
				Panafcort 5mg
				Trolic 5mg
	R25	Topical Corticosteroids: Group III	Betamethasone	Repivate cream 0.1%
				Topivate cream 0.1%
				Vari-Betamethasone cream 0.1%
	Ulcerative colitis	R10	Folic acid and derivatives	Folic acid
Folic acid 5mg				
R810		Intestinal anti-inflammatory: Aminosalicylic acid and similar agents	Mesalazine	Asacol 400mg; 800mg
				Mezavant 1200mg
				Pentasa 500mg
				Pentasa suppository (Not available on TFG Health) 1000mg
				Salofalk 1000mg
				Sulfasalazine
R1 940		Intestinal anti-inflammatory: Corticosteroids	Budesonide	Entocord enema (Not available on TFG Health)
R775		Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg
				Azathioprine PCH 50mg
R110		Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg
				Methotrexate 2.5mg
R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
			Panafcort 5mg	
			Trolic 5mg	

The CDL Enhanced medicine list for TFG Health and TFG Health Plus

The CDA (Chronic Drug Amount) does not apply to TFG Health.

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Asthma	R280	Anti-asthmatics: Leukotriene receptor antagonists	Montelukast	Kulair 4mg; 5mg; 10mg (Not available on TFG Health)
				Lumont 4mg; 5mg; 10mg (Not available on TFG Health)
				Monteflo 4mg; 5mg; 10mg (Not available on TFG Health)
				Sintair 4mg; 5mg; 10mg (Not available on TFG Health)
				Sintrine 4mg; 5mg; 10mg (Not available on TFG Health)
				Topraz 4mg; 5mg; 10mg (Not available on TFG Health)
	R100	Nasal Corticosteroids	Beclomethasone	Beclate aquanase 150 dose 50mcg
				Clenil aqueous 200 dose 50mcg
			Fluticasone	Flomist 120 dose 50mcg (Not available on TFG Health)
				Flonase 120 dose 50mcg (Not available on TFG Health)
Chronic obstructive pulmonary disease (COPD)	R195	Adrenergics: Long acting - Formoterol	Formoterol	Foratec HFA 120 dose 12mcg/dose
	R430	Adrenergics: Ultra long acting - Indacaterol	Indacaterol	Onbrez breezhaler (30 caps & inhaler)
	R265	Formoterol and Beclomethasone	Formoterol and Beclomethasone	Innuvair 120 dose 100/6mcg (Not available on TFG Health)
	R265	Formoterol and Budesonide	Formoterol and Budesonide	Symbicord turbohaler 60 dose 160/4.5mcg
				Symbicord turbohaler 60 dose 320/9mcg (Not available on TFG Health)
				Symbicord turbohaler 120 dose 160/4.5mcg (Not available on TFG Health)
	R265	Formoterol and Mometasone	Formoterol and Mometasone	Vannair 120 dose 80/4.5mcg; 160/4.5mcg (Not available on TFG Health)
	R265	Formoterol and Mometasone	Formoterol and Mometasone	Dulera 120 dose 100/5mcg; 200/5mcg
	R545	Indacaterol and Glycopyrronium bromide	Indacaterol and Glycopyrronium bromide	Ultibro breezhaler (30 caps & inhaler)
	R450	Inhaled anticholinergics: Glycopyrronium bromide	Glycopyrronium bromide	Seebri breezhaler (30 caps & inhaler)
R545	Inhaled anticholinergics: Tiotropium bromide	Tiotropium bromide	Forvent (refill) 18mcg	
R265	Salmeterol and Fluticasone	Salmeterol and Fluticasone	Foxair accuhaler 60 dose 50/100; 50/250; 50/500 (Not available on TFG Health)	

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Chronic obstructive pulmonary disease (COPD)	R265	Salmeterol and Fluticasone	Salmeterol and Fluticasone	Sereflo HFA 120 dose 25/50
				Sereflo HFA 120 dose 25/125; 25/250 (Not available on TFG Health)
				Sereflo HFA synchrobreathe 120 dose 25/50
				Sereflo HFA synchrobreathe 120 dose 25/125; 25/250 (Not available on TFG Health)
	R265	Vilanterol and Fluticasone combinations	Vilanterol and Fluticasone furoate	Relvar ellipta 30 dose 92/22mcg (Not available on TFG Health)
Chronic renal disease	R255	Hepatitis B vaccine	Hepatitis B, purified antigen	Euvax b vial 1ml 20mcg/1ml
				Heberbio hbv sgl dose 1ml adult 20mcg/1ml
Coronary artery disease	R235	Anti-thrombotic agents: Clopidogrel	Clopidogrel	Clopidogrel 75 Biotech 75mg (Not available on TFG Health)
				Clopidogrel Unicorn 75mg (Not available on TFG Health)
				Pharma Dynamics Clopidogrel 75mg (Not available on TFG Health)
				Plagrol 75mg
				Zyklot 75mg (Not available on TFG Health)
Diabetes mellitus Type 2	R215	Anti-diabetic agents: Oral drug combinations	Metformin and Vildagliptin	Jalramet 50/850mg; 50/1000mg (Not available on TFG Health)
	R685	Anti-diabetic agents: Other, excluding Insulins: Exenatide	Exenatide	Byetta disposable pen 1.2ml 60 dose 5mcg/dose
				Byetta disposable pen 2.4ml 60 dose 10mcg/dose
	R215	Dipeptidyl peptidase inhibitors: Saxagliptin	Saxagliptin	Onglyza 2.5mg; 5mg (Not available on TFG Health)
R215	Dipeptidyl peptidase inhibitors: Vildagliptin	Vildagliptin	Jalra 50mg (Not available on TFG Health)	
Rheumatoid arthritis	R285	Anti-inflammatory agents: Coxibs	Celecoxib	Celecoxib Unicorn 100mg; 200mg (Not available on TFG Health)
				Coxleon 100mg; 200mg (Not available on TFG Health)
Systemic lupus erythematosus (SLE)	R285	Anti-inflammatory agents: Coxibs	Celecoxib	Celecoxib Unicorn 100mg; 200mg (Not available on TFG Health)
				Coxleon 100mg; 200mg (Not available on TFG Health)

Complaints process

You may lodge a complaint or query with TFG Medical Aid Scheme directly on 0860 123 077 or address a complaint in writing to the Principal Officer at the Scheme's registered address. Should your complaint remain unresolved, you may lodge a formal dispute by following the TFG Medical Aid Scheme internal disputes process.

You may, as a last resort, approach the Council for Medical Schemes for assistance.

Council for Medical Schemes Complaints Unit, Block A, Eco Glades 2 Office Park, 420 Witch-Hazel Avenue, Eco Park, Centurion, 0157 / 0861 123 267 / complaints@medicalschemes.com / www.medicalschemes.com