

## Prescribed Minimum Benefit Treatment Baskets 2020

### Who we are

TFG Medical Aid Scheme (referred to as 'the Scheme'), registration number 1578, is a non-profit organisation, registered with the Council for Medical Schemes.

Discovery Health (Pty) Ltd (referred to as "the Administrator"), is a separate company who is registered as an authorised financial services provider (registration number 1997/013480/07), administers TFG Medical Aid Scheme.

### Contact us

You can call us on **0860 123 077** or visit [www.tfgmedicalaidscheme.co.za](http://www.tfgmedicalaidscheme.co.za) for more information.

### Treatment baskets for the Prescribed Minimum Benefit Chronic Disease List conditions

The Prescribed Minimum Benefit Chronic Disease List is a list of conditions which all medical schemes need to cover on all the plans they offer to their members. This cover includes funding for the diagnosis, treatment and ongoing care for the listed conditions.

Read further to understand what procedures, investigations and consultations are covered for both the diagnosis and ongoing management for each condition.

### We will only pay Prescribed Minimum Benefit claims if your condition has been approved on the Chronic Illness Benefit

Only claims for procedures and consultations listed in the Prescribed Minimum Benefit (PMB) treatment baskets will be paid from the Chronic Illness Benefit. These are pro-rated based on the date of approval of your chronic condition. Where you have cover for the same procedure or test in more than one basket, we limit payment to the number of procedures or tests in the basket that has the highest number.

### How we pay for tests to diagnose your condition

If you have been recently diagnosed with and approved for cover for a Chronic Disease List condition, we will pay for the tests and procedures in the diagnostic basket in full. We will also pay in full for the consultation with the Healthcare provider who made the diagnosis. We will only pay for these tests, procedures and consultation provided that you were an active and valid member of the Scheme at the time of the diagnosis.

### We will pay tests and procedures for your condition according to the treatment baskets

We pay claims from the treatment baskets for the ongoing management of your condition from healthcare professionals such as pathologists, radiologists, dieticians and podiatrists in full.

### How we pay GP consultations related to your condition

#### TFG Health

We pay for four (4) consultations a year that are related to your approved condition at your chosen primary or secondary GP in the GP Network up to the agreed rate.

If you use any other GP, we will pay up to a maximum of 80% of the Scheme Rate. You must pay any difference between what is charged and what we pay.

### **TFG Health Plus**

We pay for four (4) consultations a year that are related to your approved condition at a GP who is a designated service provider up to the agreed rate.

We pay up to a maximum of 100% of the Scheme Rate for consultations with a GP who is not a designated service provider. You must pay any difference between what is charged and what we pay.

## **How we pay specialist consultations related to your condition**

### **TFG Health**

Depending on your condition, we pay for a specific number of consultations with a specialist in the Specialist Network up to the agreed rate.

We pay up to a maximum of 80% of the Scheme Rate for consultations with any other specialist. You must pay any difference between what is charged and what we pay.

### **TFG Health Plus**

Depending on your condition, we pay for a specific number of consultations with a specialist, as listed in the treatment baskets. We will pay the consultation at a specialist who is a designated service provider up to the agreed rate.

We pay up to a maximum of 100% of the Scheme Rate for consultations with a specialist who is not a designated service provider. You must pay any difference between what is charged and what we pay.

## **Please make sure your claims have the appropriate ICD-10 code**

All claims must have the appropriate ICD-10 codes (diagnostic codes) so that we can identify them and pay them from the Chronic Illness Benefit.

## **We will not pay claims from the chronic benefit if these requirements are not met**

We will not pay claims from the chronic benefit if:

- the claims are submitted without the relevant ICD-10 codes
- you are not yet registered on the Chronic Illness Benefit for a PMB condition
- you have exceeded the frequency limit on consultations or tests

To find the closest GP or specialist on our network, go to Find a healthcare professional on [www.tfgmedicalaidscheme.co.za](http://www.tfgmedicalaidscheme.co.za).

## Treatment baskets for Chronic Disease List conditions

| Condition                    | Diagnostic test codes                        |  |                                     | Ongoing management                          |  |  |   |
|------------------------------|--|--|-------------------------------------|---|--|--|---|
|                              | Diagnostic test description                  | Diagnostic test codes                          | Number of diagnostic tests we cover | Follow-up test description                  | Follow-up test codes                           | Number of follow-up tests we cover each year | Number of specialist consultations we cover each year |
| <b>Addison's disease</b>     | U & E only                                   | 4171   | 1                                   | U & E only                                  | 4171   | 3  | 1   |
|                              | Creatinine                                   | 4032 or 4221 or 4223                           | 1                                   | Creatinine                                  | 4032 or 4221 or 4223                           | 3  |   |
|                              | Cortisol level                               | 4499   | 1                                   |   |  |  |   |
|                              | ACTH stimulation testing                     | 4523   | 1                                   |   |  |  |   |
| <b>Asthma</b>                | Flow volume test                             | 1188 or 1186                                   | 1                                   | Flow volume test                            | 1188 or 1186                                   | 1  | 1   |
|                              | Peak flow                                    | 1192   | 1                                   | Peak flow                                   | 1192   | 3  |   |
| <b>Bipolar mood disorder</b> | AST - Aspartate aminotransferase             | 4130   | 1                                   | AST - Aspartate aminotransferase            | 4130   | 2  | 2   |
|                              | ALT - Alanine aminotransferase               | 4131   | 1                                   | ALT - Alanine aminotransferase              | 4131   | 2  |   |
|                              | Thyrotropin (TSH)                            | 4507   | 1                                   | Thyrotropin (TSH)                           | 4507   | 1  |   |
|                              | U & E only                                   | 4171   | 1                                   | U & E only                                  | 4171   | 2  |   |
|                              |  |  |                                     | Lithium - flame ionisation                  | 4067   | 2  |   |
|                              |  |  |                                     | Drug level in biological fluid              | 4081 or 4370 or 4493                           | 3  |   |
|                              |  |  |                                     | Creatinine                                  | 4032 or 4221 or 4223                           | 2  |   |
| <b>Bronchiectasis</b>        | Sputum MC&S - sputum analysis for infection  | 3867 & 3881 & 3885 & 3887 & 3895 & 3923 & 3924 | 1                                   | Sputum MC&S - sputum analysis for infection | 3867 & 3881 & 3885 & 3887 & 3895 & 3923 & 3924 | 4  | 1   |
|                              | Flow volume test                             | 1188 or 1186                                   | 1                                   | Flow volume test                            | 1186   | 1  |   |
|                              | Peak flow                                    | 1192   | 1                                   | Peak flow                                   | 1192   | 2  |   |
|                              | X-ray of the chest two views, PA and lateral | 30110  | 1                                   |   |  |  |   |
| <b>Cardiac failure</b>       | ECG - Electrocardiogram                      | 1232 or 1233 or 1234 or 1235 or 1236           | 1                                   | ECG - Electrocardiogram                     | 1232 or 1233 or 1234 or 1235 or 1236           | 3  | 2   |
|                              |  |  |                                     |   | 1232 or 1233 or 1234 or 1235 or 1236           | 1  |   |
|                              | Echocardiography                             | 3621 & 3622 & 3623 & 3620 & 3625               | 1                                   | Echocardiography                            | 3621 & 3622 & 3623 & 3620 & 3625               | 2  |   |
|                              | U & E only                                   | 4171   | 1                                   | U & E only                                  | 4171   | 4  |   |

| Condition   | Diagnostic test codes                        |                                      |                                     | Ongoing management                           |                                  |  |   |
|---|--|--------------------------------------|-------------------------------------|--|----------------------------------|--|---|
|   | Diagnostic test description                  | Diagnostic test codes                | Number of diagnostic tests we cover | Follow-up test description                   | Follow-up test codes             | Number of follow-up tests we cover each year | Number of specialist consultations we cover each year |
| <b>Cardiac failure</b>                              | Urine analysis (dipstick)                    | 4188                                 | 1                                   | Urine analysis (dipstick)                    | 4188                             | 4  |   |
|   | B-Type natriuretic peptide                   | 4488                                 | 1                                   | B-Type natriuretic peptide                   | 4488                             | 1  |   |
|   | Creatinine                                   | 4032 or 4221 or 4223                 | 1                                   | Creatinine                                   | 4032 or 4221 or 4223             | 4  |   |
|   | X-ray of the chest two views, PA and lateral | 30110                                | 1                                   | X-ray of the chest two views, PA and lateral | 30110                            | 1  |   |
|   | Troponin isoforms                            | 4161                                 | 1                                   | Drug level in biological fluid               | 4081 or 4370 or 4493             | 3  |   |
|   | Glucose – random/fasting                     | 4057                                 | 1                                   |  |                                  |  |   |
|   | C-reactive protein                           | 3947                                 | 1                                   |  |                                  |  |   |
|   | Full blood count                             | 3755                                 | 1                                   |  |                                  |  |   |
|   | Thyrotropin (TSH)                            | 4507                                 | 1                                   |  |                                  |  |   |
| Total cholesterol                                   | 4027   | 1                                    |                                     |  |                                  |  |   |
| <b>Cardiomyopathy</b>                               | ECG – Electrocardiogram                      | 1232 or 1233 or 1234 or 1235 or 1236 | 1                                   | ECG – Electrocardiogram                      | 1232 or                          | 3  | 2   |
|   |  |                                      |                                     |  | 1233 or 1234 or 1235 or 1236     | 1  |   |
|   | Echocardiography                             | 3621 & 3622 & 3623 & 3620 & 3625     | 1                                   | Echocardiography                             | 3621 & 3622 & 3623 & 3620 & 3625 | 2  |   |
|   | U & E only                                   | 4171                                 | 1                                   | U & E only                                   | 4171                             | 4  |   |
|   | Urine analysis (dipstick)                    | 4188                                 | 1                                   | Urine analysis (dipstick)                    | 4188                             | 4  |   |
|   | B-Type natriuretic peptide                   | 4488                                 | 1                                   | B-Type natriuretic peptide                   | 4488                             | 1  |   |
|   | Creatinine                                   | 4032 or 4221 or 4223                 | 1                                   | Creatinine                                   | 4032 or 4221 or 4223             | 4  |   |
|   | X-ray of the chest two views, PA and lateral | 30110                                | 1                                   | X-ray of the chest two views, PA and lateral | 30110                            | 1  |   |
|   | Glucose – random/fasting                     | 4057                                 | 1                                   | Prothrombin index (PI)                       | 3805                             | 24   |   |
|   | C-reactive protein                           | 3947                                 | 1                                   | Therapeutic drug level: Dosage               | 3806                             | 24   |   |
|   | Full blood count                             | 3755                                 | 1                                   | Drug level in biological fluid               | 4081 or 4370 or 4493             | 3  |   |
|   | Thyrotropin (TSH)                            | 4507                                 | 1                                   |  |                                  |  |   |
|   | Total cholesterol                            | 4027                                 | 1                                   |  |                                  |  |   |
| <b>Chronic obstructive pulmonary disease (COPD)</b> | Flow volume test                             | 1188 or 1186                         | 1                                   | Flow volume test                             | 1186                             | 1  | 1   |
|   | X-ray of the chest two views, PA and lateral | 30110                                | 1                                   | Peak flow                                    | 1192                             | 2  |   |
|   | Alpha-1-antitrypsin                          | 4005                                 | 1                                   | Drug level in biological fluid               | 4081 or 4370 or 4493             | 2  |   |
| <b>Chronic renal disease</b>                        | Full blood count                             | 3755                                 | 1                                   | Full blood count                             | 3755                             | 4  | 2   |

| Condition               | Diagnostic test codes                        |                                      |                                     | Ongoing management              |                                      |  |   |
|-------------------------|--|--------------------------------------|-------------------------------------|---------------------------------|--------------------------------------|--|---|
|                         | Diagnostic test description                  | Diagnostic test codes                | Number of diagnostic tests we cover | Follow-up test description      | Follow-up test codes                 | Number of follow-up tests we cover each year | Number of specialist consultations we cover each year |
| Chronic renal disease   | U & E only                                   | 4171                                 | 1                                   | U & E only                      | 4171                                 | 4  |   |
|                         | ECG – Electrocardiogram                      | 1232 or 1233 or 1236                 | 1                                   | ECG – Electrocardiogram         | 1232 or 1233 or 1236                 | 2  |   |
|                         | Creatinine                                   | 4032 or 4221 or 4223                 | 1                                   | Creatinine                      | 4032 or 4221 or 4223                 | 4  |   |
|                         | Serum calcium                                | 4016 or 4017 or 4375 or 4376         | 1                                   | Serum calcium                   | 4016 or 4017 or 4375 or 4376         | 4  |   |
|                         | Serum phosphates                             | 4109 or 4313                         | 1                                   | Serum phosphates                | 4109 or 4313                         | 4  |   |
|                         | Serum parathyroid hormone (PTH)              | 4512                                 | 1                                   | Serum parathyroid hormone (PTH) | 4512                                 | 2  |   |
|                         | Protein: Quantitative                        | 4213                                 | 1                                   | Protein: Quantitative           | 4213                                 | 1  |   |
|                         |  |                                      |                                     | Platelet count                  | 3797                                 | 1  |   |
|                         |  |                                      |                                     | Urine analysis (dipstick)       | 4188                                 | 4  |   |
|                         |  |                                      |                                     | Iron                            | 4071                                 | 2  |   |
| Transferrin             |  |                                      |                                     | 4144                            | 2                                    |  |   |
| Ferritin                | 4528   | 2                                    |                                     |                                 |                                      |  |   |
| Coronary artery disease | ECG – Electrocardiogram                      | 1232 or 1233 or 1234 or 1235 or 1236 | 1                                   | ECG – Electrocardiogram         | 1232 or 1233 or 1234 or 1235 or 1236 | 2  | 2   |
|                         | Echocardiography                             | 3621 & 3622 & 3623 & 3620 & 3625     | 1                                   | Echocardiography                | 3621 & 3622 & 3623 & 3620 & 3625     | 1  |   |
|                         | Creatinine                                   | 4032 or 4221 or 4223                 | 1                                   | Creatinine                      | 4032 or 4221 or 4223                 | 2  |   |
|                         | U & E only                                   | 4171                                 | 1                                   | U & E only                      | 4171                                 | 2  |   |
|                         | Glucose – random/fasting                     | 4057                                 | 1                                   | Glucose – random/fasting        | 4057                                 | 1  |   |
|                         | Total cholesterol                            | 4027                                 | 1                                   | Total cholesterol               | 4027                                 | 1  |   |
|                         | LDL cholesterol                              | 4026                                 | 1                                   | LDL cholesterol                 | 4026                                 | 1  |   |
|                         | HDL cholesterol                              | 4028                                 | 1                                   | HDL cholesterol                 | 4028                                 | 1  |   |
|                         | Triglycerides                                | 4147                                 | 1                                   | Triglycerides                   | 4147                                 | 1  |   |
|                         | C-reactive protein                           | 3947                                 | 1                                   |                                 |                                      |  |   |
|                         | Urine analysis (dipstick)                    | 4188                                 | 1                                   |                                 |                                      |  |   |
|                         | Full blood count                             | 3755                                 | 1                                   |                                 |                                      |  |   |
|                         | Thyrotropin (TSH)                            | 4507                                 | 1                                   |                                 |                                      |  |   |
|                         | X-ray of the chest two views, PA and lateral | 30110                                | 1                                   |                                 |                                      |  |   |

| Condition                      | Diagnostic test codes                                |                            |                                     | Ongoing management                                 |                                  |  |   |
|--------------------------------|--|----------------------------|-------------------------------------|--|----------------------------------|--|---|
|                                | Diagnostic test description                          | Diagnostic test codes      | Number of diagnostic tests we cover | Follow-up test description                         | Follow-up test codes             | Number of follow-up tests we cover each year | Number of specialist consultations we cover each year |
| <b>Coronary artery disease</b> | Platelet count                                       | 3797                       | 1                                   |  |                                  |  |   |
| <b>Crohn's disease</b>         | Colonoscopy  | 1653 or 1656               | 1                                   | Colonoscopy  | 1653 or 1656                     | 1  | 3   |
|                                | Erythrocyte sedimentation rate or C-reactive protein | 3743 or 3947               | 1                                   | C-reactive protein                                 | 3947                             | 2  |   |
|                                | Full blood count                                     | 3755                       | 1                                   | Full blood count                                   | 3755                             | 2  |   |
|                                | Histology  | 4567 & 4571 or 4582 & 4584 | 3                                   |  |                                  |  |   |
| <b>Diabetes insipidus</b>      | U & E only   | 4171                       | 1                                   | U & E only   | 4171                             | 3  | 1   |
|                                | Creatinine   | 4032 or 4221 or 4223       | 1                                   | Creatinine   | 4032 or 4221 or 4223             | 3  |   |
|                                | Osmolality: Serum or urine                           | 4093                       | 1                                   | Osmolality: Serum or urine                         | 4093                             | 1  |   |
| <b>Diabetes type 1</b>         | ECG – Electrocardiogram                              | 1232 or 1233 or 1236       | 1                                   | ECG – Electrocardiogram                            | 1232 or 1233 or 1236             | 1  | 1 (Ophthalmologist)                                   |
|                                | Microalbuminuria                                     | 4261 or 4262               | 1                                   | Microalbuminuria                                   | 4261 or 4262                     | 2  | 4 (Other Specialist)                                  |
|                                | Urine analysis (dipstick)                            | 4188                       | 1                                   | Urine analysis (dipstick)                          | 4188                             | 4  |   |
|                                | Total cholesterol                                    | 4027                       | 1                                   | Total cholesterol                                  | 4027                             | 1  |   |
|                                | LDL cholesterol                                      | 4026                       | 1                                   | LDL cholesterol                                    | 4026                             | 1  |   |
|                                | HDL cholesterol                                      | 4028                       | 1                                   | HDL cholesterol                                    | 4028                             | 1  |   |
|                                | Triglycerides  | 4147                       | 1                                   | Triglycerides                                      | 4147                             | 1  |   |
|                                | U & E only   | 4171                       | 1                                   | U & E only   | 4171                             | 1  |   |
|                                | Serum creatinine                                     | 4032 or 4223               | 1                                   | Serum creatinine                                   | 4032 or 4223                     | 1  |   |
|                                | Urine creatinine                                     | 4221                       | 1                                   | Urine creatinine                                   | 4221                             | 1  |   |
|                                | Glucose – random/fasting                             | 4057                       | 1                                   | HBA1c  | 4064                             | 4  |   |
|                                | Two-hour glucose-OGTT                                | 4049                       | 1                                   | Tonometry  | 3014                             | 1  |   |
|                                |  |                            |                                     | Fundus examination                                 | 3003 or 3004 or 3027             | 1  |   |
|                                |  |                            |                                     | Podiatrist   | 68301 or 68302 or 68303 or 68304 | 1  |   |
| Dietician                      |  |                            |                                     | 84200 or 84201 or 84202 or 84203 or 84204 or 84205 | 1                                |  |   |

| Condition              | Diagnostic test codes         |                                      |                                     | Ongoing management                                      |   |  |   |  |
|------------------------|-------------------------------|--------------------------------------|-------------------------------------|---|---|--|---|--|
|                        | Diagnostic test description   | Diagnostic test codes                | Number of diagnostic tests we cover | Follow-up test description                              | Follow-up test codes                                    | Number of follow-up tests we cover each year | Number of specialist consultations we cover each year |  |
| <b>Diabetes type 1</b> |                               |                                      |                                     | Basic capital equipped in own rooms by ophthalmologists | 3009  | 1  |   |  |
| <b>Diabetes type 2</b> | ECG – Electrocardiogram       | 1232 or 1233 or 1236                 | 1                                   | ECG – Electrocardiogram                                 | 1232 or 1233 or 1236                                    | 1  | 1 (Ophthalmologist)                                   |  |
|                        | Microalbuminuria              | 4261 or 4262                         | 1                                   | Microalbuminuria  | 4261 or 4262  | 2  | 1 (Other Specialist)                                  |  |
|                        | Urine analysis (dipstick)     | 4188                                 | 1                                   | Urine analysis (dipstick)                               | 4188  | 4  |   |  |
|                        | Total cholesterol             | 4027                                 | 1                                   | Total cholesterol                                       | 4027  | 1  |   |  |
|                        | LDL cholesterol               | 4026                                 | 1                                   | LDL cholesterol   | 4026  | 1  |   |  |
|                        | HDL cholesterol               | 4028                                 | 1                                   | HDL cholesterol   | 4028  | 1  |   |  |
|                        | Triglycerides                 | 4147                                 | 1                                   | Triglycerides   | 4147  | 1  |   |  |
|                        | U & E only                    | 4171                                 | 1                                   | U & E only  | 4171  | 1  |   |  |
|                        | Serum creatinine              | 4032 or 4223                         | 1                                   | Serum creatinine  | 4032 or 4223  | 1  |   |  |
|                        | Urine creatinine              | 4221                                 | 1                                   | Urine creatinine  | 4221  | 1  |   |  |
|                        | Glucose – random/fasting      | 4057                                 | 1                                   | HBA1c   | 4064  | 4  |   |  |
|                        | Two-hour glucose- OGTT        |                                      |                                     | 1   | Tonometry   | 3014   | 1   |  |
|                        |                               |                                      |                                     |   | Basic capital equipped in own rooms by ophthalmologists | 3009   | 1   |  |
| Fundus examination     |                               |                                      |                                     |   | 3003 or 3004 or 3027                                    | 1  |   |  |
| Podiatrist             |                               |                                      |                                     |   | 68301 or 68302 or 68303 or 68304                        | 1  |   |  |
| Dietician              |                               |                                      |                                     |   | 84200 or 84201 or 84202 or 84203 or 84204 or 84205      | 1  |   |  |
| <b>Dysrhythmia</b>     | ECG – Electrocardiogram       | 1232 or 1233 or 1234 or 1235 or 1236 | 1                                   | ECG – Electrocardiogram                                 | 1232 or 1233 or 1234 or 1235 or 1236                    | 3  | 2   |  |
|                        |                               |                                      |                                     |   | 1233 or 1234 or 1235 or 1236                            | 1  |   |  |
|                        | Echocardiography              | 3621 & 3622 & 3623 & 3620 & 3625     | 1                                   | Echocardiography  | 3621 & 3622 & 3623 & 3620 & 3625                        | 1  |   |  |
|                        | U & E only                    | 4171                                 | 1                                   | U & E only  | 4171  | 2  |   |  |
|                        | Magnesium: Spectrophotometric | 4094                                 | 1                                   | Magnesium: Spectrophotometric                           | 4094  | 1  |   |  |

| Condition          | Diagnostic test codes                                      |                              |                                     | Ongoing management   |                      |  |   |
|--------------------|--|------------------------------|-------------------------------------|--|----------------------|--|---|
|                    | Diagnostic test description                                | Diagnostic test codes        | Number of diagnostic tests we cover | Follow-up test description                                 | Follow-up test codes | Number of follow-up tests we cover each year | Number of specialist consultations we cover each year |
| <b>Dysrhythmia</b> | Creatinine   | 4032 or 4221 or 4223         | 1                                   | Creatinine   | 4032 or 4221 or 4223 | 1  |   |
|                    | C-reactive protein   | 3947                         | 1                                   | Prothrombin index (PI)                                     | 3805                 | 24   |   |
|                    | Thyrotropin (TSH)  | 4507                         | 1                                   | Therapeutic drug level: Dosage                             | 3806                 | 24   |   |
|                    | 24 Hour ambulatory ECG monitoring (holter)                 | 1238 & 1239                  | 1                                   | Drug level in biological fluid                             | 4081 or 4370 or 4493 | 2  |   |
|                    | Serum calcium  | 4016 or 4017 or 4375 or 4376 | 1                                   |  |                      |  |   |
| <b>Epilepsy</b>    | EEG – Electro-encephalography                              | 2711 & 2712                  | 1                                   | EEG – Electro-encephalography                              | 2711 & 2712          | 1  | 3   |
|                    | EEG with special activation                                | 75133                        | 1                                   | Drug level in biological fluid                             | 4081 or 4370 or 4493 | 3  |   |
| <b>Glaucoma</b>    | Tonometry  | 3014                         | 1                                   | Tonometry  | 3014                 | 3  | 3   |
|                    | Fundus examination   | 3003 or 3004                 | 1                                   | Fundus examination   | 3003 or 3004         | 3  |   |
|                    | Gonioscopy   | 3002                         | 1                                   | Gonioscopy   | 3002                 | 3  |   |
|                    | Basic capital equipped in own rooms by ophthalmologists    | 3009                         | 1                                   | Basic capital equipped in own rooms by ophthalmologists    | 3009                 | 3  |   |
|                    | Visual fields  | 3016 or 3017                 | 1                                   | Visual fields  | 3016 or 3017         | 2  |   |
|                    | Disc and nerve fibre layer analysis or Disc photography    | 3026 or 3027                 | 1                                   | Disc and nerve fibre layer analysis or Disc photography    | 3026 or 3027         | 1  |   |
|                    | Optical Coherent Tomography (OCT) of Optic nerve or macula | 3028                         | 2 (1 per eye)                       | Optical Coherent Tomography (OCT) of Optic nerve or macula | 3028                 | 2 (1 per eye)                                |   |
|                    | Central corneal thickness measurement                      | 3020                         | 2 (1 per eye)                       | Retinal threshold trend evaluation                         | 3018                 | 1  |   |
| <b>Haemophilia</b> | Factor VIII or Factor IX antigen or Coagulation factors    | 3758 or 3757                 | 1                                   | Factor VIII or Factor IX inhibitors                        | 3724                 | 1  | 2   |
|                    | Full blood count   | 3755                         | 1                                   | Platelet count   | 3797                 | 1  |   |
|                    | Platelet count   | 3797                         | 1                                   |  |                      |  |   |
|                    | Fibrinogen titre   | 3825                         | 1                                   |  |                      |  |   |
|                    | PTT - Partial thromboplastin time                          | 3837                         | 1                                   |  |                      |  |   |
|                    | Prothrombin index (PI)                                     | 3805                         | 1                                   |  |                      |  |   |
|                    | Therapeutic drug level: Dosage                             | 3806                         | 1                                   |  |                      |  |   |
|                    | Bleeding time  | 3713                         | 1                                   |  |                      |  |   |
|                    | Thrombin time  | 3841                         | 1                                   |  |                      |  |   |



| Condition            | Diagnostic test codes   |                         |                                     | Ongoing management  |                         |  |   |
|----------------------|---|-------------------------|-------------------------------------|---|-------------------------|--|---|
|                      | Diagnostic test description   | Diagnostic test codes   | Number of diagnostic tests we cover | Follow-up test description  | Follow-up test codes    | Number of follow-up tests we cover each year | Number of specialist consultations we cover each year |
| Hyperlipidaemia      | Total cholesterol   | 4027                    | 1                                   | Total cholesterol   | 4027                    | 1  | 0   |
|                      | LDL cholesterol   | 4026                    | 1                                   | LDL cholesterol   | 4026                    | 1  |   |
|                      | HDL cholesterol   | 4028                    | 1                                   | HDL cholesterol   | 4028                    | 1  |   |
|                      | Triglycerides   | 4147                    | 1                                   | Triglycerides   | 4147                    | 1  |   |
|                      | Thyrotropin (TSH)   | 4507                    | 1                                   | AST - Aspartate aminotransferase  | 4130                    | 1  |   |
|                      |   |                         |                                     | ALT - Alanine aminotransferase  | 4131                    | 1  |   |
| Hypertension         | ECG - Electrocardiogram   | 1232 or 1233            | 1                                   | ECG - Electrocardiogram   | 1232 or 1233            | 1  | 1   |
|                      | Urine analysis (dipstick)   | 4188                    | 1                                   | Urine analysis (dipstick)   | 4188                    | 1  |   |
|                      | Glucose - random/fasting  | 4057                    | 1                                   | Glucose - random/fasting  | 4057                    | 1  |   |
|                      | Total cholesterol   | 4027                    | 1                                   | Total cholesterol   | 4027                    | 1  |   |
|                      | Creatinine  | 4032 or 4221 or 4223    | 1                                   | Creatinine  | 4032 or 4221 or 4223    | 1  |   |
|                      | 24 Hour ambulatory blood pressure   | 1237                    | 1                                   | Potassium   | 4113                    | 1  |   |
|                      | U & E only  | 4171                    | 1                                   |   |                         |  |   |
| Hypothyroidism       | Thyrotropin (TSH)   | 4507                    | 1                                   | Thyrotropin (TSH)   | 4507                    | 2  | 0   |
|                      | Free thyroxine (FT4)  | 4482                    | 1                                   | Free thyroxine (FT4)  | 4482                    | 2  |   |
|                      | Total cholesterol   | 4027                    | 1                                   |   |                         |  |   |
| Multiple sclerosis   | MR of the brain pre and post contrast or uncontrasted   | 10430 or 10410          | 1                                   | MR of the brain pre and post contrast or uncontrasted                                       | 10430 or 10410          | 1  | 2   |
|                      | MR of the cervical spine and cranio-cervical junction pre and post contrast or uncontrasted       | 51420 or 51410 or 51400 | 1                                   | MR of the cervical spine and cranio-cervical junction pre and post contrast or uncontrasted | 51420 or 51410 or 51400 | 1  |   |
|                      | MR of the thoracic spine pre and post contrast or uncontrasted                                    | 52420 or 52410 or 52400 | 1                                   | MR of the thoracic spine pre and post contrast or uncontrasted                              | 52420 or 52410 or 52400 | 1  |   |
|                      | MR of the lumbar spine pre and post contrast or uncontrasted                                      | 53420 or 53410 or 53400 | 1                                   | MR of the lumbar spine pre and post contrast or uncontrasted                                | 53420 or 53410 or 53400 | 1  |   |
|                      | Visual evoked potentials (VEP): Unilateral  | 2681                    | 1                                   | AST - Aspartate aminotransferase  | 4130                    | 1  |   |
|                      | Visual evoked potentials (VEP): Bilateral   | 2682                    | 1                                   | ALT - Alanine aminotransferase  | 4131                    | 1  |   |
| Parkinson's disease  | No diagnostic or monitoring tests apply as the diagnosis of this condition remains a clinical one |                         |                                     |   |                         |  | 2   |
| Rheumatoid arthritis | Erythrocyte sedimentation rate or C-reactive protein  | 3743 or 3947            | 1                                   | Erythrocyte edimentation rate or C-reactive protein   | 3743 or 3947            | 4  | 4   |
|                      | Full blood count  | 3755                    | 1                                   | Full blood count  | 3755                    | 2  |   |
|                      | Platelet count  | 3797                    | 1                                   | Platelet count  | 3797                    | 2  |   |
|                      | Urine analysis (dipstick)   | 4188                    | 1                                   | Urine analysis (dipstick)   | 4188                    | 4  |   |

| Condition                    | Diagnostic test codes                                |                                  |                                     | Ongoing management                                   |                      |  |   |
|------------------------------|--|----------------------------------|-------------------------------------|--|----------------------|--|---|
|                              | Diagnostic test description                          | Diagnostic test codes            | Number of diagnostic tests we cover | Follow-up test description                           | Follow-up test codes | Number of follow-up tests we cover each year | Number of specialist consultations we cover each year |
| Rheumatoid arthritis         | ALT – Alanine aminotransferase                       | 4131                             | 1                                   | ALT – Alanine aminotransferase                       | 4131                 | 4  |   |
|                              | Anti-CCP   | 4600                             | 1                                   | Anti-CCP   | 4600                 | 1  |   |
|                              | X-ray of the right hand                              | 65105                            | 1                                   | X-ray of the right hand                              | 65105                | 1  |   |
|                              | X-ray of the left hand                               | 65100                            | 1                                   | X-ray of the left hand                               | 65100                | 1  |   |
|                              | X-ray of the right foot                              | 74125                            | 1                                   | X-ray of the right foot                              | 74125                | 1  |   |
|                              | X-ray of the left foot                               | 74120                            | 1                                   | X-ray of the left foot                               | 74120                | 1  |   |
|                              | X-ray of the chest two views, PA and lateral         | 30110                            | 1                                   | X-ray of the chest two views, PA and lateral         | 30110                | 1  |   |
|                              | Rheumatoid factor                                    | 3959                             | 1                                   |  |                      |  |   |
|                              | ANF  | 3934                             | 1                                   |  |                      |  |   |
| Schizophrenia                |  |                                  |                                     | AST – Aspartate aminotransferase                     | 4130                 | 2  | 4   |
|                              |  |                                  |                                     | ALT – Alanine aminotransferase                       | 4131                 | 2  |   |
|                              |  |                                  |                                     | U & E only   | 4171                 | 2  |   |
|                              |  |                                  |                                     | Creatinine   | 4032 or 4221 or 4223 | 2  |   |
|                              |  |                                  |                                     | Drug level in biological fluid                       | 4081 or 4370 or 4493 | 3  |   |
| Systemic lupus erythematosus | Full blood count                                     | 3755                             | 1                                   | Full blood count                                     | 3755                 | 4  | 4   |
|                              | Urine analysis (dipstick)                            | 4188                             | 1                                   | Urine analysis (dipstick)                            | 4188                 | 4  |   |
|                              | U & E only   | 4171                             | 1                                   | U & E only   | 4171                 | 4  |   |
|                              | Platelet count                                       | 3797                             | 1                                   | Platelet count                                       | 3797                 | 1  |   |
|                              | X-ray of the chest two views, PA and lateral         | 30110                            | 1                                   | X-ray of the chest two views, PA and lateral         | 30110                | 1  |   |
|                              | Complement fixation test                             | 3963 or 4182                     | 1                                   | Complement fixation test                             | 3963 or 4182         | 2  |   |
|                              | Erythrocyte sedimentation rate or C-reactive protein | 3743 or 3947                     | 1                                   | Erythrocyte sedimentation rate or C-reactive protein | 3743 or 3947         | 4  |   |
|                              | Creatinine   | 4032 or 4221 or 4223             | 1                                   | Creatinine   | 4032 or 4221 or 4223 | 4  |   |
|                              | Skin biopsy  | 4567 & 0233 & 0234 & 0235 & 0237 | 1                                   | Total cholesterol                                    | 4027                 | 1  |   |
|                              | Kidney biopsy  | 1841                             | 1                                   | Creatinine kinase                                    | 4152 or 4153         | 2  |   |
| Extractable nuclear antigens | 3934 or 3948   | 1                                | Antiglobulin test (Coombs)          | 3709   | 2                    |  |   |

| Condition                           | Diagnostic test codes       |                            |                                     | Ongoing management               |                                |  |   |
|-------------------------------------|-----------------------------|----------------------------|-------------------------------------|----------------------------------|--------------------------------|--|---|
|                                     | Diagnostic test description | Diagnostic test codes      | Number of diagnostic tests we cover | Follow-up test description       | Follow-up test codes           | Number of follow-up tests we cover each year | Number of specialist consultations we cover each year |
| <b>Systemic lupus erythematosus</b> | Urine microscopy            | 3867                       | 1                                   | AST – Aspartate aminotransferase | 4130                           | 4  |   |
|                                     | ANF                         | 3934                       | 1                                   |                                  | ALT – Alanine aminotransferase | 4131   |   |
|                                     | DNA antibodies              | 4529 or 3948               | 1                                   |                                  |                                |  |   |
|                                     | Histology                   | 4567 & 4571 or 4582 & 4584 | 3                                   |                                  |                                |  |   |
| <b>Ulcerative colitis</b>           | Colonoscopy                 | 1653 or 1656               | 1                                   | Colonoscopy                      | 1653 or 1656                   | 1  | 3   |
|                                     | C-reactive protein          | 3947                       | 1                                   | C-reactive protein               | 3947                           | 2  |   |
|                                     | Full blood count            | 3755                       | 1                                   | Full blood count                 | 3755                           | 2  |   |
|                                     | Histology                   | 4567 & 4571 or 4582 & 4584 | 3                                   | Histology                        | 4567 & 4571 or 4582 & 4584     | 1  |   |
|                                     |                             |                            |                                     | Flexible sigmoidoscopy           | 1676                           | 1  |   |

### Complaints process

You may lodge a complaint or query with TFG Medical Aid Scheme directly on 0860 123 077 address a complaint in writing to the Principal Officer at the Scheme’s registered address. Should your complaint remain unresolved, you may lodge a formal dispute by following the TFG Medical Aid Scheme internal disputes process.

You may, as a last resort, approach the Council for Medical Schemes for assistance.

Council for Medical Schemes Complaints Unit, Block A, Eco Glades 2 Office Park, 420 Witch-Hazel Avenue, Eco Park, Centurion, 0157 / 0861 123 267 / [complaints@medicalschemes.com](mailto:complaints@medicalschemes.com) / [www.medicalschemes.com](http://www.medicalschemes.com)