

## The Screening and Prevention Benefit – 2020

### Who we are

TFG Medical Aid Scheme (referred to as “the Scheme”), registration number 1578, is a non-profit organisation, registered with the Council for Medical Schemes.

Discovery Health (Pty) Ltd (referred to as “the Administrator”), is a separate company and an authorized financial services provider (registration number 1997/013480/07). We take care of the administration of your membership for the Scheme.

### Contact us

You can call us on **0860 123 077** or visit **[www.tfgmedicalaidscheme.co.za](http://www.tfgmedicalaidscheme.co.za)** for more information.

### The Screening and Prevention Benefit, at a glance

Preventive screening is important in making sure you detect medical conditions early and we can ensure the best care for you. The Screening and Prevention Benefit covers preventive tests, screenings or one seasonal flu vaccination (for members registered for certain chronic conditions and members older than 65 years).

Having these specific tests (up to the specified number) does not affect your day-to-day benefits and you should not have any out-of-pocket expenses.

### The tests that the Screening and Prevention Benefit covers

1. The tests covered on the benefit are:
  - One mammogram (male and female)
  - Once off BRCA testing for those with a genetic risk
  - One Pap smear
  - One prostate-specific antigen (PSA) test
  - HIV screening, including blood tests such as the Rapid and ELISA
  - One LDL Cholesterol test per high risk beneficiary per year
2. You also have cover of up to the Scheme Rate for the following group of tests called the Health Check:
  - Blood glucose
  - Blood pressure
  - Cholesterol
  - Body mass index or weight assessment.

You can have one Health Check per year at a pharmacy in the Discovery Wellness Network or at a Wellness Day. Further tests will be paid from your available day-to-day benefits.

\* If you had your screening mammogram and/or Pap smear done in 2018 and are not at high risk, your next mammogram and/or Pap smear will pay from the screening and prevention benefit in 2020 or 2021 respectively.

Members that are at high risk for breast cancer have:

- A strong family history of breast cancer this would include first degree relatives (mother, sister or daughter) and second degree relatives (aunt, uncle, nieces, nephews, grandparents, grandchildren)
- A genetic predisposition to breast cancer (BRCA positive)
- A personal history of breast cancer
- Specific ethnicity (e.g. Ashkenazi Jews of Eastern or Central European descent and Afrikaner women of Dutch descent).

You qualify for one seasonal flu vaccine each year if you are older than 65 years or are registered for one of the following chronic conditions:

- Asthma
- Bronchiectasis
- Cardiac failure
- Cardiomyopathy
- Chronic obstructive pulmonary disease (COPD)
- Chronic renal disease
- Coronary artery disease
- Diabetes (Types 1 and 2)
- HIV.

Members who do not meet these criteria can still have a flu vaccination and this will be covered from the available funds in your day-to-day benefits, where applicable.

### **How to get the most out of the benefits available to you**

Find a pharmacy in the Discovery Wellness Network on [www.tfgmedicalaidscheme.co.za](http://www.tfgmedicalaidscheme.co.za).

You must have all of the Health Check tests done at the same time at a pharmacy in the Discovery Wellness Network. If you choose to have the tests done at any other provider, or at different times, the costs of the tests will be paid from your day-to-day benefits, if available.

Have the tests at a registered healthcare professional and make sure your pathology and radiology tests have been appropriately referred.

You can choose where to have your screening tests. However, if you choose to see a healthcare provider who is not part of our designated service provider network, you will be responsible to pay any shortfall on the accounts.

### **What this benefit may expose you to**

The preventive tests, including the mammogram, BRCA, Pap smear, prostate specific antigen, HIV and LDL Cholesterol tests are paid up to the Scheme Rate. You may be responsible for any shortfall if the healthcare provider charges more than the Scheme Rate.

The Screening and Prevention Benefit does not cover the cost of any related consultations. Consultations are covered from the available funds in your day-to-day benefits



MEDICAL AID SCHEME

The Screening and Prevention Benefit covers one of each type of test in a year with the exception of HIV blood tests, which are unlimited. Further tests will be paid from your available day-to-day benefits.

The preventive tests and screenings must be referred and done by an appropriately registered healthcare professional. You can visit any pathologist or radiologist to have the tests done.

### **Complaints process**

You may lodge a complaint or query with TFG Medical Aid Scheme directly on 0860 123 077 address a complaint in writing to the Principal Officer at the Scheme's registered address. Should your complaint remain unresolved, you may lodge a formal dispute by following the TFG Medical Aid Scheme internal disputes process.

You may, as a last resort, approach the Council for Medical Schemes for assistance.  
Council for Medical Schemes Complaints Unit, Block A, Eco Glades 2 Office Park, 420 Witch-Hazel Avenue, Eco Park, Centurion, 0157 / 0861 123 267 / [complaints@medicalschemes.com](mailto:complaints@medicalschemes.com) / [www.medicalschemes.com](http://www.medicalschemes.com)