

## Chronic Illness Benefit medicine list (formulary) 2022

### Who we are

TFG Medical Aid Scheme (referred to as "the Scheme"), registration number 1578, is a non-profit organisation, registered with the Council for Medical Schemes.

Discovery Health (Pty) Ltd (referred to as "the Administrator"), is a separate company who is registered as an authorised financial services provider (registration number 1997/013480/07), administers TFG Medical Aid Scheme.

### Contact us

You can call us on 0860 123 077 or visit [www.tfgmedicalaidscheme.co.za](http://www.tfgmedicalaidscheme.co.za) for more information.

### Important information you need to know

We may change the information contained in this document from time to time. We will communicate any changes to the way we pay medicines when we make these changes.

The Chronic Illness Benefit (CIB) is managed by the TFG Medical Aid Scheme rules. The use of the benefits and programmes linked with the Chronic Illness Benefit are subject to specific conditions and rules. Members must make sure that they know these rules and conditions.

Any instructions or advice on medicines and the management of the member's condition are intended to add to, and not replace, the knowledge, expertise, skill and judgment of the member's doctor, pharmacist or other healthcare professional.

You get full cover for approved chronic medicine on the medicine list. You may have a co-payment for medicine not on the medicine list.

TFG Medical Aid Scheme and Discovery Health (Pty) Ltd reserve the right to change the benefit at any time.

## Explanation of terms

### Active ingredient

This is the main substance in a medicine that is responsible for the clinical action on a human body.

### Benefit year

A benefit year refers to the benefits a member is entitled to during a calendar year, that is to say 1 January to 31 December. This medicine list (formulary) and Chronic Drug Amounts are applicable for 2022 only.

### Chronic Disease List (CDL)

A defined list of chronic conditions we cover according to the Prescribed Minimum Benefits.

### Chronic Drug Amount (CDA)

The CDA is a monthly amount we pay up to for a medicine class. This applies to medicine that is not listed on the medicine list (formulary). The Chronic Drug Amount includes VAT and the dispensing fee. The CDA (Chronic Drug Amount) does not apply to TFG Health. On TFG Health we cover up to the Generic Reference Price (GRP), which is up to the lowest cost medicine of the same kind on our medicine list for the condition.

### Medicine class

This describes medicines that have similar chemical structures or similar therapeutic effects.

### Prescribed Minimum Benefit conditions (PMB conditions)

These are conditions which all medical schemes are required to cover by the Council for Medical Schemes for any setting according to clinical guidelines.

## The Prescribed Minimum Benefit (PMB) Chronic Disease List (CDL) Medicine list for TFG Health and TFG Health Plus

The Chronic Drug Amount (CDA) does not apply to TFG Health

Medicine marked with an asterisk (\*) will soon be removed from the medicine list (formulary)

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Addison's disease	R215	Systemic Corticosteroids: Hydrocortisone	Hydrocortisone	Covocort 10mg
	R130	Systemic Corticosteroids: Mineralocorticoids	Fludrocortisone	Florinef acetate 0.1mg
Asthma	R205	Adrenergics: Long acting - Formoterol	Formoterol	Foratec HFA 120 dose 12mcg/dose
	R40	Adrenergics: Short acting - Salbutamol	Salbutamol	Asthavent ecohaler 200 dose * 100mcg
				Glenbute 200 dose 100mcg
				Ventimax CFC free 200 dose 100mcg
	R165	Anti-asthmatics: Systemic Xanthines	Theophylline	Theophylline anhydrous Kiara 200mg; 300mg
	R240	Formoterol and Beclomethasone	Formoterol and Beclomethasone	Innuvair 120 dose 100/6mcg <b>(Not available on TFG Health)</b>
	R240	Formoterol and Budesonide	Formoterol and Budesonide	Symbicord turbohaler 60 dose 320/9mcg <b>(Not available on TFG Health)</b>
				Symbicord turbohaler 60 dose 160/4.5mcg
				Symbicord turbohaler 120 dose 160/4.5mcg <b>(Not available on TFG Health)</b>
				Vannair 120 dose 80/4.5mcg; 160/4.5mcg <b>(Not available on TFG Health)</b>
	R240	Formoterol and Mometasone	Formoterol and Mometasone	Dulera 120 dose 100/5mcg; 200/5mcg
	R260	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg
	R190	Inhaled Glucocorticoids	Beclomethasone	Beceze 200 dose 50mcg
				Beclate 200 dose 50mcg; 100mcg; 200mcg
				Beclomethasone Glenmark 200 dose 50mcg; 100mcg; 200mcg
			Budesonide	Budeflam HFA 300 dose 100mcg; 200mcg
				Pulmicort turbuhaler 200 dose 200mcg
	Ciclesonide	Ciclovent 60 dose 80mcg; 160mcg <b>(Not available on TFG Health)</b>		
	R240	Salmeterol and Fluticasone	Salmeterol and Fluticasone	Airflusal forspiro 60 dose 50/500 <b>(Not available on TFG Health)</b>
				Foxair accuhaler 60 dose 50/500 <b>(Not available on TFG Health)</b>
Sereflo DPI 60 dose 50/100; 50/250 <b>(Not available on TFG Health)</b>				
Sereflo HFA 120 dose 25/50				
Sereflo HFA 120 dose 25/125; 25/250 <b>(Not available on TFG Health)</b>				
Sereflo HFA synchrobreathe 120 dose 25/50				

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Asthma	R240	Salmeterol and Fluticasone	Salmeterol and Fluticasone	Sereflo HFA synchrobreathe 120 dose 25/125; 25/250 <b>(Not available on TFG Health)</b>
	R240	Vilanterol and Fluticasone	Vilanterol and Fluticasone furoate	Relvar ellipta 30 dose 92/22mcg <b>(Not available on TFG Health)</b>
	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg Panafcort 5mg Trolac 5mg
Bipolar mood disorder	R140	Anti-depressants: SSRI's	Citalopram	Adco-Talomil 20mg
				Citalopram 20 Oethmaan 20mg
				Depramil 20mg
				Recita 20mg
			Escitalopram	Accord Escitalopram 10mg; 20mg
				Dolin 10mg; 20mg
				Esetam 10mg; 20mg
				Espradep * 10mg
				Zyescito * 10mg; 20mg
			Fluoxetine	Deprozan 20mg
				Fluoxetine 20 Oethmaan 20mg
				Prolax 20mg
	Sertraline	Dyna Sertraline 50mg; 100mg		
		Serlife 50mg; 100mg		
	R385	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg
				Tegretol CR 200mg; 400mg
				Zeptol 200mg
	R430	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg; 300mg
				Convulex syrup 250mg/5ml
				Epilim crushable 100mg
				Epilim sugar-free syrup 200mg/5ml
				Eprolep CR 200mg; 300mg; 500mg
				Navalpro CR 200mg; 300mg; 500mg
Valeptic CR 300mg; 500mg				
R335	Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg	
			Epitec 25mg; 50mg; 100mg; 200mg	
			Girotec 50mg; 100mg; 200mg	
			Serinem 25mg; 50mg; 100mg; 200mg	
R160	Anti-psychotics: Butyrophenone derivatives	Haloperidol	Haloperidol 5 Oethmaan 5mg	
R945	Anti-psychotics: Clozapine	Clozapine	Aspen Clozapine 25mg; 100mg	
			Clozapine Oethmaan 25mg; 100mg	
R345	Anti-psychotics: Lithium	Lithium	Camcolit 250mg; 400mg	
R500	Anti-psychotics: Olanzapine	Olanzapine	Oleanz 5mg; 10mg	
			Olexar 5mg; 10mg	
			Zolanz 5mg; 10mg	
			Zylena 5mg; 10mg	

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength	
Bipolar mood disorder	R400	Anti-psychotics: Phenothiazines with aliphatic side-chain	Chlorpromazine	Largactil 25mg; 50mg; 100mg	
	R295	Anti-psychotics: Quetiapine	Quetiapine	Aroquet 25mg; 100mg; 200mg; 300mg	
				Dopaquel 25mg; 100mg; 200mg; 300mg	
				Mylan Quetiapine 25mg; 100mg; 200mg; 300mg	
				Psyquet 25mg; 100mg; 200mg; 300mg	
				Truvalin 25mg; 100mg; 200mg; 300mg	
				Zimbiquet 25mg; 100mg; 200mg; 300mg	
	R650	Anti-psychotics: Thioxanthene derivatives	Flupenthixol	Fluanxol 0.5mg; 1mg	
				Fluanxol depot 1ml 20mg	
			Zuclopenthixol	Clopixol 2mg; 10mg	
				Clopixol depot 200mg	
	R235	Other anti-psychotics: Aripiprazole	Aripiprazole	Abipip 5mg; 10mg; 15mg	
				Abipip ODT 10mg; 15mg	
				Apripent 5mg; 10mg; 15mg	
				Aprizon 5mg; 10mg; 15mg	
				Aridus 10mg; 15mg	
				Aripiprazole Mylan 5mg; 10mg; 15mg	
				Aripiprazole Teva 5mg; 10mg; 15mg	
				Arizofy 5mg; 10mg; 15mg	
				Priptrin 10mg; 15mg	
	R440	Other anti-psychotics: Risperidone	Risperidone	Risnia 0.5mg; 1mg; 2mg; 3mg	
				Rispacor 0.5mg; 1mg; 2mg; 3mg	
				Rispide 0.5mg; 1mg; 2mg	
Zoxadon 0.5mg; 1mg; 2mg; 3mg; 4mg					
Zoxadon ODT 0.5mg; 1mg; 2mg					
Bronchiectasis	R40	Adrenergics: Short acting - Salbutamol	Salbutamol	Asthavent ecohaler 200 dose * 100mcg	
				Glenbute 200 dose 100mcg	
				Ventimax CFC free 200 dose 100mcg	
	R260	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg	
	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
				Panafcort 5mg	
Trolic 5mg					
Cardiac failure	R90	ACE inhibitors and diuretics	Enalapril and diuretics	Enap co 20/12.5mg	
				Lisinopril and diuretics	Adco-Zetomax co 10/12.5mg; 20/12.5mg
					Lisinopril co Unicorn 10/12.5mg; 20/12.5mg
					Lisoretic 10/12.5mg; 20/12.5mg
			Lisozide 10/12.5mg; 20/12.5mg		
			Perindopril and diuretics	Bioprexum Plus 10/2.5mg <b>(Not available on TFG Health)</b>	
				Ciplasyl Plus 4/1.25mg	
				Circator Plus 4/1.25mg	
				Pearinda Plus 4/1.25mg; 8/2.5mg	
Perindopril co Unicorn 4/1.25mg					

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Cardiac failure	R90	ACE inhibitors and diuretics	Perindopril and diuretics	Prexum Plus 5/1.25mg
				Spec-Perindopril Plus 4/1.25mg
				Trexeva Plus 5/1.25mg
				Vectoryl Plus 4/1.25mg
	R75	ACE inhibitors: Plain	Captopril	Bio-Captopril 25mg
				Mylan Captopril 25mg; 50mg
			Enalapril	Alapren 5mg; 10mg; 20mg
				Enalapril Unicorn 5mg; 10mg; 20mg
				Hypace 5mg
			Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg
				Austell-Lisinopril 10mg; 20mg
				Liso 5mg; 10mg; 20mg
				Lizro 5mg; 10mg; 20mg
				Sinopren 5mg; 10mg; 20mg
			Perindopril	Ciplasyl 4mg <b>(Not available on TFG Health)</b>
				Circator 4mg; 8mg <b>(Not available on TFG Health)</b>
				Pearinda 4mg; 8mg <b>(Not available on TFG Health)</b>
				Perindopril Unicorn 4mg; 8mg <b>(Not available on TFG Health)</b>
				Prexum 10mg <b>(Not available on TFG Health)</b>
				Ran-Perindopril 4mg <b>(Not available on TFG Health)</b>
	Reprex 4mg; 8mg			
	Vectoryl 4mg; 8mg <b>(Not available on TFG Health)</b>			
	Zyace 4mg <b>(Not available on TFG Health)</b>			
	R220	Alpha and Beta blocking agents	Carvedilol	Carloc 6.25mg; 12.5mg; 25mg
				Carvedilol Unicorn 6.25mg; 12.5mg; 25mg
				Carvetrend 6.25mg; 12.5mg; 25mg
				Rubitrend 12.5mg; 25mg
	R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Austell Losartan co 50/12.5mg
				Co-Normoten 50/12.5mg; 100/25mg
				Losaar Plus 50/12.5mg; 100/25mg
				Losartan comp Biotech 50/12.5mg; 100/25mg
				Sartoc-co 50/12.5mg; 100/25mg
				Zartan co 50/12.5mg; 100/25mg
Telmisartan and diuretics			Telpres Plus 40/12.5mg; 80/12.5mg <b>(Not available on TFG Health)</b>	
			Tesar co 40/12.5mg; 80/12.5mg <b>(Not available on TFG Health)</b>	
			Ticarda Plus 40/12.5mg; 80/12.5mg <b>(Not available on TFG Health)</b>	

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength	
Cardiac failure	R100	Angiotensin II antagonists: Combinations	Telmisartan and diuretics	Tremistan Plus 40/12.5mg; 80/12.5mg <b>(Not available on TFG Health)</b>	
			Valsartan and diuretics	Regoval co 80/12.5mg; 160/12.5mg; 160/25mg <b>(Not available on TFG Health)</b>	
	R110	Angiotensin II antagonists: Plain	Losartan	Annin	50mg; 100mg
				Austell Losartan	50mg; 100mg
				Losartan Accord <b>(Not available on TFG Health)</b>	50mg; 100mg
				Zaario <b>(Not available on TFG Health)</b>	50mg; 100mg
				Zartan <b>(Not available on TFG Health)</b>	50mg; 100mg
			Valsartan	Adco-Valsartan <b>(Not available on TFG Health)</b>	80mg; 160mg
				Regoval <b>(Not available on TFG Health)</b>	80mg; 160mg
				Valheft * <b>(Not available on TFG Health)</b>	80mg; 160mg
				Vasovan <b>(Not available on TFG Health)</b>	80mg; 160mg
	R100	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hydralazine HCl 25 Kiara	25mg
				Hyperphen	10mg; 50mg
	R80	Beta blocking agents: Selective	Bisoprolol	Adco-Bisocor	5mg; 10mg
				Betacor *	5mg; 10mg
				Bilocor *	5mg; 10mg
				Bisbeta	5mg; 10mg
				Bislo *	5mg; 10mg
				Bisoprolol Unicorn *	5mg; 10mg
				Bisozyd *	5mg; 10mg
				Emcor	5mg; 10mg
	Presicard	5mg; 10mg			
R35	Cardiac glycosides: Digoxin	Digoxin	Lanoxin	0.0625mg; 0.25mg	
			Lanoxin paediatric/geriatric syrup	0.05mg/1ml	
R40	High-ceiling diuretics	Furosemide	Dino-Retic	40mg	
			Diuresix	40mg	
			Furobe	40mg	
			Mylan Furosemide	40mg	
R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Hexazide	25mg	
			Ridaq	12.5mg	
R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax	2.5mg	
			Catexan	2.5mg	
			Cipla-Indapamide	2.5mg	
			Dapril	2.5mg	
			Mylan Indapamide	2.5mg	
R120	Potassium sparing agents	Spironolactone	Spiractin	25mg	
R110	Potassium supplements	Potassium chloride	Plenish-K SR	600mg	

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Cardiac failure	R110	Potassium supplements	Potassium chloride	Ultipot 600mg
	R250	Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Isosorbide dinitrate Kiara 5mg; 10mg
			Isosorbide mononitrate	Ismo 20mg
				Monicor SR 60mg
	R135	Influenza vaccines	Influenza, purified antigen	Influvac 0.5ml
				Influvac tetra single dose 0.5ml pre-filled syringe
				Vaxigrip tetra single dose 0.5ml pre-filled syringe
	R175	Pneumococcus vaccines	Pneumococcus, purified polysaccharides antigen	Pneumovax 23 single dose pre-filled syringe 0.5ml
				Pneumovax 23 single dose vial 0.5ml *
	Cardiomyopathy	R90	ACE inhibitors and diuretics	Enalapril and diuretics
Lisinopril and diuretics				Adco-Zetomax co 10/12.5mg; 20/12.5mg
				Lisinopril co Unicorn 10/12.5mg; 20/12.5mg
				Lisoretic 10/12.5mg; 20/12.5mg
				Lisozide 10/12.5mg; 20/12.5mg
Perindopril and diuretics				Bioprexum Plus 10/2.5mg <b>(Not available on TFG Health)</b>
				Ciplasyl Plus 4/1.25mg
				Circator Plus 4/1.25mg
				Pearinda Plus 4/1.25mg; 8/2.5mg
				Perindopril co Unicorn 4/1.25mg
				Prexum Plus 5/1.25mg
				Spec-Perindopril Plus 4/1.25mg
				Trexeva Plus 5/1.25mg
Vectoryl Plus 4/1.25mg				
R75		ACE inhibitors: Plain	Captopril	Bio-Captopril 25mg
				Mylan Captopril 25mg; 50mg
			Enalapril	Alapren 5mg; 10mg; 20mg
				Enalapril Unicorn 5mg; 10mg; 20mg
				Hypace 5mg
			Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg
				Austell-Lisinopril 10mg; 20mg
				Liso 5mg; 10mg; 20mg
				Lizro 5mg; 10mg; 20mg
				Sinopren 5mg; 10mg; 20mg
			Perindopril	Ciplasyl 4mg <b>(Not available on TFG Health)</b>
				Circator 4mg; 8mg <b>(Not available on TFG Health)</b>
				Pearinda 4mg; 8mg <b>(Not available on TFG Health)</b>
				Perindopril Unicorn 4mg; 8mg <b>(Not available on TFG Health)</b>
Prexum 10mg <b>(Not available on TFG Health)</b>				



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Cardiomyopathy	R75	ACE inhibitors: Plain	Perindopril	Ran-Perindopril 4mg <b>(Not available on TFG Health)</b>
				Reprex 4mg; 8mg
				Vectoryl 4mg; 8mg <b>(Not available on TFG Health)</b>
				Zyace 4mg <b>(Not available on TFG Health)</b>
	R220	Alpha and Beta blocking agents	Carvedilol	Carloc 6.25mg; 12.5mg; 25mg
				Carvedilol Unicorn 6.25mg; 12.5mg; 25mg
				Carvetrend 6.25mg; 12.5mg; 25mg
				Rubitrend 12.5mg; 25mg
	R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Austell Losartan co 50/12.5mg
				Co-Normoten 50/12.5mg; 100/25mg
				Losaar Plus 50/12.5mg; 100/25mg
				Losartan comp Biotech 50/12.5mg; 100/25mg
				Sartoc-co 50/12.5mg; 100/25mg
			Zartan co 50/12.5mg; 100/25mg	
			Telmisartan and diuretics	Telpres Plus 40/12.5mg; 80/12.5mg <b>(Not available on TFG Health)</b>
				Tesar co 40/12.5mg; 80/12.5mg <b>(Not available on TFG Health)</b>
				Ticarda Plus 40/12.5mg; 80/12.5mg <b>(Not available on TFG Health)</b>
				Tremistan Plus 40/12.5mg; 80/12.5mg <b>(Not available on TFG Health)</b>
	Valsartan and diuretics	Regoval co 80/12.5mg; 160/12.5mg; 160/25mg <b>(Not available on TFG Health)</b>		
	R110	Angiotensin II antagonists: Plain	Losartan	Annin 50mg; 100mg
				Austell Losartan 50mg; 100mg
				Losartan Accord 50mg; 100mg <b>(Not available on TFG Health)</b>
				Zaario 50mg; 100mg <b>(Not available on TFG Health)</b>
				Zartan 50mg; 100mg <b>(Not available on TFG Health)</b>
			Valsartan	Adco-Valsartan 80mg; 160mg <b>(Not available on TFG Health)</b>
				Regoval 80mg; 160mg <b>(Not available on TFG Health)</b>
				Valheft * 80mg; 160mg <b>(Not available on TFG Health)</b>
Vasovan 80mg; 160mg <b>(Not available on TFG Health)</b>				
R85	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg	
R100	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hydralazine HCl 25 Kiara 25mg	
			Hyperphen 10mg; 50mg	

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Cardiomyopathy	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva 80mg
				Myoprin 100mg
	R80	Beta blocking agents: Selective	Bisoprolol	Adco-Bisacor 5mg; 10mg
				Betacor * 5mg; 10mg
				Bilocor * 5mg; 10mg
				Bisbeta 5mg; 10mg
				Bislo * 5mg; 10mg
				Bisoprolol Unicorn * 5mg; 10mg
				Bisozyd * 5mg; 10mg
				Emcor 5mg; 10mg
	Presicard 5mg; 10mg			
	R35	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg
				Lanoxin paediatric/geriatric syrup 0.05mg/1ml
	R40	High-ceiling diuretics	Furosemide	Dino-Retic 40mg
				Diuresix 40mg
				Furobe 40mg
				Mylan Furosemide 40mg
	R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Hexazide 25mg
				Ridaq 12.5mg
	R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax 2.5mg
				Catexan 2.5mg
				Cipla-Indapamide 2.5mg
				Dapril * 2.5mg
Mylan Indapamide * 2.5mg				
R120	Potassium sparing agents	Spironolactone	Spiractin 25mg	
R110	Potassium supplements	Potassium chloride	Plenish-K SR 600mg	
			Ultipot 600mg	
R250	Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Isosorbide dinitrate Kiara 5mg; 10mg	
		Isosorbide mononitrate	Ismo 20mg	
		Monicor SR 60mg		
R135	Influenza vaccines	Influenza, purified antigen	Influvac 0.5ml	
			Influvac tetra single dose 0.5ml pre-filled syringe	
			Vaxigrip tetra single dose 0.5ml pre-filled syringe	
R175	Pneumococcus vaccines	Pneumococcus, purified polysaccharides antigen	Pneumovax 23 single dose pre-filled syringe 0.5ml	
			Pneumovax 23 single dose vial 0.5ml *	
Chronic obstructive pulmonary disease (COPD)	R40	Adrenergics: Short acting – Salbutamol	Salbutamol	
			Asthavent ecohaler 200 dose * 100mcg	
			Glenbute 200 dose 100mcg	
	Ventimax CFC free 200 dose 100mcg			
R165	Anti-asthmatics: Systemic Xanthines	Theophylline	Theophylline anhydrous Kiara 200mg; 300mg	
R260	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg	
R886	Surgical item: Oxygen concentrator 5L	Oxygen	Oxygen Concentrator (Rental)	

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Chronic obstructive pulmonary disease (COPD)	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
				Panafcort 5mg
				Trolic 5mg
	R135	Influenza vaccines	Influenza, purified antigen	Influvac 0.5ml
				Influvac tetra single dose 0.5ml pre-filled syringe
Vaxigrip tetra single dose 0.5ml pre-filled syringe				
Chronic renal disease	R90	ACE inhibitors and diuretics	Enalapril and diuretics	Enap co 20/12.5mg
				Lisinopril and diuretics
			Lisinopril co Unicorn 10/12.5mg; 20/12.5mg	
			Lisoretic 10/12.5mg; 20/12.5mg	
			Lisozide 10/12.5mg; 20/12.5mg	
			Perindopril and diuretics	Bioprexum Plus 10/2.5mg <b>(Not available on TFG Health)</b>
				Ciplasyl Plus 4/1.25mg
				Circator Plus 4/1.25mg
				Pearinda Plus 4/1.25mg; 8/2.5mg
				Perindopril co Unicorn 4/1.25mg
				Prexum Plus 5/1.25mg
				Spec-Perindopril Plus 4/1.25mg
				Trexeva Plus 5/1.25mg
				Vectoryl Plus 4/1.25mg
	R75	ACE inhibitors: Plain	Captopril	Bio-Captopril 25mg
				Mylan Captopril 25mg; 50mg
			Enalapril	Alapren 5mg; 10mg; 20mg
				Enalapril Unicorn 5mg; 10mg; 20mg
				Hypace 5mg
				Lisinopril
			Austell-Lisinopril 10mg; 20mg	
			Liso 5mg; 10mg; 20mg	
			Lizro 5mg; 10mg; 20mg	
			Sinopren 5mg; 10mg; 20mg	
			Perindopril	Ciplasyl 4mg <b>(Not available on TFG Health)</b>
				Circator 4mg; 8mg <b>(Not available on TFG Health)</b>
				Pearinda 4mg; 8mg <b>(Not available on TFG Health)</b>
				Perindopril Unicorn 4mg; 8mg <b>(Not available on TFG Health)</b>
				Prexum 10mg <b>(Not available on TFG Health)</b>
				Ran-Perindopril 4mg <b>(Not available on TFG Health)</b>
				Reprex 4mg; 8mg
				Vectoryl 4mg; 8mg <b>(Not available on TFG Health)</b>

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Chronic renal disease	R75	ACE inhibitors: Plain	Perindopril	Zyace 4mg <b>(Not available on TFG Health)</b>
	R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Austell Losartan co 50/12.5mg
				Co-Normoten 50/12.5mg; 100/25mg
				Losaar Plus 50/12.5mg; 100/25mg
				Losartan comp Biotech 50/12.5mg; 100/25mg
				Sartoc-co 50/12.5mg; 100/25mg
				Zartan co 50/12.5mg; 100/25mg
			Telmisartan and diuretics	Telpres Plus 40/12.5mg; 80/12.5mg <b>(Not available on TFG Health)</b>
				Tesar co 40/12.5mg; 80/12.5mg <b>(Not available on TFG Health)</b>
				Ticarda Plus 40/12.5mg; 80/12.5mg <b>(Not available on TFG Health)</b>
				Tremistan Plus 40/12.5mg; 80/12.5mg <b>(Not available on TFG Health)</b>
			Valsartan and diuretics	Regoval co 80/12.5mg; 160/12.5mg; 160/25mg <b>(Not available on TFG Health)</b>
	R110	Angiotensin II antagonists: Plain	Losartan	Annin 50mg; 100mg
				Austell Losartan 50mg; 100mg
				Losartan Accord 50mg; 100mg <b>(Not available on TFG Health)</b>
				Zaario 50mg; 100mg <b>(Not available on TFG Health)</b>
				Zartan 50mg; 100mg <b>(Not available on TFG Health)</b>
			Valsartan	Adco-Valsartan 80mg; 160mg <b>(Not available on TFG Health)</b>
				Regoval 80mg; 160mg <b>(Not available on TFG Health)</b>
				Valheft * 80mg; 160mg <b>(Not available on TFG Health)</b>
				Vasovan 80mg; 160mg <b>(Not available on TFG Health)</b>
	R300	Calcium supplements	Calcium carbonate	B-cal
	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
				Folic acid 5mg
	R50	Iron bivalent, oral preparations	Ferrous Sulfate	Ferrous Sulphate 75mg
	R535	Iron, parenteral preparations	Iron, parenteral preparations	Cosmofer ampoule 2ml 50mg/1ml
				Equifer ampoule 5ml 100mg/5ml
				Rautevene ampoule 5ml 100mg/5ml
				Zypiron vial 5ml 20mg/1ml
	R3 340	Other anti-anaemic preparations	Darbepoetin Alfa	Aranesp pre-filled syringe 0.4ml 10mcg/0.4ml
Aranesp pre-filled syringe 0.5ml 20mcg/0.5ml				
Aranesp pre-filled syringe 0.3ml 30mcg/0.3ml				
Aranesp pre-filled syringe 0.4ml 40mcg/0.4ml				
Aranesp pre-filled syringe 0.5ml 50mcg/0.5ml				
Aranesp pre-filled syringe 0.3ml 60mcg/0.3ml				

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Chronic renal disease	R3 340	Other anti-anaemic preparations	Darbepoetin Alfa	Aranesp pre-filled syringe 0.4ml 80mcg/0.4ml
				Aranesp pre-filled syringe 0.5ml 100mcg/0.5ml
			Erythropoietin	Eprex pre-fill 2000U/0.5ml; 4000U/0.4ml
				Repotin ampoule 1ml 2000U; 4000U
			Methoxy polyethylene glycol-epoetin beta	Mircera pre-filled syringe 0.3ml 50mcg/0.3ml <b>(Not available on TFG Health)</b>
				Mircera pre-filled syringe 0.3ml 75mcg/0.3ml <b>(Not available on TFG Health)</b>
				Mircera pre-filled syringe 0.3ml 100mcg/0.3ml <b>(Not available on TFG Health)</b>
				Mircera pre-filled syringe 0.3ml 120mcg/0.3ml <b>(Not available on TFG Health)</b>
				Mircera pre-filled syringe 0.3ml 150mcg/0.3ml <b>(Not available on TFG Health)</b>
				Mircera pre-filled syringe 0.3ml 200mcg/0.3ml <b>(Not available on TFG Health)</b>
	Mircera pre-filled syringe 0.3ml 250mcg/0.3ml <b>(Not available on TFG Health)</b>			
R365	Vitamin D and analogues	Alfacalcidol	Zodoray 0.25mcg; 1mcg	
Coronary artery disease	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva 80mg
				Myoprin 100mg
	R200	Beta blocking agents: Non-selective	Propranolol	Indoblok 40mg
	R80	Beta blocking agents: Selective	Atenolol	Adco-Atenolol 50mg; 100mg
				B-Block 50mg; 100mg
				Tenopress 50mg; 100mg
			Bisoprolol	Adco-Bisocor 5mg; 10mg
				Betacor * 5mg; 10mg
				Bilocor * 5mg; 10mg
				Bisbeta 5mg; 10mg
				Bislo * 5mg; 10mg
				Bisoprolol Unicorn * 5mg; 10mg
				Bisozyd * 5mg; 10mg
	Emcor 5mg; 10mg			
	Presicard 5mg; 10mg			
	R250	Selective calcium channel blockers with direct cardiac effects	Diltiazem	Adco-Zildem SR 180mg; 240mg
				Verapamil
			Verahexal SR 240mg	
			Verapamil 40 Oethmaan 40mg	
R100	Selective calcium channel blockers with mainly vascular effects	Amlodipine	Amloc 5mg; 10mg	
			Amlodac 5mg; 10mg	
			Amlodipine Unicorn 5mg; 10mg	
			Amtas 5mg; 10mg	
			Aprate 5mg; 10mg	
			Austell-Amlodipine 5mg; 10mg	
			Besyloc 5mg; 10mg	
			Ciplavasc 5mg; 10mg	
			Gulf Amlodipine * 5mg; 10mg	

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Coronary artery disease	R100	Selective calcium channel blockers with mainly vascular effects	Amlodipine	Lomanor 5mg; 10mg
			Felodipine	Felodipine Kiara 5mg; 10mg <b>(Not available on TFG Health)</b>
			Nifedipine	Cipalat Retard 20mg
				Cipalat XR 30mg; 60mg <b>(Not available on TFG Health)</b>
				Fedaloc SR 30mg; 60mg <b>(Not available on TFG Health)</b>
				Fidocare XL 30mg; 60mg <b>(Not available on TFG Health)</b>
	R250	Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Isosorbide dinitrate Kiara 5mg; 10mg
			Isosorbide mononitrate	Ismo 20mg
Monicor SR 60mg				
Crohn's disease	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
			Folic acid 5mg	
	R980	Intestinal anti-inflammatories: Aminosalicylic acid and similar agents	Mesalazine	Asacol 400mg; 800mg
				Asacol suppository 500mg <b>(Not available on TFG Health)</b>
				Mezavant 1200mg
				Pentasa 500mg
				Pentasa suppository 1000mg <b>(Not available on TFG Health)</b>
			Sulfasalazine	Salazopyrin 500mg
	Salazopyrin EN 500mg			
	R1 940	Intestinal anti-inflammatories: Corticosteroids	Budesonide	Entocord enema 0.02mg/1ml <b>(Not available on TFG Health)</b>
	R775	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg
				Azathioprine PCH 50mg
				Imuran 50mg <b>(Not available on TFG Health)</b>
R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg	
R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
			Panafcort 5mg	
			Trolic 5mg	
Diabetes insipidus	R1 700	Posterior pituitary hormones: Vasopressin and analogues	Desmopressin	Ddavp 0.1mg; 0.2mg
				Ddavp nasal spray 5ml 0.1mg/1ml
Diabetes mellitus Type 1	<b>***Please note that an overall monthly limit applies to Insulins across the different Insulin classes*** The overall monthly limit for TFG Health Plus is R720.</b>			
	R515	Anti-diabetic agents: Fast-acting Insulins	Insulin Aspart	Fiasp - penfill 3ml <b>(Not available on TFG Health)</b>
				Novorapid - penfill 3ml <b>(Not available on TFG Health)</b>
			Insulin Glulisine	Apidra - cartridge 3ml
				Apidra solostar - disposable pen 3ml <b>(Not available on TFG Health)</b>
Insulin Lispro	Humalog - cartridge 3ml			

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength			
Diabetes mellitus Type 1	R515	Anti-diabetic agents: Fast-acting Insulins	Insulin Lispro	Humalog - kwikpen 3ml <b>(Not available on TFG Health)</b>			
	R720	Anti-diabetic agents: Intermediate-acting or long-acting combined with fast-acting Insulins (Biphasic)	Insulin Human	Diabulyn 30/70 - cartridge 3ml Humulin 30/70 - cartridge 3ml			
			Insulin Lispro	Humalog mix 25 - cartridge 3ml Humalog mix 25 - kwikpen 3ml <b>(Not available on TFG Health)</b> Humalog mix 50 - cartridge 3ml Humalog mix 50 - kwikpen 3ml <b>(Not available on TFG Health)</b>			
				R440	Anti-diabetic agents: Long-acting Insulins	Insulin Detemir	Levemir - pre-filled cartridge 3ml
				R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva 80mg Myoprin 100mg
							R280
	R350	Surgical item	Lancets	Lancet blood collection needle loris Lancet fora collection needle sterile 30g Lancet fora tender needle sterile 33g Lancet freestyle test Lancet glucocheck novicheck Lancet solus v2 Lancet unilet sterile 28g Lancet unilet sterile 4cm x 6cm x 7.5cm 28g Microlet lancet			
				Needles	BD micro fine plus pen needle 30g 8mm BD micro fine plus pen needle 31g BD micro fine plus pen needle 32g 4mm Droplet pen needle 8mm 31g Needle insulin fora pen 31g 5mm		

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Diabetes mellitus Type 1	R350	Surgical item	Needles	Needle insulin fora pen 31g 8mm
				Needle insulin fora pen 32g 4mm
				Needle insulin fora pen 32g 6mm
				Needle insulin pen verifine 4mmx10cmx15cm 32g
				Needle insulin pen verifine 4mmx10cmx15cm 33g
				Needle novofine
			Syringes	Syringe insulin 1.0ml with 27g needle
				Syringe insulin bd microfine 12.7mm 1ml 9g
				Syringe insulin bd microfine 1ml 8mm 30g
				Syringe insulin bd microfine 8mm demi 0.3ml 30g
Diabetes mellitus Type 2	R65	Anti-diabetic agents: Biguanides	Metformin	Accord Metformin 500mg; 850mg
				Apex-Metformin 500mg
				Austell-Metformin 500mg; 850mg
				Bigsens * 1000mg
				Diaphage 500mg; 850mg; 1000mg
				Gluconorm 500mg; 850mg
				Mylan Metformin 500mg; 850mg; 1000mg
				Romidab 500mg; 850mg; 1000mg
***Please note that an overall monthly limit applies to Insulins across the different Insulin classes*** The overall monthly limit for TFG Health Plus is R720.				
Diabetes mellitus Type 2	R515	Anti-diabetic agents: Fast-acting Insulins	Insulin Aspart	Fiasp - penfill 3ml <b>(Not available on TFG Health)</b>
				Novorapid - penfill 3ml <b>(Not available on TFG Health)</b>
			Insulin Glulisine	Apidra - cartridge 3ml
				Apidra solostar - disposable pen 3ml <b>(Not available on TFG Health)</b>
			Insulin Lispro	Humalog - cartridge 3ml
				Humalog - kwikpen 3ml <b>(Not available on TFG Health)</b>
	R720	Anti-diabetic agents: Intermediate-acting or long-acting combined with fast-acting Insulins (Biphasic)	Insulin Human	Diabulyn 30/70 - cartridge 3ml
				Humulin 30/70 - cartridge 3ml
			Insulin Lispro	Humalog mix 25 - cartridge 3ml
				Humalog mix 25 - kwikpen 3ml <b>(Not available on TFG Health)</b>
	Humalog mix 50 - cartridge 3ml	Humalog mix 50 - kwikpen 3ml <b>(Not available on TFG Health)</b>		
		Humalog mix 50 - kwikpen 3ml <b>(Not available on TFG Health)</b>		
R440	Anti-diabetic agents: Long-acting Insulins	Insulin Detemir	Levemir - pre-filled cartridge 3ml	
			Insulin Glargine	Basaglar - cartridge 3ml * <b>(Not available on TFG Health)</b>
		Optisulin - cartridge 3ml		
R160	Anti-diabetic agents: Sulfonamides, urea derivatives	Gliclazide	Diagluclide MR 60mg	
			Diaran MR 30mg	
			Dyna Gliclazide SR 30mg	
			Gliclazide MR Austell 30mg; 60mg	



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength	
Diabetes mellitus Type 2	R160	Anti-diabetic agents: Sulfonamides, urea derivatives	Gliclazide	Gliclazide Unicorn MR 30mg	
				Glytab MR 30mg	
	R215	Anti-diabetic agents: Thiazolidinediones	Pioglitazone	Cipla-Pioglitazone 15mg; 30mg	
				Pioglitazone hydrochloride Macleods 15mg; 30mg	
	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva 80mg	
				Myoprin 100mg	
	R280	Blood glucose monitoring agents	Glucose strips	Accu-check test strip glucose active <b>(Not available on TFG Health)</b>	
				Accu-check test strip glucose instant <b>(Not available on TFG Health)</b>	
				Glucocheck key test strip	
				Glucocheck test strip <b>(Not available on TFG Health)</b>	
				Onetouch select plus test strips	
				Test strip blood glucose clicks bionime gs550	
				Test strip freestyle optium glucose <b>(Not available on TFG Health)</b>	
				Test strip glucose caresens n 29g	
				Test strip glucose contour plus <b>(Not available on TFG Health)</b>	
				Test strip glucose contour ts <b>(Not available on TFG Health)</b>	
				Test strip glucose fora diamond blood	
				Test strip glucose on call plus ez	
	R350	Surgical item	Lancets	Lancet blood collection needle loris	
				Lancet fora collection needle sterile 30g	
				Lancet fora tender needle sterile 33g	
				Lancet freestyle test	
				Lancet glucocheck novicheck	
				Lancet solus v2	
				Lancet unilet sterile 28g	
				Lancet unilet sterile 4cm x 6cm x 7.5cm 28g	
				Microlet lancet	
				Needles	BD micro fine plus pen needle 30g 8mm
					BD micro fine plus pen needle 31g
					BD micro fine plus pen needle 32g 4mm
					Droplet pen needle 8mm 31g
					Needle insulin fora pen 31g 5mm
Needle insulin fora pen 31g 8mm					
Needle insulin fora pen 32g 4mm					
Needle insulin fora pen 32g 6mm					
Needle insulin pen verifine 4mmx10cmx15cm 32g					
Needle insulin pen verifine 4mmx10cmx15cm 33g					
Needle novofine					
Syringes			Syringe insulin 1.0ml with 27g needle		
			Syringe insulin bd microfine 12.7mm 1ml 9g		
			Syringe insulin bd microfine 1ml 8mm 30g		

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Diabetes mellitus Type 2	R350	Surgical item	Syringes	Syringe insulin bd microfine 8mm demi 0.3ml 30g
Dysrhythmia	R680	Anti-arrhythmics: class Ic	Flecainide	Tambocor 100mg <b>(Not available on TFG Health)</b>
				Tambocor CR 100mg; 200mg <b>(Not available on TFG Health)</b>
	R425	Anti-arrhythmics: class III – Amiodarone	Amiodarone	Bio-Amiodarone * 200mg
				Hexarone 100mg; 200mg
	R85	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg
	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva 80mg
				Myoprin 100mg
	R200	Beta blocking agents: Non-selective	Propranolol	Indoblok 40mg
			Sotalol	Sotahexal 80mg; 160mg
	R80	Beta blocking agents: Selective	Atenolol	Adco-Atenolol 50mg; 100mg
				B-Block 50mg; 100mg
				Tenopress 50mg; 100mg
			Bisoprolol	Adco-Bisocor 5mg; 10mg
				Betacor * 5mg; 10mg
				Bilocor * 5mg; 10mg
				Bisbeta 5mg; 10mg
				Bislo * 5mg; 10mg
				Bisoprolol Unicorn * 5mg; 10mg
				Bisozyd * 5mg; 10mg
				Emcor 5mg; 10mg
	Presicard 5mg; 10mg			
	R35	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg
				Lanoxin paediatric/geriatric syrup 0.05mg/1ml
R250	Selective calcium channel blockers with direct cardiac effects	Verapamil	Vasomil 40mg; 80mg	
			Verahexal SR 240mg	
			Verapamil 40 Oethmaan 40mg	
Epilepsy	R30	Anti-epileptics: Barbiturates and derivatives	Phenobarbital	Sedabarb 30mg
	R285	Anti-epileptics: Benzodiazepine derivatives	Clonazepam	Clonam 0.5mg; 2mg
				Rivotril * 0.5mg; 2mg
	R385	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg
				Tegretol CR 200mg; 400mg
				Zeptol 200mg
	R430	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg; 300mg
				Convulex syrup 250mg/5ml
				Epilim crushable 100mg
				Epilim sugar-free syrup 200mg/5ml
				Eprolep CR 200mg; 300mg; 500mg
Navalpro CR 200mg; 300mg; 500mg				
Valeptic CR 300mg; 500mg				
R110	Anti-epileptics: Hydantoin derivatives	Phenytoin	Phenytoin sod 100mg	

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength	
Epilepsy	R335	Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg	
				Epitec 25mg; 50mg; 100mg; 200mg	
				Girotec 50mg; 100mg; 200mg	
				Serinem 25mg; 50mg; 100mg; 200mg	
			Levetiracetam	Dyna Levetiracetam 250mg; 500mg; 750mg	
				Epikepp 250mg; 500mg; 750mg	
				Levetiracetam Unicorn 250mg; 750mg	
				Redilev 250mg; 500mg; 750mg	
			Topiramate	Epimate 25mg; 50mg; 100mg; 200mg	
				Toplep 25mg; 50mg; 100mg; 200mg	
R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg		
			Folic acid 5mg		
Glaucoma	R220	Anti-glaucoma agents: Carbonic anhydrase inhibitors	Dorzolamide	Glaucopress 5ml 2%	
				Trusopt 5ml owi 2% <b>(Not available on TFG Health)</b>	
	R245	Anti-glaucoma agents: Prostaglandin analogues	Bimatoprost	Lumigan 0.01% <b>(Not available on TFG Health)</b>	
				Latanoprost	Atana 2.5ml 50mcg/1ml
					Spersatan 2.5ml 50mcg/1ml
					Xalatan 2.5ml * 50mcg/1ml <b>(Not available on TFG Health)</b>
				Tafluprost	Saflutan single dose container 0.3ml 15mcg/1ml <b>(Not available on TFG Health)</b>
	Travoprost	Travatan 2.5ml 0.004% <b>(Not available on TFG Health)</b>			
	R240	Anti-glaucoma agents: Sympathomimetics	Brimonidine	Alphagan purite 5ml 1.5mg/1ml	
				Brimoct 5ml 2mg/1ml	
	R105	Anti-glaucoma Beta blocking agents: Timolol	Timolol	Timoptol 5ml 0.5%	
				Timoptol-xe 2.5ml 0.5%	
	R275	Anti-glaucoma Beta blocking agents: Timolol, combinations	Timolol, combinations	Azarga 5ml	
				Co-Atana 2.5ml	
				Combigan 5ml 2mg/5mg	
				Cosopt 5ml 0.5% <b>(Not available on TFG Health)</b>	
				Duotrav 2.5ml	
Ganfort 3ml					
Glaumide-co 5ml					
Glaupopt co 5ml <b>(Not available on TFG Health)</b>					
Ocudor co 5ml					
Xalacom 2.5ml <b>(Not available on TFG Health)</b>					
Haemophilia	R5	Analgesics: Paracetamol	Paracetamol	Adco-napamol bucket 500mg	
				Adco-Prolief 500mg	
				Cetapon 500mg	
	R245	Anti-fibrinolytics: Amino acids	Tranexamic acid	Tranic 500mg	

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Haemophilia	R50 000	Blood coagulation factors	Coagulation factor VIII	Haemosolvate VIII 300U; 500U; 1000U
				Octanate vial 5ml 250U
			Octanate vial 10ml 500U; 1000U	
			Coagulation factor IX	Haemosolvex IX 500U
	R1 700	Posterior pituitary hormones: Vasopressin and analogues	Desmopressin	Ddavp 0.1mg; 0.2mg
				Ddavp nasal spray 5ml 0.1mg/1ml
Hyperlipidaemia	R335	Lipid modifying agent: Combinations	Pravastatin and Fenofibrate	Pravafen 40/160mg
	R300	Lipid modifying agents: Fibrates	Bezafibrate	Bezalip Retard 400mg
				Sandoz Bezafibrate 400mg
	R55	Lipid modifying agents: Statins	Atorvastatin	Adco Atorvastatin 10mg; 20mg; 40mg
				Aspavor 10mg; 20mg; 40mg
				Astor 10mg; 20mg; 40mg
				Astor * 80mg
				Cholmin 10mg; 20mg; 40mg
				Dezzolip 10mg; 20mg; 40mg; 80mg
				Dynator 10mg; 20mg; 40mg; 80mg
				Lipogen 10mg; 20mg; 40mg; 80mg
			Simvastatin	Adco-Simvastatin 10mg; 20mg; 40mg
				Austell-Simvastatin 10mg; 20mg; 40mg
				Choleste 10mg; 20mg; 40mg
				Cipla-Simvastatin 10mg; 20mg; 40mg
Simvacor 10mg; 20mg; 40mg				
Simvotin 10mg; 20mg; 40mg				
Hypertension	R175	ACE inhibitors and calcium channel blockers	Perindopril and Amlodipine	Mixanval 5/5mg; 10/5mg; 5/10mg; 10/10mg
				Pearloc 4/5mg; 4/10mg; 8/5mg; 8/10mg
				Reaptan 5/5mg; 10/5mg; 5/10mg; 10/10mg
	R90	ACE inhibitors and diuretics	Enalapril and diuretics	Enap co 20/12.5mg
			Lisinopril co Unicorn 10/12.5mg; 20/12.5mg	
			Lisoretic 10/12.5mg; 20/12.5mg	
			Lisozide 10/12.5mg; 20/12.5mg	
			Perindopril and diuretics	Bioprexum Plus 10/2.5mg <b>(Not available on TFG Health)</b>
Ciplasyl Plus 4/1.25mg				
Circator Plus 4/1.25mg				
Pearinda Plus 4/1.25mg; 8/2.5mg				
Perindopril co Unicorn 4/1.25mg				
Prexum Plus 5/1.25mg				
Spec-Perindopril Plus 4/1.25mg				
Trexeva Plus 5/1.25mg				
Vectoryl Plus 4/1.25mg				
R190	ACE inhibitors, other combinations	Perindopril, Amlodipine and Indapamide	Triplixam 5/1.25/5mg; 5/1.25/10mg; 10/2.5/5mg; 10/2.5/10mg <b>(Not available on TFG Health)</b>	

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Hypertension	R75	ACE inhibitors: Plain	Captopril	Bio-Captopril 25mg
				Mylan Captopril 25mg; 50mg
			Enalapril	Alapren 5mg; 10mg; 20mg
				Enalapril Unicorn 5mg; 10mg; 20mg
				Hypace 5mg
			Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg
				Austell-Lisinopril 10mg; 20mg
				Liso 5mg; 10mg; 20mg
				Lizro 5mg; 10mg; 20mg
				Sinopren 5mg; 10mg; 20mg
			Perindopril	Ciplasyl 4mg <b>(Not available on TFG Health)</b>
				Circator 4mg; 8mg <b>(Not available on TFG Health)</b>
				Pearinda 4mg; 8mg <b>(Not available on TFG Health)</b>
				Perindopril Unicorn 4mg; 8mg <b>(Not available on TFG Health)</b>
	Prexum 10mg <b>(Not available on TFG Health)</b>			
	Ran-Perindopril 4mg <b>(Not available on TFG Health)</b>			
	Reprex 4mg; 8mg			
	Vectoryl 4mg; 8mg <b>(Not available on TFG Health)</b>			
	Zyace 4mg <b>(Not available on TFG Health)</b>			
	R220	Alpha and Beta blocking agents	Carvedilol	Carloc 6.25mg; 12.5mg; 25mg
				Carvedilol Unicorn 6.25mg; 12.5mg; 25mg
				Carvetrend 6.25mg; 12.5mg; 25mg
				Rubitrend 12.5mg; 25mg
	R210	Angiotensin II antagonists and calcium channel blockers	Valsartan and Amlodipine	Calsar 5/80mg; 5/160mg; 10/160mg <b>(Not available on TFG Health)</b>
				Copalia * 5/160mg; 10/160mg <b>(Not available on TFG Health)</b>
				Dafiro 5/160mg; 10/160mg <b>(Not available on TFG Health)</b>
				Valduo 5/160mg; 10/160mg <b>(Not available on TFG Health)</b>
				Valvasc 5/160mg; 10/160mg <b>(Not available on TFG Health)</b>
R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Austell Losartan co 50/12.5mg	
			Co-Normoten 50/12.5mg; 100/25mg	
			Losaar Plus 50/12.5mg; 100/25mg	
			Losartan comp Biotech 50/12.5mg; 100/25mg	
			Sartoc-co 50/12.5mg; 100/25mg	
			Zartan co 50/12.5mg; 100/25mg	
		Telmisartan and diuretics		
Telpres Plus 40/12.5mg; 80/12.5mg <b>(Not available on TFG Health)</b>				

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Hypertension	R100	Angiotensin II antagonists: Combinations	Telmisartan and diuretics	Tesar co 40/12.5mg; 80/12.5mg <b>(Not available on TFG Health)</b>
				Ticarda Plus 40/12.5mg; 80/12.5mg <b>(Not available on TFG Health)</b>
				Tremistan Plus 40/12.5mg; 80/12.5mg <b>(Not available on TFG Health)</b>
			Valsartan and diuretics	Regoval co 80/12.5mg; 160/12.5mg; 160/25mg <b>(Not available on TFG Health)</b>
	R225	Angiotensin II antagonists: other combinations	Valsartan, Amlodipine and Hydrochlorothiazide	Co-Copalia 5/160/12.5mg; 5/160/25mg; 10/160/12.5mg; 10/160/25mg <b>(Not available on TFG Health)</b>
	R110	Angiotensin II antagonists: Plain	Losartan	Annin 50mg; 100mg
				Austell Losartan 50mg; 100mg
				Losartan Accord 50mg; 100mg <b>(Not available on TFG Health)</b>
				Zaario 50mg; 100mg <b>(Not available on TFG Health)</b>
				Zartan 50mg; 100mg <b>(Not available on TFG Health)</b>
			Valsartan	Adco-Valsartan 80mg; 160mg <b>(Not available on TFG Health)</b>
				Regoval 80mg; 160mg <b>(Not available on TFG Health)</b>
				Valheft * 80mg; 160mg <b>(Not available on TFG Health)</b>
				Vasovan 80mg; 160mg <b>(Not available on TFG Health)</b>
	R190	Anti-adrenergic agents: Alpha-adrenoreceptor antagonists	Doxazosin	Cardugen 1mg; 4mg
				Urodoxa 4mg
	R170	Anti-adrenergic agents: Methyldopa	Methyldopa	Hypotone 250mg Mylan Methyldopa 250mg
	R35	Anti-adrenergic agents: Rauwolfia alkaloids	Reserpine	Reserpine 0.25mg
	R100	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hydralazine HCl 25 Kiara 25mg
				Hyperphen 10mg; 50mg
	R200	Beta blocking agents: Non-selective	Propranolol	Indoblok 40mg
	R80	Beta blocking agents: Selective	Atenolol	Adco-Atenolol 50mg; 100mg
				B-Block 50mg; 100mg
				Tenopress 50mg; 100mg
			Bisoprolol	Adco-Bisocor 5mg; 10mg
				Betacor * 5mg; 10mg
Bilocor * 5mg; 10mg				
Bisbeta 5mg; 10mg				
Bislo * 5mg; 10mg				
Bisoprolol Unicorn * 5mg; 10mg				
Bisozyd * 5mg; 10mg				

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Hypertension	R80	Beta blocking agents: Selective	Bisoprolol	Emcor 5mg; 10mg
				Presicard 5mg; 10mg
	R125	Calcium channel blockers and diuretics	Amlodipine and diuretics	Natrixam 1.5/5mg; 1.5/10mg
	R40	High-ceiling diuretics	Furosemide	Dino-Retic 40mg
				Diuresix 40mg
				Furobe 40mg
				Mylan Furosemide 40mg
	R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Hexazide 25mg
				Ridaq 12.5mg
	R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax 2.5mg
				Catexan 2.5mg
				Cipla-Indapamide 2.5mg
				Daptril * 2.5mg
	Mylan Indapamide *	2.5mg		
		R120	Potassium sparing agents	Spironolactone
	R110	Potassium supplements	Potassium chloride	Plenish-K SR 600mg
				Ultipot 600mg
	R250	Selective calcium channel blockers with direct cardiac effects	Diltiazem	Adco-Zildem SR 180mg; 240mg
				Verapamil
			Verahexal SR 240mg	
			Verapamil 40 Oethmaan 40mg	
	R100	Selective calcium channel blockers with mainly vascular effects	Amlodipine	Amloc 5mg; 10mg
				Amlodac 5mg; 10mg
				Amlodipine Unicorn 5mg; 10mg
				Amtas 5mg; 10mg
				Aprate 5mg; 10mg
				Austell-Amlodipine 5mg; 10mg
				Besyloc 5mg; 10mg
				Ciplavasc 5mg; 10mg
				Gulf Amlodipine * 5mg; 10mg
				Lomanor 5mg; 10mg
			Felodipine	Felodipine Kiara 5mg; 10mg <b>(Not available on TFG Health)</b>
Nifedipine				Cipalat Retard 20mg
			Cipalat XR 30mg; 60mg <b>(Not available on TFG Health)</b>	
			Fedaloc SR 30mg; 60mg <b>(Not available on TFG Health)</b>	
	Fidocare XL 30mg; 60mg <b>(Not available on TFG Health)</b>			
Hypothyroidism	R35	Thyroid hormones	Levothyroxine sodium	Euthyrox 25mcg; 50mcg; 100mcg
Multiple sclerosis	R95	Anti-depressants: Tricyclics	Amitriptyline	Amitriptyline 10mg Austell 10mg
				Amitriptyline HCl Kiara 25mg
				Gulf Amitriptyline 25mg
				Trepiline 10mg

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength	
Multiple sclerosis	R280	Drugs for urinary frequency and incontinence	Oxybutynin	Mylan Oxybutynin 5mg	
				Oxyrest 5mg	
	R7 700	Interferons	Interferon Beta-1A	Avonex pre-filled syringe 0.5ml 30mcg/0.5ml	
				Rebif 22 pre-filled syringe 0.5ml 22mcg/0.5ml	
				Rebif 22 rebidose pre-filled pen 0.5ml 22mcg/0.5ml	
				Rebif 44 pre-filled syringe 0.5ml 44mcg/0.5ml	
				Rebif 44 rebidose pre-filled pen 0.5ml 44mcg/0.5ml	
				Interferon Beta-1B	Betaferon pre-filled syringe 1ml 960000U/1ml
		Peginterferon Beta-1A	Plegridy pre-filled pen 0.5ml 125mcg/0.5ml		
	R1 250	Muscle relaxants: Other centrally acting agents	Baclofen	Teva Baclofen 10mg	
R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg		
			Panafcort 5mg		
			Trolic 5mg		
Parkinson's disease	R295	Anticholinergic agents: Tertiary amines	Biperiden	Akineton 2mg	
	R570	Dopamine agonists	Pramipexole	Oxpola 0.125mg; 0.25mg	
				Pexasp 0.125mg; 0.25mg; 1mg	
	R280	Dopaminergic agents: Adamantane derivatives	Amantadine	Symadin 100mg	
	R700	Dopaminergic agents: Monoamine oxidase B inhibitors - Rasagiline	Rasagiline	Azilect 1mg	
				Rasapar 1mg	
R580	Levodopa and decarboxylase inhibitor	Levodopa and decarboxylase inhibitor	Lecardop 25/100mg; 25/250mg		
			Teva Carbi-Levo 25/100mg; 25/250mg		
Rheumatoid arthritis	R60	Anti-inflammatory agents: Acetic acid derivatives and related substances	Diclofenac	Adco-Diclofenac 50mg	
				A-Lennon Diclofenac 25mg; 50mg	
				Diclofenac Biotech 25mg	
				Mylan Diclofenac 25mg; 50mg	
					Panamor AT 50mg
			Indomethacin	Betacin 25mg	
				Gulf Indomethacin 25mg	
				Methocaps 25mg	
	R60	Anti-inflammatory agents: Oxicams	Meloxicam	Adco-Meloxicam 15mg	
				Coxflam 7.5mg	
				Flexocam 7.5mg	
				Medoxicam 7.5mg	
			Piroxicam	Pyrocaps 20mg	
				Roxifen 20mg	
	R45	Anti-inflammatory agents: Propionic acid derivatives	Ibuprofen	Betaprofen 200mg	
Betaprofen FC 400mg					
Bren 400mg					
Ibucine 200mg; 400mg					
Ibunate 200mg					



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Rheumatoid arthritis	R45	Anti-inflammatory agents: Propionic acid derivatives	Ibuprofen	Ibutor 200mg
			Naproxen	Napinfram 250mg
				Naprosript 250mg
	R110	Anti-rheumatic agents: Chloroquine	Chloroquine	Plasmoquine 200mg
	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
				Folic acid 5mg
	R980	Intestinal anti-inflammatories: Aminosalicylic acid and similar agents	Sulfasalazine	Salazopyrin 500mg
				Salazopyrin EN 500mg
	R775	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg
				Azathioprine PCH 50mg
				Imuran 50mg <b>(Not available on TFG Health)</b>
	R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg
	R775	Selective immunosuppressive agents: Leflunomide	Leflunomide	Ravalef 10mg; 20mg
				Rheumalef 10mg; 20mg
R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
			Panafcort 5mg	
			Trolic 5mg	
Schizophrenia	R140	Anti-depressants: SSRI's	Citalopram	Adco-Talomil 20mg
				Citalopram 20 Oethmaan 20mg
				Depramil 20mg
				Recita 20mg
			Escitalopram	Accord Escitalopram 10mg; 20mg
				Dolin 10mg; 20mg
				Esetam 10mg; 20mg
				Espradep * 10mg
				Zyescito * 10mg; 20mg
			Fluoxetine	Deprozan 20mg
				Fluoxetine 20 Oethmaan 20mg
	Prolax 20mg			
	Sertraline	Dyna Sertraline 50mg; 100mg		
		Serlife 50mg; 100mg		
	R385	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg
				Tegretol CR 200mg; 400mg
				Zeptol 200mg
R430	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg; 300mg	
			Convulex syrup 250mg/5ml	
			Epilim crushable 100mg	
			Epilim sugar-free syrup 200mg/5ml	
			Eprolep CR 200mg; 300mg; 500mg	
			Navalpro CR 200mg; 300mg; 500mg	
			Valeptic CR 300mg; 500mg	

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Schizophrenia	R335	Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg
				Epitec 25mg; 50mg; 100mg; 200mg
				Girotec 50mg; 100mg; 200mg
				Serinem 25mg; 50mg; 100mg; 200mg
	R160	Anti-psychotics: Butyrophenone derivatives	Haloperidol	Haloperidol 5 Oethmaan 5mg
	R945	Anti-psychotics: Clozapine	Clozapine	Aspen Clozapine 25mg; 100mg
				Clozapine Oethmaan 25mg; 100mg
	R345	Anti-psychotics: Lithium	Lithium	Camcolit 250mg; 400mg
	R500	Anti-psychotics: Olanzapine	Olanzapine	Oleanz 5mg; 10mg
				Olexar 5mg; 10mg
				Zolanz 5mg; 10mg
				Zylena 5mg; 10mg
	R400	Anti-psychotics: Phenothiazines with aliphatic side-chain	Chlorpromazine	Largactil 25mg; 50mg; 100mg
	R295	Anti-psychotics: Quetiapine	Quetiapine	Aroquet 25mg; 100mg; 200mg; 300mg
				Dopaquel 25mg; 100mg; 200mg; 300mg
				Mylan Quetiapine 25mg; 100mg; 200mg; 300mg
				Psyquet 25mg; 100mg; 200mg; 300mg
				Truvalin 25mg; 100mg; 200mg; 300mg
				Zimbiquet 25mg; 100mg; 200mg; 300mg
	R650	Anti-psychotics: Thioxanthene derivatives	Flupenthixol	Fluanxol 0.5mg; 1mg
				Fluanxol depot 1ml 20mg
			Zuclopenthixol	Clopixol 2mg; 10mg
				Clopixol depot 200mg
R235	Other anti-psychotics: Aripiprazole	Aripiprazole	Abipip 5mg; 10mg; 15mg	
			Abipip ODT 10mg; 15mg	
			Apripent 5mg; 10mg; 15mg	
			Aprizon 5mg; 10mg; 15mg	
			Aridus 10mg; 15mg	
			Aripiprazole Mylan 5mg; 10mg; 15mg	
			Aripiprazole Teva 5mg; 10mg; 15mg	
			Arizofy 5mg; 10mg; 15mg	
			Priptrin 10mg; 15mg	
R440	Other anti-psychotics: Risperidone	Risperidone	Risnia 0.5mg; 1mg; 2mg; 3mg	
			Rispacor 0.5mg; 1mg; 2mg; 3mg	
			Rispide 0.5mg; 1mg; 2mg	
			Zoxadon 0.5mg; 1mg; 2mg; 3mg; 4mg	
			Zoxadon ODT 0.5mg; 1mg; 2mg	
Systemic lupus erythematosus (SLE)	R60	Anti-inflammatory agents: Acetic acid derivatives and related substances	Diclofenac	Adco-Diclofenac 50mg
				A-Lennon Diclofenac 25mg; 50mg
				Diclofenac Biotech 25mg
				Mylan Diclofenac 25mg; 50mg
				Panamor AT 50mg
				Indomethacin

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength	
Systemic lupus erythematosus (SLE)	R60	Anti-inflammatory agents: Acetic acid derivatives and related substances	Indomethacin	Gulf Indomethacin 25mg	
				Methocaps 25mg	
	R60	Anti-inflammatory agents: Oxicams	Meloxicam	Adco-Meloxicam 15mg	
				Coxflam 7.5mg	
				Flexocam 7.5mg	
				Medoxicam 7.5mg	
				Piroxicam	Pyrocaps 20mg
					Roxifen 20mg
	R45	Anti-inflammatory agents: Propionic acid derivatives	Ibuprofen	Betaprofen 200mg	
				Betaprofen FC 400mg	
				Bren 400mg	
				Ibucine 200mg; 400mg	
				Ibunate 200mg	
				Ibusor 200mg	
				Naproxen	Napinfram 250mg
					Naproscript 250mg
	R110	Anti-rheumatic agents: Chloroquine	Chloroquine	Plasmoquine 200mg	
	R85	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg	
	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva 80mg	
				Myoprin 100mg	
	R25	Emollients and protectives: Zinc products	Zinc products	Zinc ointment bp	
	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg	
				Folic acid 5mg	
R775	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg		
			Azathioprine PCH 50mg		
			Imuran 50mg <b>(Not available on TFG Health)</b>		
R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg		
R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg		
			Panafcort 5mg		
			Trolic 5mg		
R25	Topical Corticosteroids: Group III	Betamethasone	Repivate cream 0.1%		
			Topivate cream 0.1%		
			Vari-Betamethasone cream 0.1%		
Ulcerative colitis	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg	
				Folic acid 5mg	
	R980	Intestinal anti-inflammatories: Aminosalicic acid and similar agents	Mesalazine	Asacol 400mg; 800mg	
				Asacol suppository 500mg <b>(Not available on TFG Health)</b>	
Mezavant 1200mg					
Pentasa 500mg					

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Ulcerative colitis	R980	Intestinal anti-inflammatories: Aminosalicylic acid and similar agents	Mesalazine	Pentasa suppository 1000mg <b>(Not available on TFG Health)</b>
			Sulfasalazine	Salazopyrin 500mg
				Salazopyrin EN 500mg
	R1 940	Intestinal anti-inflammatories: Corticosteroids	Budesonide	Entocord enema 0.02mg/1ml <b>(Not available on TFG Health)</b>
	R775	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg
				Azathioprine PCH 50mg
				Imuran 50mg <b>(Not available on TFG Health)</b>
	R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg
	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
				Panafcort 5mg
				Trolic 5mg

## The Prescribed Minimum Benefit (PMB) Chronic Disease List (CDL) Enhanced medicine list for TFG Health and TFG Health Plus

The Chronic Drug Amount (CDA) does not apply to TFG Health.

Medicine marked with an asterisk (\*) will soon be removed from the medicine list (formulary)

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Asthma	R270	Anti-asthmatics: Leukotriene receptor antagonists	Montelukast	Belair 4mg; 5mg; 10mg <b>(Not available on TFG Health)</b>
				Kulair 4mg; 5mg; 10mg <b>(Not available on TFG Health)</b>
				Monteflo 4mg; 5mg; 10mg <b>(Not available on TFG Health)</b>
				Sintrine 4mg; 5mg; 10mg <b>(Not available on TFG Health)</b>
				Topraz 4mg; 5mg; 10mg <b>(Not available on TFG Health)</b>
	R535	Indacaterol, Glycopyrronium bromide and Mometasone	Indacaterol, Glycopyrronium bromide and Mometasone	Zimbus breezhaler (30 caps & inhaler) 150/50/80; 150/50/160
	R65	Nasal Corticosteroids	Beclomethasone	Beclate aquanase 150 dose 50mcg
			Fluticasone	Flomist 120 dose * 50mcg <b>(Not available on TFG Health)</b>
Fluticasone OTC Teva 120 dose 50mcg <b>(Not available on TFG Health)</b>				
Cardiac failure	R415	Sodium-glucose co-transporter 2 (SGLT2) inhibitors	Dapagliflozin	Forxiga 5mg; 10mg <b>(Not available on TFG Health)</b>
Chronic obstructive pulmonary disease (COPD)	R205	Adrenergics: Long acting - Formoterol	Formoterol	Foratec HFA 120 dose 12mcg/dose
	R410	Adrenergics: Ultra long acting - Indacaterol	Indacaterol	Onbrez breezhaler (30 caps & inhaler)
	R240	Formoterol and Beclomethasone	Formoterol and Beclomethasone	Innuvair 120 dose 100/6mcg <b>(Not available on TFG Health)</b>
	R240	Formoterol and Budesonide	Formoterol and Budesonide	Symbicord turbohaler 60 dose 320/9mcg <b>(Not available on TFG Health)</b>
				Symbicord turbohaler 60 dose 160/4.5mcg
				Symbicord turbohaler 120 dose 160/4.5mcg <b>(Not available on TFG Health)</b>
				Vannair 120 dose 80/4.5mcg; 160/4.5mcg <b>(Not available on TFG Health)</b>
	R240	Formoterol and Mometasone	Formoterol and Mometasone	Dulera 120 dose 100/5mcg; 200/5mcg
	R545	Indacaterol and Glycopyrronium bromide	Indacaterol and Glycopyrronium bromide	Ultibro breezhaler (30 caps & inhaler)
	R450	Inhaled anticholinergics: Glycopyrronium bromide	Glycopyrronium bromide	Seebri breezhaler (30 caps & inhaler)
R410	Inhaled anticholinergics: Tiotropium bromide	Tiotropium bromide	Forvent (refill) 18mcg	
			Tiotor 10 (30 caps & inhaler)	

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Chronic obstructive pulmonary disease (COPD)	R240	Salmeterol and Fluticasone	Salmeterol and Fluticasone	Airflusal forspiro 60 dose 50/500 <b>(Not available on TFG Health)</b>
				Foxair accuhaler 60 dose 50/500 <b>(Not available on TFG Health)</b>
				Sereflo DPI 60 dose 50/100; 50/250 <b>(Not available on TFG Health)</b>
				Sereflo HFA 120 dose 25/50
				Sereflo HFA 120 dose 25/125; 25/250 <b>(Not available on TFG Health)</b>
				Sereflo HFA synchrobreathe 120 dose 25/50
				Sereflo HFA synchrobreathe 120 dose 25/125; 25/250 <b>(Not available on TFG Health)</b>
	R240	Vilanterol and Fluticasone	Vilanterol and Fluticasone furoate	Relvar ellipta 30 dose 92/22mcg <b>(Not available on TFG Health)</b>
Chronic renal disease	R270	Hepatitis B vaccine	Hepatitis B, purified antigen	Euvax b vial 1ml 20mcg/1ml
				Heberbio hbv sgl dose 1ml adult 20mcg/1ml
Coronary artery disease	R235	Anti-thrombotic agents: Clopidogrel	Clopidogrel	Acticlop 75mg <b>(Not available on TFG Health)</b>
				Clopidogrel Unicorn 75mg <b>(Not available on TFG Health)</b>
				Clovexa 75mg
				Deplatt 75mg <b>(Not available on TFG Health)</b>
				Pharma Dynamics Clopidogrel 75mg <b>(Not available on TFG Health)</b>
				Plagrol 75mg
Diabetes mellitus Type 2	R285	Anti-diabetic agents: Oral drug combinations	Metformin and Vildagliptin	Jalramet 50/850mg; 50/1000mg <b>(Not available on TFG Health)</b>
	R710	Anti-diabetic agents: Other, excluding Insulins - Exenatide	Exenatide	Byetta disposable pen 60 dose 1.2ml 5mcg/dose
				Byetta disposable pen 60 dose 2.4ml 10mcg/dose
	R220	Dipeptidyl peptidase inhibitors: Vildagliptin	Vildagliptin	Jalra 50mg <b>(Not available on TFG Health)</b>
R415	Sodium-glucose co-transporter 2 (SGLT2) inhibitors	Dapagliflozin	Forxiga 5mg; 10mg <b>(Not available on TFG Health)</b>	
Multiple Sclerosis	R7 000	Cytokines and immunomodulators - Other	Glatiramer Acetate	Copaxone pre-filled syringe 1ml 20mg/1ml
	R7 000	Selective immunosuppressive agents - Fingolimod	Fingolimod	Myelenea 0.5mg
Rheumatoid arthritis	R220	Anti-inflammatory agents: Coxibs	Celecoxib	Celecoxib Unicorn * 100mg; 200mg <b>(Not available on TFG Health)</b>
				Colcibra 100mg; 200mg <b>(Not available on TFG Health)</b>
				Coxleon 100mg; 200mg <b>(Not available on TFG Health)</b>
Systemic lupus erythematosus (SLE)	R220	Anti-inflammatory agents: Coxibs	Celecoxib	Celecoxib Unicorn * 100mg; 200mg <b>(Not available on TFG Health)</b>

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Systemic lupus erythematosus (SLE)	R220	Anti-inflammatory agents: Coxibs	Celecoxib	Colcibra 100mg; 200mg <b>(Not available on TFG Health)</b>
				Coxleon 100mg; 200mg <b>(Not available on TFG Health)</b>

## Monthly limit amounts for diabetes consumables

The monthly limit amounts below apply to the consumables for continuous glucose monitors and insulin pumps for the management of Diabetes mellitus Type1.

### Not available on TFG Health Plan

Chronic Disease List condition	Monthly limit amount	Surgical class
Diabetes mellitus Type 1	R1 170 (for members < 18years)	Continuous glucose monitoring sensors <b>(Only TFG Health Plus plan)</b>
	R780 (for members ≥ 18 years)	
	R1 552	Insulin pump reservoirs and infusion sets <b>(Only TFG Health Plus plan)</b>

## Complaints process

You may lodge a complaint or query with TFG Medical Aid Scheme directly on 0860 123 077 or address a complaint in writing to the Principal Officer at the Scheme’s registered address. Should your complaint remain unresolved, you may lodge a formal dispute by following the TFG Medical Aid Scheme internal disputes process.

You may, as a last resort, approach the Council for Medical Schemes for assistance.

Council for Medical Schemes Complaints Unit, Block A, Eco Glades 2 Office Park, 420 Witch-Hazel Avenue, Eco Park, Centurion, 0157 / 0861 123 267 / [complaints@medicalschemes.co.za](mailto:complaints@medicalschemes.co.za) / [www.medicalschemes.co.za](http://www.medicalschemes.co.za)