# Treatment Baskets for the Chronic Disease List (CDL) conditions

2024



#### Who we are

TFG Medical Aid Scheme (referred to as "the Scheme"), registration number 1578, is a non-profit organisation, registered with the Council for Medical Schemes.

Discovery Health (Pty) Ltd (referred to as "the Administrator"), is a separate company who is registered as an authorised financial services provider (registration number 1997/013480/07), administers TFG Medical Aid Scheme.

#### Contact us

You can call us on 0860 123 077 or visit www.tfgmedicalaidscheme.co.za for more information.

#### Treatment baskets for the Chronic Disease List (CDL) conditions

The Prescribed Minimum Benefit (PMB) Chronic Disease List (CDL) is a list of conditions which all medical schemes need to cover on all the plans they offer to their members. This cover includes funding for the diagnosis, treatment and ongoing care for the listed conditions.

Read further to understand what procedures, investigations and consultations are covered for both the diagnosis and ongoing management for each condition.

# We will only pay Chronic Disease List (CDL) claims if your condition has been approved on the Chronic Illness Benefit

Only claims for procedures and consultations listed in the Chronic Disease List (CDL) treatment baskets will be paid from the Chronic Illness Benefit. These are pro-rated based on the date of approval of your chronic condition. Where you have cover for the same procedure or test in more than one basket, we limit payment to the number of procedures or tests in the basket that has the highest number.

#### How we pay for tests to diagnose your condition

If you have been recently diagnosed with and approved for cover for a Chronic Disease List (CDL) condition, we will pay for the tests and procedures in the diagnostic basket in full. We will also pay in full





for the consultation with the healthcare provider who made the diagnosis. We will only pay for these tests, procedures and consultation provided that you were an active and valid member of the Scheme at the time of the diagnosis and the relevant ICD-10 diagnosis codes are on the claim. Please ask your doctor to provide the date of diagnosis of your condition(s) on the CIB application form to assist us to pay your claims from the correct benefit.

#### We will pay tests and procedures for your condition according to the treatment baskets

We pay claims from the treatment baskets for the ongoing management of your condition from healthcare providers such as radiologists, dietitians and podiatrists in full.

We pay claims from pathologists who we have a payment agreement with in full up to the agreed rate. We will pay up to a maximum of the Scheme Rate if you use a pathologist who we do not have a payment arrangement with. You must pay any difference between what is charged and what we pay.

We pay for claims from Diabetes Educators up to the agreed rate subject to the limit being available.

# How we pay for GP consultations related to your condition

#### TFG Health

We pay for four (4) consultations a year that are related to all your approved conditions at your nominated primary care GP in the GP Network, in full up to the agreed rate.

If you use any other GP, or your nominated primary care GP is not in the GP Network, we will pay up to a maximum of 80% of the Scheme Rate. You must pay any difference between what is charged and what we pay.

#### **TFG Health Plus**

We pay for four (4) consultations a year that are related to your approved condition at a GP who is a designated service provider in full up to the agreed rate.

We pay up to a maximum of 100% of the Scheme Rate for consultations with a GP who is not a designated service provider. You must pay any difference between what is charged and what we pay.

#### Nominate a primary care GP for the management of your chronic conditions

There is overwhelming medical evidence that patients experience improved health outcomes when their primary care is coordinated through a single primary care GP. For members on the TFG Health Benefit Plan, you and your dependants need to nominate a primary care GP for the effective management of your chronic conditions.

When you visit your nominated network GP for the management of your chronic condition, we'll cover the consultation in full up to the agreed rate. If you see a GP who is not your nominated primary care GP, or your nominated GP is not a network GP, you will experience a co-payment. You and your dependants can change your nomination three times every calendar year. Nominate your GP or manage your existing





nomination here or login to www.tfgmedicalaidscheme.co.za > Hospital and doctor visits > Going to see a healthcare professional.

# How we pay for specialist consultations related to your condition

#### TFG Health

Depending on your condition, we pay for a specific number of consultations with a specialist in the Specialist Network in full up to the agreed rate.

We pay up to a maximum of 80% of the Scheme Rate for consultations with any other specialist. You must pay any difference between what is charged and what we pay.

#### TFG Health Plus

Depending on your condition, we pay for a specific number of consultations with a specialist, as listed in the treatment baskets. We will pay the consultation at a specialist who is a designated service provider in full up to the agreed rate.

We pay up to a maximum of 100% of the Scheme Rate for consultations with a specialist who is not a designated service provider. You must pay any difference between what is charged and what we pay.

#### Please make sure your claims have the appropriate ICD-10 diagnosis code

To make sure that we pay your claims from the correct benefit, we need the claims from your healthcare providers to be submitted with the relevant ICD-10 diagnosis codes. Please ask your doctor to include your ICD-10 diagnosis codes on the claims they submit and on the form that they complete, when they refer you to pathologists and radiologists for tests. This will enable pathologists and radiologists to include the relevant ICD-10 diagnosis codes on the claims they submit to ensure that we pay your claims from the correct benefits.

#### We will not pay claims from the Chronic Illness Benefit if these requirements are not met

We will not pay claims from the Chronic Illness Benefit if:

- the claims are submitted without the relevant ICD-10 diagnosis codes.
- you are not yet registered on the Chronic Illness Benefit for a Prescribed Minimum Benefit (PMB) Chronic Disease List (CDL) condition.
- you have exceeded the frequency limit on consultations or tests.

To find the closest GP or specialist on our network, navigate to Find a healthcare professional on www.tfgmedicalaidscheme.co.za.





### Treatment baskets for the Chronic Disease List (CDL) conditions

| Condition                | Diagnos  | stic test codes  |  | Ongoing management                             |  |  |  |
|--------------------------|--|--|--|--|--|--|--|
|                          | Diagnostic test<br>description                 | Diagnostic<br>test codes   | Number of<br>diagnostic<br>test we cover | Follow-up test description                     | Follow-up<br>test codes  | Number of<br>follow-up<br>tests we<br>cover each<br>year | Number of<br>specialist<br>consultations we<br>cover each year |
| Addison's disease        | U & E only                                     | 4171   | 1  | U & E only                                     | 4171   | 3  | 1  |
|                          | Creatinine                                     | 4032 or<br>4221 or<br>4223                                       | 1  | Creatinine                                     | 4032 or<br>4221 or<br>4223                                       | 3  |  |
|                          | Cortisol level                                 | 4499   | 1  |  |  |  |  |
|                          | ACTH stimulation testing                       | 4523   | 1  |  |  |  |  |
| Asthma                   | Flow volume test                               | 1188 or<br>1186  | 1  | Flow volume test                               | 1188 or<br>1186  | 1  | 1  |
|                          | Peak flow                                      | 1192   | 1  | Peak flow                                      | 1192   | 3  |  |
| Bipolar mood<br>disorder | AST – Aspartate<br>aminotransferase            | 4130   | 1  | AST – Aspartate<br>aminotransferase            | 4130   | 2  | 2  |
|                          | ALT – Alanine<br>aminotransferase              | 4131   | 1  | ALT – Alanine<br>aminotransferase              | 4131   | 2  | -  |
|                          | Thyrotropin (TSH)                              | 4507   | 1  | Thyrotropin (TSH)                              | 4507   | 1  |  |
|                          | U & E only                                     | 4171   | 1  | U & E only                                     | 4171   | 2  |  |
|                          |  |  |  | Lithium – flame ionisation                     | 4067   | 2  |  |
|                          |  |  |  | Drug level in biological fluid                 | 4081 or<br>4370 or<br>4493                                       | 3  |  |
|                          |  |  |  | Creatinine                                     | 4032 or<br>4221 or<br>4223                                       | 2  |  |
| Bronchiectasis           | Sputum MC&S – sputum<br>analysis for infection | 3867 &<br>3881 &<br>3885 &<br>3887 &<br>3895 &<br>3923 &<br>3924 | 1  | Sputum MC&S – sputum<br>analysis for infection | 3867 &<br>3881 &<br>3885 &<br>3887 &<br>3895 &<br>3923 &<br>3924 | 4  | 1  |
|                          | Flow volume test                               | 1188 or<br>1186  | 1  | Flow volume test                               | 1186   | 1  |  |
|                          | Peak flow                                      | 1192   | 1  | Peak flow                                      | 1192   | 2  |  |
|                          | X-ray of the chest two views, PA and lateral   | 30110  | 1  |  |  |  |  |
| Cardiac failure          | ECG –  | 1232 or  | 1  | ECG – Electrocardiogram                        | 1232   | 3  | 2  |
|                          | Electrocardiogram                              | 1233 or<br>1234 or<br>1235 or<br>1236                            |  |  | 1233 or<br>1234 or<br>1235 or<br>1236                            | 1  |  |
|                          | Echocardiography                               | 3621 &<br>3622 &<br>3623 &<br>3620 &<br>3625                     | 1  | Echocardiography                               | 3621 &<br>3622 &<br>3623 &<br>3620 &<br>3625                     | 2  |  |
|                          | U & E only                                     | 4171   | 1  | U & E only                                     | 4171   | 4  | ]  |
|                          | Urine analysis (dipstick)                      | 4188   | 1  | Urine analysis (dipstick)                      | 4188   | 4  |  |





| Condition   | Diagnos                                      | stic test codes  |   | Ongoing management                           |  |   |   |
|---|--|--|---|--|--|---|---|
|   | Diagnostic test<br>description               | Diagnostic<br>test codes                               | Number of<br>diagnostic<br>test we<br>cover | Follow-up test<br>description                | Follow-up<br>test codes                                | Number<br>of follow-<br>up tests<br>we cover<br>each year | Number of<br>specialist<br>consultations<br>we cover each<br>year |
| Cardiac failure                                       | B-Type natriuretic<br>peptide                | 4488   | 1   | B-Type natriuretic peptide                   | 4488   | 1   |   |
|   | Creatinine                                   | 4032 or<br>4221 or<br>4223                             | 1   | Creatinine                                   | 4032 or<br>4221 or<br>4223                             | 4   | ]   |
|   | X-ray of the chest two views, PA and lateral | 30110  | 1   | X-ray of the chest two views, PA and lateral | 30110  | 1   |   |
|   | Troponin isoforms                            | 4161   | 1   | Drug level in biological                     | 4081 or  | 3   | -   |
|   | Glucose –<br>random/fasting                  | 4057   | 1   | fluid  | 4370 or<br>4493  |   |   |
|   | C-reactive protein                           | 3947   | 1   |  |  |   |   |
|   | Full blood count                             | 3755   | 1   | 1  |  |   |   |
|   | Thyrotropin (TSH)                            | 4507   | 1   | ]  |  |   |   |
|   | Total cholesterol                            | 4027   | 1   | ]  |  |   |   |
| Cardiomyopathy  | ECG –<br>Electrocardiogram                   | 1232 or<br>1233 or<br>1234 or<br>1235 or<br>1236       | 1   | ECG – Electrocardiogram                      | 1232<br>1233 or<br>1234 or<br>1235 or<br>1236          | 3   | 2   |
|   | Echocardiography                             | 3621 &<br>3622 &<br>3623 &<br>3620 &<br>3620 &<br>3625 | 1   | Echocardiography                             | 3621 &<br>3622 &<br>3623 &<br>3623 &<br>3620 &<br>3625 | 2   |   |
|   | U & E only                                   | 4171   | 1   | U & E only                                   | 4171   | 4   |   |
|   | Urine analysis (dipstick)                    | 4188   | 1   | Urine analysis (dipstick)                    | 4188   | 4   |   |
|   | B-Type natriuretic peptide                   | 4488   | 1   | B-Type natriuretic peptide                   | 4488   | 1   |   |
|   | Creatinine                                   | 4032 or<br>4221 or<br>4223                             | 1   | Creatinine                                   | 4032 or<br>4221 or<br>4223                             | 4   |   |
|   | Glucose –<br>random/fasting                  | 4057   | 1   | Prothrombin index (PI)                       | 3805   | 24  |   |
|   | C-reactive protein                           | 3947   | 1   | Therapeutic drug level:<br>Dosage            | 3806   | 24  |   |
|   | Full blood count                             | 3755   | 1   | Drug level in biological                     | 4081 or<br>4370 or                                     | 3   |   |
|   | Thyrotropin (TSH)                            | 4507   | 1   | fluid  | 4370 or<br>4493  |   |   |
|   | Total cholesterol                            | 4027   | 1   |  |  |   |   |
|   | X-ray of the chest two views, PA and lateral | 30110  | 1   | X-ray of the chest two views, PA and lateral | 30110  | 1   |   |
| Chronic<br>obstructive<br>pulmonary<br>disease (COPD) | Flow volume test                             | 1188 or<br>1186  | 1   | Flow volume test                             | 1186   | 1   | 1   |
|   | X-ray of the chest two views, PA and lateral | 30110  | 1   | Peak flow                                    | 1192   | 2   |   |





| Condition   | Diagn                              | ostic test codes                                 |   | Ongoing management                 |  |   |   |
|---|------------------------------------|--|---|------------------------------------|--|---|---|
|   | Diagnostic test<br>description     | Diagnostic<br>test codes                         | Number of<br>diagnostic<br>test we<br>cover | Follow-up test<br>description      | Follow-up<br>test codes  | Number<br>of follow-<br>up tests<br>we cover<br>each year | Number of<br>specialist<br>consultations<br>we cover each<br>year |
| Chronic<br>obstructive<br>pulmonary<br>disease (COPD) | Alpha-1-antitrypsin                | 4005   | 1   | Drug level in biological<br>fluid  | 4081 or<br>4370 or<br>4493   | 2   |   |
| Chronic renal   | Full blood count                   | 3755   | 1   | Full blood count                   | 3755   | 4   | 2   |
| disease   | U & E only                         | 4171   | 1   | U & E only                         | 4171   | 4   |   |
|   | Serum parathyroid<br>hormone (PTH) | 4512   | 1   | Serum parathyroid<br>hormone (PTH) | 4512   | 2   |   |
|   | Creatinine                         | 4032 or<br>4221 or<br>4223                       | 1   | Creatinine                         | 4032 or<br>4221 or<br>4223   | 4   |   |
|   | ECG –<br>Electrocardiogram         | 1232 or<br>1233 or<br>1236                       | 1   | ECG – Electrocardiogram            | 1232 or<br>1233 or<br>1236   | 2   |   |
|   | Serum phosphates                   | 4109 or<br>4313                                  | 1   | Serum phosphates                   | 4109 or<br>4313  | 4   |   |
|   | Serum calcium                      | 4016 or<br>4017 or<br>4375 or<br>4376            | 1   | Serum calcium                      | 4016 or<br>4017 or<br>4375 or<br>4376                              | 4   |   |
|   | Protein: Quantitative              | 4213   | 1   | Protein: Quantitative              | 4213   | 1   |   |
|   |                                    |  |   | Platelet count                     | 3797   | 1   |   |
|   |                                    |  |   | Urine analysis (dipstick)          | 4188   | 4   |   |
|   |                                    |  |   | Iron                               | 4071   | 2   |   |
|   |                                    |  |   | Transferrin                        | 4144   | 2   | -   |
|   |                                    |  |   | Ferritin                           | 4528   | 2   |   |
|   |                                    |  |   | Dietitian                          | 84200 or<br>84201 or<br>84202 or<br>84 203 or<br>84204 or<br>84205 | 1   |   |
| Coronary artery disease                               | ECG –<br>Electrocardiogram         | 1232 or<br>1233 or<br>1234 or<br>1235 or<br>1236 | 1   | ECG – Electrocardiogram            | 1232 or<br>1233 or<br>1234 or<br>1235 or<br>1236                   | 2   | 2   |
|   | Echocardiography                   | 3621 &<br>3622 &<br>3623 &<br>3620 &<br>3625     | 1   | Echocardiography                   | 3621 &<br>3622 &<br>3623 &<br>3620 &<br>3625                       | 1   |   |
|   | Creatinine                         | 4032 or<br>4221 or<br>4223                       | 1   | Creatinine                         | 4032 or<br>4221 or<br>4223   | 2   |   |
|   | HDL cholesterol                    | 4028   | 1   | HDL cholesterol                    | 4028   | 1   |   |
|   | LDL cholesterol                    | 4026   | 1   | LDL cholesterol                    | 4026   | 1   |   |





| Condition               | Diagnos   | stic test codes                        |   | Ongoing management            |                            |   |   |
|-------------------------|---|--|---|-------------------------------|----------------------------|---|---|
|                         | Diagnostic test<br>description                              | Diagnostic<br>test codes               | Number of<br>diagnostic<br>test we<br>cover | Follow-up test<br>description | Follow-up<br>test codes    | Number<br>of follow-<br>up tests<br>we cover<br>each year | Number of<br>specialist<br>consultations<br>we cover each<br>year |
| Coronary artery disease | Total cholesterol   | 4027                                   | 1   | Total cholesterol             | 4027                       | 1   |   |
|                         | Triglycerides   | 4147                                   | 1   | Triglycerides                 | 4147                       | 1   |   |
|                         | Glucose –<br>random/fasting                                 | 4057                                   | 1   | Glucose – random/fasting      | 4057                       | 1   |   |
|                         | U & E only  | 4171                                   | 1   | U & E only                    | 4171                       | 2   |   |
|                         | C-reactive protein  | 3947                                   | 1   |                               |                            |   |   |
|                         | Urine analysis (dipstick)                                   | 4188                                   | 1   |                               |                            |   |   |
|                         | Full blood count  | 3755                                   | 1   |                               |                            |   |   |
|                         | Thyrotropin (TSH)   | 4507                                   | 1   |                               |                            |   |   |
|                         | Platelet count  | 3797                                   | 1   |                               |                            |   |   |
|                         | X-ray of the chest two views, PA and lateral                | 30110                                  | 1   |                               |                            |   |   |
| Crohn's disease         | Colonoscopy   | 1653 or<br>1656                        | 1   | Colonoscopy                   | 1653 or<br>1656            | 1   | 3   |
|                         | Erythrocyte<br>sedimentation rate or C-<br>reactive protein | 3743 or<br>3947                        | 1   | C-reactive protein            | 3947                       | 2   |   |
|                         | Full blood count  | 3755                                   | 1   | Full blood count              | 3755                       | 2   |   |
|                         | Histology   | 4567 &<br>4571<br>or<br>4582 &<br>4584 | 3   |                               |                            |   |   |
| Diabetes                | U & E only  | 4171                                   | 1   | U & E only                    | 4171                       | 3   | 1   |
| insipidus               | Creatinine  | 4032 or<br>4221 or<br>4223             | 1   | Creatinine                    | 4032 or<br>4221 or<br>4223 | 3   |   |
|                         | Osmolality: Serum or urine                                  | 4093                                   | 1   | Osmolality: Serum or urine    | 4093                       | 1   |   |
| Diabetes type 1         | ECG –<br>Electrocardiogram                                  | 1232 or<br>1233 or<br>1236             | 1   | ECG – Electrocardiogram       | 1232 or<br>1233 or<br>1236 | 1   | 1 (Ophthal-<br>mologist)  |
|                         | Microalbuminuria  | 4261 or<br>4262                        | 1   | Microalbuminuria              | 4261 or<br>4262            | 2   | 4 (Other<br>Specialist)   |
|                         | Urine analysis (dipstick)                                   | 4188                                   | 1   | Urine analysis (dipstick)     | 4188                       | 4   |   |
|                         | Total cholesterol   | 4027                                   | 1   | Total cholesterol             | 4027                       | 1   |   |
|                         | LDL cholesterol   | 4026                                   | 1   | LDL cholesterol               | 4026                       | 1   |   |
|                         | HDL cholesterol   | 4028                                   | 1   | HDL cholesterol               | 4028                       | 1   |   |
|                         | Triglycerides   | 4147                                   | 1   | Triglycerides                 | 4147                       | 1   |   |
|                         | U & E only  | 4171                                   | 1   | U & E only                    | 4171                       | 1   |   |
|                         | Urine creatinine  | 4221                                   | 1   | Urine creatinine              | 4221                       | 1   |   |
|                         | Serum creatinine  | 4032 or<br>4223                        | 1   | Serum creatinine              | 4032 or<br>4223            | 1   |   |





| Condition       | Diagnos                        | tic test codes             |   | Ongoing management  |   |   |   |
|-----------------|--------------------------------|----------------------------|---|---|---|---|---|
|                 | Diagnostic test<br>description | Diagnostic<br>test codes   | Number of<br>diagnostic<br>test we<br>cover | Follow-up test<br>description                                 | Follow-up<br>test codes   | Number<br>of follow-<br>up tests<br>we cover<br>each year | Number of<br>specialist<br>consultations<br>we cover each<br>year |
| Diabetes type 1 | Glucose –<br>random/fasting    | 4057                       | 1   | HBA1c   | 4064  | 4   |   |
|                 | Two-hour glucose-OGTT          | Two-hour glucose-OGTT 4049 | 9 1   | Fundus examination  | 3003 or<br>3004 or<br>3027  | 1   |   |
|                 |                                |                            |   | Tonometry   | 3014  | 1   | -   |
|                 |                                |                            |   | Basic capital equipped in own rooms by ophthalmologists       | 3009  | 1   |   |
|                 |                                |                            |   | Podiatrist  | 68301 or<br>68302 or<br>68303 or<br>68304 or                      | 1   |   |
|                 |                                |                            |   | Diabetes Educator   | DFSC1   |   | -   |
|                 |                                |                            |   | Diabetes Educator   | DEDUT or<br>DEDU1   | 2   | -   |
|                 |                                |                            |   | Dietitian   | 84200 or<br>84201 or<br>84202 or<br>84203 or<br>84204 or<br>84205 | 1   |   |
| Diabetes type 2 | ECG –<br>Electrocardiogram     | 1232 or<br>1233 or<br>1236 | 1   | ECG – Electrocardiogram                                       | 1232 or<br>1233 or<br>1236  | 1   | 1 (Ophthal-<br>mologist)  |
|                 | Microalbuminuria               | 4261 or<br>4262            | 1   | Microalbuminuria  | 4261 or<br>4262   | 2   | 1 (Other<br>Specialist)   |
|                 | Urine analysis (dipstick)      | 4188                       | 1   | Urine analysis (dipstick)                                     | 4188  | 4   | _   |
|                 | Total cholesterol              | 4027                       | 1   | Total cholesterol   | 4027  | 1   | _   |
|                 | LDL cholesterol                | 4026                       | 1   | LDL cholesterol   | 4026  | 1   | _   |
|                 | HDL cholesterol                | 4028                       | 1   | HDL cholesterol   | 4028  | 1   | -   |
|                 | Triglycerides                  | 4147                       | 1   | Triglycerides   | 4147  | 1   | 4   |
|                 | U & E only                     | 4171                       | 1   | U & E only  | 4171  | 1   | 4   |
|                 | Serum creatinine               | 4032 or<br>4223            | 1   | Serum creatinine  | 4032 or<br>4223   | 1   |   |
|                 | Urine creatinine               | 4221                       | 1   | Urine creatinine  | 4221  | 1   |   |
|                 | Glucose –<br>random/fasting    | 4057                       | 1   | HBA1c   | 4064  | 4   |   |
|                 | Two-hour glucose- OGTT         | 4049                       | 1   | Tonometry   | 3014  | 1   |   |
|                 |                                |                            |   | Basic capital equipped in<br>own rooms by<br>ophthalmologists | 3009  | 1   |   |
|                 |                                |                            |   | Fundus examination  | 3003 or<br>3004 or<br>3027  | 1   |   |
|                 |                                |                            |   | Diabetes Educator   | DEDUT or<br>DEDU1   | 2   |   |





| Condition       | Diagnos                                    | tic test codes                        |   | Ongoing management   |   |   |   |
|-----------------|--|---------------------------------------|---|--|---|---|---|
|                 | Diagnostic test<br>description             | Diagnostic<br>test codes              | Number of<br>diagnostic<br>test we<br>cover | Follow-up test<br>description                                | Follow-up<br>test codes   | Number<br>of follow-<br>up tests<br>we cover<br>each year | Number of<br>specialist<br>consultations<br>we cover each<br>year |
| Diabetes type 2 |  |                                       |   | Podiatrist   | 68301 or<br>68302 or<br>68303 or<br>68304 or                      | 1   |   |
|                 |  |                                       |   | Diabetes Educator  | DFSC1   |   |   |
|                 |  |                                       |   | Dietitian  | 84200 or<br>84201 or<br>84202 or<br>84203 or<br>84204 or<br>84205 | 1   |   |
| Dysrhythmia     | ECG –                                      | 1232 or<br>1233 or                    | 1   | ECG – Electrocardiogram                                      | 1232  | 3   | 2   |
|                 | Electrocardiogram                          | 1235 or<br>1234 or<br>1235 or<br>1236 |   |  | 1233 or<br>1234 or<br>1235 or<br>1236                             | 1   |   |
|                 | 24 Hour ambulatory ECG monitoring (holter) | 1238 &<br>1239                        | 1   | Threshold testing: Own equipment                             | 1268  | 1   |   |
|                 | Echocardiography                           | 3621 & 1<br>3622 &<br>3623 &          | 1   | Programming of atrio-<br>ventricular sequential<br>pacemaker | 1270  | 1   |   |
|                 | 3620 &<br>3625                             |                                       | Echocardiography                            | 3621 &<br>3622 &<br>3623 &<br>3620 &<br>3625                 | 1   |   |   |
|                 | Magnesium:<br>Spectrophotometric           | 4094                                  | 1   | Magnesium:<br>Spectrophotometric                             | 4094  | 1   |   |
|                 | U & E only                                 | 4171                                  | 1   | U & E only   | 4171  | 2   |   |
|                 | Creatinine                                 | 4032 or<br>4221 or<br>4223            | 1   | Creatinine   | 4032 or<br>4221 or<br>4223  | 1   |   |
|                 | C-reactive protein                         | 3947                                  | 1   | Prothrombin index (PI)                                       | 3805  | 24  | ]   |
|                 | Thyrotropin (TSH)                          | 4507                                  | 1   | Therapeutic drug level:<br>Dosage                            | 3806  | 24  |   |
|                 | Serum calcium                              | 4016 or<br>4017 or<br>4375 or<br>4376 | 1   | Drug level in biological fluid                               | 4081 or<br>4370 or<br>4493  | 2   |   |
| Epilepsy        | EEG –<br>Electro-encephalography           | 2711 &<br>2712                        | 1   | EEG –<br>Electro-encephalography                             | 2711 &<br>2712  | 1   | 3   |
|                 | EEG with special activation                | 75133                                 | 1   | Drug level in biological fluid                               | 4081 or<br>4370 or<br>4493  | 3   |   |





| Condition                             | Diagnos  | tic test codes                 |   | Ongoing management   |                                |   |   |
|---------------------------------------|--|--------------------------------|---|--|--------------------------------|---|---|
|                                       | Diagnostic test<br>description                                   | Diagnostic<br>test codes       | Number of<br>diagnostic<br>test we<br>cover | Follow-up test<br>description                                    | Follow-up<br>test codes        | Number<br>of follow-<br>up tests<br>we cover<br>each year | Number of<br>specialist<br>consultations<br>we cover each<br>year |
| Glaucoma * These codes                | Tonometry  | 3014 or<br>*11202 or<br>*11212 | 1   | Tonometry  | 3014 or<br>*11202 or<br>*11212 | 3   | 3<br>(Ophthalmologist<br>or Ocular                                |
| can only be<br>billed by an<br>Ocular | Fundus examination   | 3003 or<br>3004 or<br>*11366   | 1   | Fundus examination   | 3003 or<br>3004 or<br>*11366   | 3   | Therapeutic<br>Optometrist)                                       |
| Therapeutic<br>Optometrist            | Gonioscopy   | 3002 or<br>*11356              | 1   | Gonioscopy   | 3002 or<br>*11356              | 3   |   |
| ·                                     | Basic capital equipped in<br>own rooms by<br>ophthalmologists    | 3009                           | 1   | Basic capital equipped in<br>own rooms by<br>ophthalmologists    | 3009                           | 3   |   |
|                                       | Visual fields  | 3016 or<br>3017 or<br>*11443   | 1   | Visual fields  | 3016 or<br>3017 or<br>*11443   | 2   |   |
|                                       | Disc and nerve fibre layer<br>analysis or Disc<br>photography    | 3026 or<br>3027 or<br>*11624   | 1   | Disc and nerve fibre layer<br>analysis or Disc<br>photography    | 3026 or<br>3027 or<br>*11624   | 1   |   |
|                                       | Optical Coherent<br>Tomography (OCT) of<br>Optic nerve or macula | 3028 or<br>*11802              | 2<br>(1 per eye)                            | Optical Coherent<br>Tomography (OCT) of<br>Optic nerve or macula | 3028 or<br>*11802              | 2<br>(1 per eye)  |   |
|                                       | Central corneal thickness measurement                            | 3020 or<br>*11702              | 2<br>(1 per eye)                            | Retinal threshold trend evaluation                               | 3018                           | 1   |   |
| Haemophilia                           | Factor VIII or Factor IX<br>antigen or Coagulation<br>factors    | 3758 or<br>3757                | 1   | Factor VIII or Factor IX inhibitors                              | 3724                           | 1   | 2   |
|                                       | Full blood count   | 3755                           | 1   | Full blood count   | 3755                           | 1   | 1   |
|                                       | Platelet count   | 3797                           | 1   | Platelet count   | 3797                           | 1   |   |
|                                       | Fibrinogen titre   | 3825                           | 1   |  |                                |   |   |
|                                       | Prothrombin index (PI)   | 3805                           | 1   |  |                                |   |   |
|                                       | Bleeding time  | 3713                           | 1   |  |                                |   |   |
|                                       | Therapeutic drug level:<br>Dosage                                | 3806                           | 1   |  |                                |   |   |
|                                       | PTT - Partial<br>thromboplastin time                             | 3837                           | 1   |  |                                |   |   |
|                                       | Thrombin time  | 3841                           | 1   |  |                                |   |   |
| Hyperlipidaemia                       | Total cholesterol  | 4027                           | 1   | Total cholesterol  | 4027                           | 1   | 0   |
|                                       | LDL cholesterol  | 4026                           | 1   | LDL cholesterol  | 4026                           | 1   |   |
|                                       | HDL cholesterol  | 4028                           | 1   | HDL cholesterol  | 4028                           | 1   | 4   |
|                                       | Triglycerides  | 4147                           | 1   | Triglycerides  | 4147                           | 1   |   |
|                                       | Thyrotropin (TSH)  | 4507                           | 1   | AST – Aspartate<br>aminotransferase                              | 4130                           | 1   | •   |
|                                       |  |                                |   | ALT – Alanine<br>aminotransferase                                | 4131                           | 1   |   |
| Hypertension                          | ECG –<br>Electrocardiogram                                       | 1232 or<br>1233                | 1   | ECG – Electrocardiogram  | 1232 or<br>1233                | 1   | 1   |





| Condition               | Diagnos  | tic test codes                |   | Ongoing management   |                               |   |   |
|-------------------------|--|-------------------------------|---|--|-------------------------------|---|---|
|                         | Diagnostic test<br>description   | Diagnostic<br>test codes      | Number of<br>diagnostic<br>test we<br>cover | Follow-up test<br>description  | Follow-up<br>test codes       | Number<br>of follow-<br>up tests<br>we cover<br>each year | Number of<br>specialist<br>consultations<br>we cover each<br>year |
| Hypertension            | 24 Hour ambulatory<br>blood pressure   | 1237                          | 1   | Urine analysis (dipstick)  | 4188                          | 1   |   |
|                         | Urine analysis (dipstick)  | 4188                          | 1   | Glucose – random/fasting   | 4057                          | 1   |   |
|                         | Glucose –<br>random/fasting  | 4057                          | 1   | Total cholesterol  | 4027                          | 1   |   |
|                         | Total cholesterol  | 4027                          | 1   | Creatinine   | 4032 or<br>4221 or<br>4223    | 1   |   |
|                         | Creatinine   | 4032 or<br>4221 or<br>4223    | 1   | Potassium  | 4113                          | 1   |   |
|                         | U & E only   | 4171                          | 1   |  |                               |   |   |
| Hypothyroidism          | Thyrotropin (TSH)  | 4507                          | 1   | Thyrotropin (TSH)  | 4507                          | 2   | 0   |
|                         | Free thyroxine (FT4)   | 4482                          | 1   | Free thyroxine (FT4)   | 4482                          | 2   |   |
|                         | Total cholesterol  | 4027                          | 1   |  |                               |   |   |
| Multiple<br>sclerosis   | MR of the brain pre and<br>post contrast or<br>uncontrasted  | 10430 or<br>10410             | 1   | MR of the brain pre and<br>post contrast or<br>uncontrasted  | 10430 or<br>10410             | 1   | 2   |
|                         | MR of the cervical spine<br>and cranio-cervical<br>junction pre and post<br>contrast or uncontrasted | 51420 or<br>51410 or<br>51400 | 1   | MR of the cervical spine<br>and cranio-cervical<br>junction pre and post<br>contrast or uncontrasted | 51420 or<br>51410 or<br>51400 | 1   |   |
|                         | MR of the thoracic spine<br>pre and post contrast or<br>uncontrasted                                 | 52420 or<br>52410 or<br>52400 | 1   | MR of the thoracic spine<br>pre and post contrast or<br>uncontrasted                                 | 52420 or<br>52410 or<br>52400 | 1   |   |
|                         | MR of the lumbar spine<br>pre and post contrast or<br>uncontrasted                                   | 53420 or<br>53410 or<br>53400 | 1   | MR of the lumbar spine<br>pre and post contrast or<br>uncontrasted                                   | 53420 or<br>53410 or<br>53400 | 1   |   |
|                         | Visual evoked potentials<br>(VEP): Unilateral  | 2681                          | 1   | AST – Aspartate<br>aminotransferase  | 4130                          | 1   |   |
|                         | Visual evoked potentials (VEP): Bilateral  | 2682                          | 1   | ALT – Alanine<br>aminotransferase  | 4131                          | 1   |   |
| Parkinson's<br>disease  | No diagnostic  |                               | sts apply as the c                          | liagnosis of this condition rema   | ains a clinical on            | e   | 2   |
| Rheumatoid<br>arthritis | Erythrocyte<br>sedimentation rate or C-<br>reactive protein  | 3743 or<br>3947               | 1   | Erythrocyte edimentation rate or C-reactive protein  | 3743 or<br>3947               | 4   | 4   |
|                         | Full blood count   | 3755                          | 1   | Full blood count   | 3755                          | 2   |   |
|                         | Platelet count   | 3797                          | 1   | Platelet count   | 3797                          | 2   | ]   |
|                         | Urine analysis (dipstick)  | 4188                          | 1   | Urine analysis (dipstick)  | 4188                          | 4   |   |
|                         | AST – Aspartate<br>aminotransferase  | 4130                          | 1   | AST – Aspartate<br>aminotransferase  | 4130                          | 4   |   |
|                         | ALT – Alanine<br>aminotransferase  | 4131                          | 1   | ALT – Alanine<br>aminotransferase  | 4131                          | 4   |   |





| Condition      | Diagnos   | tic test codes             |   | Ongoing management                                   |                            |   |   |
|----------------|---|----------------------------|---|--|----------------------------|---|---|
|                | Diagnostic test<br>description                              | Diagnostic<br>test codes   | Number of<br>diagnostic<br>test we<br>cover | Follow-up test<br>description                        | Follow-up<br>test codes    | Number<br>of follow-<br>up tests<br>we cover<br>each year | Number of<br>specialist<br>consultations<br>we cover each<br>year |
| Rheumatoid     | Anti-CCP  | 4600                       | 1   | Anti-CCP   | 4600                       | 1   |   |
| arthritis      | Rheumatoid factor   | 3959                       | 1   |  |                            |   |   |
|                | ANF   | 3934                       | 1   |  |                            |   |   |
|                | X-ray of the right hand                                     | 65105                      | 1   | X-ray of the right hand                              | 65105                      | 1   |   |
|                | X-ray of the left hand                                      | 65100                      | 1   | X-ray of the left hand                               | 65100                      | 1   |   |
|                | X-ray of the right foot                                     | 74125                      | 1   | X-ray of the right foot                              | 74125                      | 1   | -   |
|                | X-ray of the left foot                                      | 74120                      | 1   | X-ray of the left foot                               | 74120                      | 1   | -   |
|                | X-ray of the chest two views, PA and lateral                | 30110                      | 1   | X-ray of the chest two views, PA and lateral         | 30110                      | 1   |   |
| Schizophrenia  |   |                            |   | AST – Aspartate<br>aminotransferase                  | 4130                       | 2   | 4   |
|                |   |                            |   | ALT – Alanine<br>aminotransferase                    | 4131                       | 2   |   |
|                |   |                            |   | U & E only   | 4171                       | 2   | -   |
|                |   |                            |   | Creatinine   | 4032 or<br>4221 or<br>4223 | 2   |   |
|                |   |                            |   | Drug level in biological fluid                       | 4081 or<br>4370 or<br>4493 | 3   |   |
| Systemic lupus | Full blood count  | 3755                       | 1   | Full blood count                                     | 3755                       | 4   | 4   |
| erythematosus  | Urine analysis (dipstick)                                   | 4188                       | 1   | Urine analysis (dipstick)                            | 4188                       | 4   |   |
|                | Platelet count  | 3797                       | 1   | Platelet count                                       | 3797                       | 1   |   |
|                | Complement fixation test                                    | 3963 or<br>4182            | 1   | Complement fixation test                             | 3963 or<br>4182            | 2   |   |
|                | Erythrocyte<br>sedimentation rate or C-<br>reactive protein | 3743 or<br>3947            | 1   | Erythrocyte sedimentation rate or C-reactive protein | 3743 or<br>3947            | 4   |   |
|                | Creatinine  | 4032 or<br>4221 or<br>4223 | 1   | Creatinine   | 4032 or<br>4221 or<br>4223 | 4   |   |
|                | U & E only  | 4171                       | 1   | U & E only   | 4171                       | 4   |   |
|                | Extractable nuclear antigens                                | 3934 or<br>3948            | 1   | Antiglobulin test<br>(Coombs)                        | 3709                       | 2   |   |
|                | Urine microscopy  | 3867                       | 1   | AST – Aspartate<br>aminotransferase                  | 4130                       | 4   |   |
|                | ANF   | 3934                       | 1   | ALT – Alanine<br>aminotransferase                    | 4131                       | 4   |   |
|                | DNA antibodies  | 4529 or<br>3948            | 1   | Total cholesterol                                    | 4027                       | 1   |   |
|                | Kidney biopsy   | 1841                       | 1   | Creatinine kinase                                    | 4152 or<br>4153            | 2   |   |





| Condition                       | Diagno  | stic test codes                              |   | Ongoing management                              |  |   |   |  |
|---------------------------------|---|--|---|---|--|---|---|--|
|                                 | Diagnostic test<br>description                  | Diagnostic<br>test codes                     | Number of<br>diagnostic<br>test we<br>cover | Follow-up test<br>description                   | Follow-up<br>test codes                | Number<br>of follow-<br>up tests<br>we cover<br>each year | Number of<br>specialist<br>consultations<br>we cover each<br>year |  |
| Systemic lupus<br>erythematosus | X-ray of the chest two<br>views, PA and lateral | 30110  | 1   | X-ray of the chest two<br>views, PA and lateral | 30110                                  | 1   |   |  |
|                                 | Histology                                       | 4567 &<br>4571 or<br>4582 &<br>4584          | 3   |   |  |   |   |  |
|                                 | Skin biopsy                                     | 4567 &<br>0233 &<br>0234 &<br>0235 &<br>0237 | 1   |   |  |   |   |  |
| Ulcerative colitis              | Colonoscopy                                     | 1653 or<br>1656                              | 1   | Colonoscopy                                     | 1653 or<br>1656                        | 1   | 3   |  |
|                                 | C-reactive protein                              | 3947   | 1   | C-reactive protein                              | 3947                                   | 2   |   |  |
|                                 | Full blood count                                | 3755   | 1   | Full blood count                                | 3755                                   | 2   |   |  |
| Histo                           | Histology                                       | 4567 &<br>4571<br>or<br>4582 &<br>4584       | 3   | Histology                                       | 4567 &<br>4571<br>or<br>4582 &<br>4584 | 1   |   |  |
|                                 |   |  |   | Flexible sigmoidoscopy                          | 1676                                   | 1   | ]   |  |

# **Complaints process**

You may lodge a complaint or query with TFG Medical Aid Scheme directly on 0860 123 077 or address a complaint in writing to the Principal Officer at the Scheme's registered address.

Should your complaint remain unresolved, you may lodge a formal dispute by following the TFG Medical Aid Scheme internal disputes process.

You may, as a last resort, approach the Council for Medical Schemes for assistance.

Council for Medical Schemes Complaints Unit, Block A, Eco Glades 2 Office Park, 420 Witch-Hazel Avenue, Eco Park, Centurion, 0157 / 0861 123 267 / complaints@medicalschemes.co.za / www.medicalschemes.co.za.

