



Menopause medicine list (Formulary)

2026



Who we are

TFG Medical Aid Scheme (referred to as "the Scheme"), registration number 1578, is a non-profit organisation, registered with the Council for Medical Schemes.

Discovery Health (Pty) Ltd (referred to as "the Administrator"), is a separate company who is registered as an authorised financial services provider (registration number 1997/013480/07), administers TFG Medical Aid Scheme.

Contact us

You can call us on 0860 123 077 or visit www.tfgmedicalaidscheme.co.za for more information.

Important information you need to know

We may change the information contained in this document from time to time. We will communicate any changes to the way we pay medicines when we make these changes.

The Chronic Illness Benefit (CIB) is managed by the TFG Medical Aid Scheme rules. The use of the benefits and programmes linked with the Chronic Illness Benefit are subject to specific conditions and rules. Members must make sure that they know these rules and conditions.

Any instructions or advice on medicines and the management of the member's condition are intended to add to, and not replace, the knowledge, expertise, skill and judgment of the member's doctor, pharmacist or other healthcare professional.

You get full cover for approved chronic medicine on the medicine list. You may have a co-payment for medicine not on the medicine list.

This document outlines the medications covered without a copayment under the Chronic Disease List (CDL) conditions. Certain items may not be available on TFG Health benefit plan.

TFG Medical Aid Scheme and Discovery Health (Pty) Ltd reserve the right to change the benefit at any time.

Administered by



About some of the terms we use in this document

Medicine name	Medicine class
Chronic Drug Amount (CDA)	The CDA is a monthly amount we pay up to for a medicine class. This applies to medicine that is not listed on the medicine list (formulary). The Chronic Drug Amount includes VAT and the dispensing fee.
Medicine class	This describes medicines that have similar chemical structures or similar therapeutic effects.
Reference Price	The Reference Price is a set monthly amount we pay up to for a medicine category. This applies to medicine that is not listed on the medicine list (formulary).

The Menopause medicine list (formulary) applies to all TFG Medical Aid Scheme Benefits for the 2026 benefit year.

The Chronic Drug Amount (CDA) **does not** apply to TFG Health

Medicine name	Medicine class	Monthly Chronic Drug Amount (CDA)
Estrofem 1mg	Estrogens	R205
Estrofem 2mg	Estrogens	R205
Activelle	Progestogens and estrogens, fixed combinations	R285
Novofem	Progestogens and estrogens, sequential preparations	R295
Provera 5mg	Progestogens – Pregnen (4) derivatives	R230
Provera 10mg	Progestogens – Pregnen (4) derivatives	R230

Contact us

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Complaints process

You can lodge a complaint or query with TFG Medical Aid Scheme directly on 0860 123 077 or address a complaint in writing to the Principal Officer at the Scheme's registered address. Should your complaint remain unresolved, you can lodge a formal dispute by following the TFG Medical Aid Scheme internal disputes process.

You can, as a last resort, approach the Council for Medical Schemes for assistance.

Council for Medical Schemes Complaints Unit, Block A, Eco Glades 2 Office Park, 420 Witch-Hazel Avenue, Eco Park, Centurion, 0157 / 0861 123 267 / complaints@medicalschemes.co.za / www.medicalschemes.co.za.